





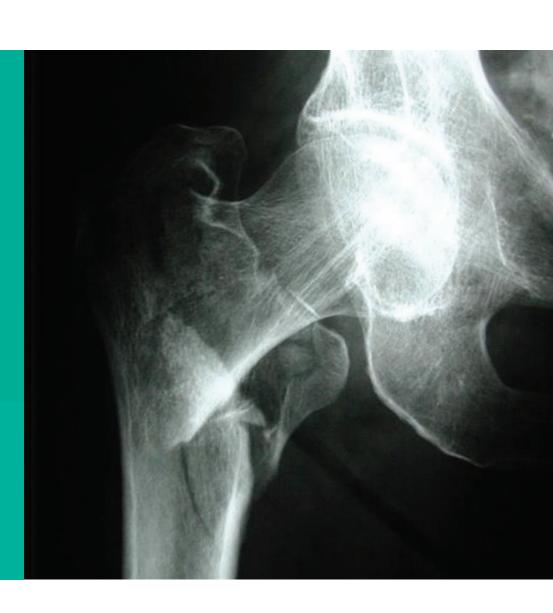
# The National Hip Fracture Database National Report 2012

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# The National Hip Fracture Database National Report 2012

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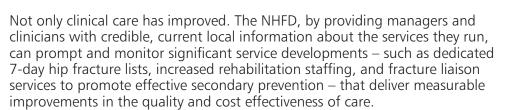
A summary of the Report is also available online at **www.nhfd.co.uk** 

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# Foreword

Hip fracture is a common, serious injury of older people that is likely to become more common as the population ages. Many hip fracture patients are already frail, and for them the injury poses the greatest risk of loss of independence and hence perhaps the loss of home. Care costs are high and, when both acute care and the care needed to provide for subsequent dependency are included, now exceed £2 billion a year for the UK as a whole.

The NHFD, since its launch in 2007, has done much to improve the quality of care for hip fracture in England, Wales, Northern Ireland, and the Channel Islands. In particular, the much wider availability of collaborative care – provided by orthopaedic surgeons and geriatricians working together – has benefited older and frailer hip fracture patients most. Now they are far more likely to have both their medical and surgical needs addressed early and effectively. This means that more patients proceed promptly to surgery; and that the early identification and treatment of medical problems allows earlier rehabilitation, which in turn promotes independence and hence an earlier return home.



This publication, the fourth National Report from the NHFD, is notable in a number of respects. It demonstrates the widest coverage yet, documenting casemix, care and outcomes of almost 60,000 cases from 180 hospitals; and, with more than 200,000 cases registered since 2007, establishes the NHFD as the most extensive hip fracture audit in the world. Its impact on care is now widely known through international scientific meetings, and similar national hip fracture audits are under development in Australia, New Zealand and Ireland.



Professor David Oliver National Clinical Director for Older People



Professor Keith Willett National Clinical Director for Trauma Care

In England, the NHFD has made possible the highly successful implementation of the Best Practice Tariff (BPT) for hip fracture care, which provides a financial incentive to Trusts in meeting defined quality standards of care. In the two years since its inception there have been steady rises in the number of hospitals participating, the number of cases submitted, and the number of cases meeting the BPT criteria.

The recently published NICE guideline on hip fracture care has also benefited from the existence of the NHFD. This report documents current compliance with key aspects of the guideline and will thus contribute towards the completion of the NICE baseline assessment tool.

And at a time when improving cost-effectiveness is of increasing importance for the NHS, the demonstration in this Report of a 5% year-on-year reduction in Trust length of stay is welcome, as is the prospect of more detailed NHFD work to follow, aimed at scrutinising much more closely overall NHS length of stay following hip fracture.

None of these achievements would be possible were it not for the NHFD's success in having created – in the words of its 2011 Report – 'a truly national clinical audit, and a critical mass of enthusiasm and expertise in hip fracture care now reflected in the findings reported here'.

The views of the Professor Willett and Professor Oliver are given in a clinical capacity and as national experts in the field. They do not in themselves impose any mandatory requirements on NHS organisations beyond those which already exist in the national hip fracture best practice tariff and the NICE quality standard for hip fracture management, although commissioners are expected to take them into account. The National Contract for Acute Services also requires that providers participate in the NCA appropriate for the services they provide.

# Executive summary

- The National Hip Fracture Database (NHFD) is a clinically led, web-based audit of hip fracture care and secondary prevention in England, Wales, Northern Ireland, and the Channel Islands. Its aim is to improve such care.
- All 188 of the eligible hospitals are now registered with NHFD. 97% of these regularly upload case
  records in a standard dataset format that covers casemix, care and outcomes. Hospitals receive
  benchmarked feedback that enables clinicians and managers to monitor and improve the care they
  provide.
- Around 95% of the cases occurring annually are now documented by NHFD. The total number of
  cases recorded since its launch in 2007 is now over 200,000, making the NHFD the largest national
  hip fracture audit in the world.
- Care is audited against six standards: prompt admission to orthopaedic care; surgery within 48 hours and within normal working hours; nursing care aimed at minimising pressure ulcer incidence; routine access to orthogeriatric medical care; assessment and appropriate treatment to promote bone health; and falls assessment. Since April 2009 additional fields most notably surgery within 36 hours have been included to meet the needs of the Best Practice Tariff initiative.
- This report covers casemix, care and outcomes of 59,365 cases submitted between 1 April 2011 and 31st March 2012 by 180 hospitals meeting the case threshold of 100 (or a high percentage submission rate in smaller hospitals). The key charts cover compliance with the six care standards, with hospitals in rank order.
- In terms of those standards, and in comparison with the findings of the 2011 National Report:
  - 1. 52% of patients are admitted to an orthopaedic ward within four hours (down from 56% in 2011)
  - 2. 83% receive surgery within 48 hours (down from 87%)
  - 3. 3.7% are reported as having developed pressure ulcers (no change)
  - 4. 43% are reported as assessed preoperatively by an orthogeniatrician (up from 37%)
  - 5. 69% are discharged on bone protection medication (up from 66%)
  - 6. 92% received a falls assessment prior to discharge (up from 81%)

It is of some concern that compliance with standards 1 and 2 has fallen in the past year. (See relevant charts for further comment) However, since 2009 compliance with standards 4-6 has continued to improve year on year.

Note: in order to ensure comparability between 2011 and 2012 data, calculations for the above have been made – as for the 2010 report – with the exclusion of 'unknown' data.

• Case mix-adjusted reporting on two key outcomes (30-day mortality, and rate of return home by 30 days) allows fairer inter-hospital comparisons. In the case of 30-day mortality, new processes have been agreed for the identification and management of outlying hospitals. As result of this, and delays in the necessary data linkage, casemix-adjusted 30-day mortality will appear in a Supplementary Report to be published later in the year.

- Clinicians and managers have used NHFD participation to prompt, monitor and evaluate clinical and service developments to improve the quality and cost effectiveness of hip fracture care. The report includes brief summaries of such work that might encourage similar efforts elsewhere.
- In England, the NHFD has successfully supported the first two years of the Department of Health's Best Practice Tariff (BPT) initiative, which rewards the achievement of specified standards (surgery within 36 hours; care by surgeon and geriatrician; care protocol agreed by geriatrician, surgeon and anaesthetist; pre/perioperative assessment by geriatrician; geriatrician-led multi-disciplinary rehabilitation; and secondary prevention including falls and bone health assessment).
- Over these two years there have been steady quarter-by-quarter increases in hospital participation (from 57% to 87%); in the number of cases submitted (from 9455 to 14,046); and in the number of cases achieving the enhanced tariff (from 2303 to 7654).
- Although the NHFD has steadily increased its coverage of hip fracture care since 2007, further work is required if the remaining c. 5% of the estimated total incidence is to be included. Gaps remain in the data submitted on reported cases. The total number of data fields for the 59,365 cases reported is 1,240,874, of which 1,150,404 (92.7%) were completed. ASA grade (a measure of prior fitness) and AMT score (a measure of cognitive state) are only variably documented, as is 30-day and 120 day follow-up. Again, further effort is required.
- From April 2012 the NHFD will continue its work as part of a new Falls and Fragility Fracture Audit Programme, with its funding secured for a further three years.

# Introduction

#### The National Hip Fracture Database

The aim of the National Hip Fracture Database (NHFD) is to improve the care and secondary prevention of hip fracture – the commonest serious injury of older people. The NHFD was developed from 2004 as an independent, clinically-led, web-based audit, with the support of the British Orthopaedic Association (BOA) and the British Geriatrics Society (BGS) and start-up funding from industry sources.

It was launched in 2007, and in 2009 was recognised by the National Clinical Audit Advisory Group for central funding for 2009-2012 as a national clinical audit under the auspices of the Healthcare Quality Improvement Partnership. Its funding is again secured, from 2012 to 2015, together with its identity and further development, within the Falls and Fragility Fracture Audit Programme, again under the auspices of the Healthcare Quality Improvement Partnership.

Since 2007, coverage has expanded steadily, with all 188 eligible hospitals in England, Wales, Northern Ireland and the Channel Islands now registered with NHFD, and 182 regularly contributing data. Participating units upload casemix, care and outcome details in a standard dataset format, and receive regular feedback, with benchmarking at regional and national level. Care is measured against six quality standards set out in the BOA/BGS Blue Book on The care of patients with fragility fracture<sup>1</sup>, which cover: prompt admission to orthopaedic care; early surgery; the prevention of pressure ulcers<sup>4</sup>; access to acute orthogeriatric care; assessment for bone protection therapy<sup>4</sup>; and falls assessment<sup>4</sup>.

This synergy of audit, standards and feedback supports clinicians in the improvement of the care they provide, and in service developments aimed at improving care and secondary prevention. The NHFD website offers additional support – in the form of case studies, good practice examples, model job descriptions, business plans and an extensive database of the relevant medical literature.

NHFD central staff – its project manager and two project coordinators – have also organised a series of well-attended regional meetings. These bring together clinicians and managers to share expertise, and report on the use of NHFD in improving the quality and cost-effectiveness of the care they provide. Together these measures have succeeded in raising awareness of hip fracture care, improving clinical practice and service organisation, end delivered improvements in care and outcomes documented in successive National Reports.

#### **The NHFD National Report 2012**

#### General

This publication provides details on the casemix, care and outcomes of 59,365 cases of hip fracture from 180 hospitals that either submitted more than 100 cases over the year from 1st April 2011 to 31st March 2012 (175 hospitals); or had fewer than 100 cases, but with at least 66% of cases submitted (5 hospitals). It follows three previous national reports: in 2009 (64 hospitals; 12,983 cases); in 2010 (129 hospitals; 36,556 cases); and in 2011 (176 hospitals, 53,443 cases) and therefore provides a more extensive and more detailed – but still incomplete – picture of hip fracture care in England, Wales, Northern Ireland and the Channel Islands in 2011/2012.

In the charts comprising the bulk of this Report makes it clearer, data from participating hospitals is displayed comparatively, and in its first section describes casemix<sup>4</sup>: in terms of age, sex-ratio, place of residence, ASA grade<sup>4</sup>, cognition, walking ability, and fracture type. The next section follows the journey of care from initial admission through to discharge, with details of time to ward and to surgery, operations performed, medical assessment, development of any pressure ulcers, secondary prevention measures, length of acute hospital stay and destination on discharge.

Finally, a key outcome - namely percentage of patients returning home by 30 days, is reported not in terms of the raw data but by the use of a case-mix adjustment methodology that takes account of the inter-hospital variation in patients treated. (Similarly casemix-adjusted data on mortality is currently in preparation, and will be presented in a Supplementary Report to be published later in the year).

#### **Measuring progress**

In terms of the six Blue Book standards, there are concerns that the previous year-on-year improvement in compliance with all six standards has not been sustained. Current data on admission to orthopaedic care within 4 hours and on surgery within 48 hours is disappointing. However the trend to improvement has been maintained for preoperative assessment by an orthogeriatrician, discharge on treatment with bone protection medication, and on falls assessment prior to discharge.

52% of cases were admitted to an orthopaedic ward within four hours (down from 56% in 2011); 83% received surgery within 48 hours (down from 87%); 3.7% were reported as having developed pressure ulcers (no change). 43% were reported as assessed preoperatively by an orthogeriatrician (up from 37%); 69% discharged on bone protection medication (up from 66%); and 92% receiving a falls assessment prior to discharge (up from 81%).

Standard	2009	2010	2011	2012
1. Admission to orthopaedic ward within 4 hours	N/A	55%	56%	52%
2. Surgery within 48 hours and during working hours	75%	80%	87%	83%
3. Patients developing pressure ulcers	N/A	6%	3.7%	3.7%
4. Pre-operative assessment by an orthogeriatrician	24%	31%	37%	43%
5. Discharged on bone protection medication	N/A	57%	66%	69%
6. Received a falls assessment prior to discharge	44%	63%	81%	92%

In order to ensure comparability with previous reports, the percentages quoted above are based on the exclusion of 'unknown' data.

Also of note is a small but significant reduction in the mean length of acute and post-acute stay – the latter within the admitting Trust – from 21.2 days in 2011 to 20.2 days in 2012. With length of stay the dominant component of the overall cost of hip fracture care, this reflects the greater cost-effectiveness of improved care.

Further work is required to establish the overall NHS length of stay (as opposed to length of stay in the admitting Trust). The NHFD has commissioned work on data linkage, to be carried out by the Royal College of Surgeons Clinical Effectiveness Unit (RCS CEU) and aiming to establish variance in

'superspell'. It is hoped that results – expected to uncover considerable variance in the cost-effectiveness of care – will be available for inclusion in the NHFD 2012 Supplementary Report, to be published later in the year.

#### **Audit and Change**

The aim of NHFD is to improve the care and secondary prevention of hip fracture. As will be clear from the above, the NHFD has had, in its early years and in relation to the Blue Book standards, some success in that aim, though recent national data on early care is disappointing.

Clearly, national progress in hip fracture care as documented in this Report simply reflects the cumulative impact of innumerable local initiatives by participating hospitals. The Report therefore also includes, as did previous reports, a number of vignettes that describe how hospitals have made use of NHFD to prompt, monitor and evaluate clinical and service developments. They demonstrate how – using trusted and current data on the care they provide – clinicians and managers can work together to achieve not only remarkable improvements in care but, in some cases, substantial efficiency savings as well, mainly through reduction in length of stay – by far the dominant factor in the overall costs of hip fracture care.

#### The Best Practice Tariff for Hip Fracture Care

The NHFD, with its detailed documentation of casemix, care and outcomes, prompted the selection of hip fracture as a topic for the Department of Health's Best Practice Tariff (BPT) initiative<sup>2</sup>, which offers additional payment for cases the care of which meets agreed standards (surgery within 36 hours; care by surgeon and geriatrician; care protocol agreed by geriatrician, surgeon and anaesthetist; pre/perioperative assessment by geriatrician; geriatrician-led multi-disciplinary rehabilitation<sup>4</sup>; secondary prevention including falls and bone health assessment) that are monitored by the NHFD.

Between April 2010, when BPT – which applies only in England – began, and April 2012, participation has increased steadily quarter by quarter: with ever-rising numbers of hospitals participating, of cases submitted, and of cases meeting the tariff standards – as demonstrated in the table on page 60.

#### The NHFD Report and NICE CG 124

The NHFD Report has been designed to audit current practice against the standards set out in the BOA/BGS 'Blue Book' and the criteria set out for the Best Practice Tariff in England. In 2011 the National Institute for Health and Clinical Excellence (NICE) published 'The Management of Hip Fracture in Adults'<sup>3</sup> along with a series of implementation tools and resources. Where the following charts provide data useful for the completion of the NICE baseline assessment tool, this is indicated in the accompanying text and an identifying blue rectangle at the top of the page.

#### **Limitations of the Report**

This report demonstrates continuing expansion of the coverage of the NHFD, and its contribution to the conspicuous success of the Best Practice Tariff in hip fracture care over the last two years. However, in terms of compliance with the Blue Book standards, it provides a mixed picture. There is evidence at national level of a loss of momentum in early care (time to admission and time to surgery). Clearly, given the importance of prompt admission and early surgery in the overall quality of patient care, work is needed to re-establish the previous trend to improvement. However, the reported continuing rise of

preoperative orthogeriatrician involvement, together with improvements in secondary prevention, is welcome.

Ideally, a national clinical audit would acquire complete data on all cases occurring, but the NHFD is still some way from achieving this – and faces difficulties worth looking at in some detail. Progress towards complete coverage cannot be measured until it is possible to establish valid case ascertainment rates at both national and hospital level: a goal that has hitherto proved elusive because at both national and hospital level valid incidence rates are not yet available. This 'denominator problem' is currently being addressed via the RCS CEU data linkage exercise mentioned above and making use of both NHFD and HESA data.

Meanwhile, ascertainment rates are therefore to some degree speculative. The 59,365 cases included in this Report represent only around 95% of the estimated total number of cases presenting to the hospitals registered. Case ascertainment by hospitals – also reflecting the 'denominator problem', with hospitals supplying their own variously sourced estimates of incidence – varies from 43.2% to 164.6%\*.

At case level, as the first chart in the report (p17) shows, incomplete reporting persists, most notably in the reporting of ASA grades and AMT<sup>A</sup> scores (both of which are casemix factors strongly predicting outcomes); and in 30 day and 120 day follow-up, which varies by hospital with an average of respectively 32.3% and 24.6% completeness. To acknowledge this, and as per the 2011 National Report, the proportion of missing data in various fields is represented in the charts that follow by white insertions in the horizontal bars.

As a result of the problem of missing data, the casemix-adjusted reporting of two key outcomes – particularly 30-day return home (see page 58) and 30-day mortality (to be reported in the NHFD 2012 Supplementary Report) – must be regarded as indicative rather than conclusive.

In the case of return home, the data reported is frankly incomplete by reason of the currently limited 30-day follow-up data. In the case of mortality – although deaths and the timing of deaths are reliably reported from central sources – incomplete case reporting by hospitals may under-report hospital mortality, thus skewing the average; and hospitals submitting 100% of cases may as a result appear to be performing less well. The consequences of this for the identification and management of outliers are obvious, and due caution should be exercised in the interpretation of relevant data. NHFD will continue to support and encourage high levels of case ascertainment to address this problem. Meanwhile, outlier identification and management – which will be described in detail in the Supplementary Report, in which casemix-adjusted mortality will appear in funnel-plot format – is now being implemented.

#### The NHFD 2012 Supplementary Report

For a number of reasons – including staff time constraints, administrative delays arising in relation to information governance, and the need to deal supportively and in detail with clinical teams of possible outlier status in respect of mortality – it was not possible to include in this Report information on a number of important aspects of the work of the NHFD in 2011-2012. Accordingly, a Supplementary Report will be published later in the year. This will report include:

<sup>\*</sup>Case ascertainment is based on information provided for the NHFD Facilities Audit (See Appendix C)

- Casemix adjusted 30-day mortality in funnel-plot<sup>4</sup> form, with the exclusion of low-ascertainment hospitals in order to provide more robust average and comparative data
- The output of the RCS CEU data linkage project, which aims to address both the 'denominator problem' (thus enabling the provision of more robust ascertainment data), will also, it is hoped, establish NHS superspell data for hip fracture care (hence allowing more robust comparisons of both cost-effectiveness of care and rate of return home)
- Trend data from a group of hospitals with sustained NHFD involvement, high ascertainment levels, and good data completion, together with analyses to assess the impact of various care process factors on key patient outcomes

#### NHFD: the future

At a time of impending funding pressures for the NHS, the influence the NHFD has demonstrated over the years in improving quality while increasing cost effectiveness should be welcomed; and the costs of the NHFD – both centrally and in the collection of data at hospital level – can therefore be fully justified. Care has improved measurably – with recent exceptions as noted above – and geriatrician involvement and secondary prevention both continue to improve, with the cost-effectiveness of care nationally also appearing to improve. The humane and economic benefits of improved secondary prevention, potentially substantial, are of course not immediate, but likely to emerge over coming years.

To sustain and strengthen the role of the NHFD in improving care, the goal of maximising data completeness at hospital and case level, including follow-up at 30 and 120 days, will be pursued via the NHFD's regional meetings, and in data workshops for those directly involved in collecting and uploading data.

The potential of using NHFD data to improve the evidence base for hip fracture care has been recognised, and the NHFD Scientific and Publications Committee has supported a now published study evaluating risks possibly associated with the use of cemented arthroplasties<sup>45</sup> and is currently using trend data from the 2011 Report to evaluate the contribution of orthogeriatrician input to care. A proposed ascertainment study of anaesthetic practice in hip fracture care, the Anaesthetic Sprint Audit Project (ASAP), to be carried out jointly between the NHFD and the Association of Anaesthetists of Great Britain and Ireland, is currently in preparation.

From April 2012 the NHFD has secured funding for a further three years, and will, within the new Falls and Fragility Fracture Audit Project (FFFAP), maintain its identity and continue to develop, while benefiting also from links with other FFFAP work-streams currently addressing the development of Fracture Liaison Services and the audit of injurious falls in institutional settings.

# Participating hospitals (2012)

Indicates inclusion in this report (n = 180); indicates participating in NHFD but not submitting sufficient data to be included in report (n=8).

Addenbrooke's Hospital, Cambridge	ADD	Hillingdon Hospital	HIL
Airedale General Hospital	AIR	Hinchingbrooke Hospital	HIN
Alexandra Hospital, Redditch	RED	Homerton Hospital, London	HOM
Altnagelvin Area Hospital	ALT	Horton Hospital, Banbury	HOR
Arrowe Park Hospital, Wirral	WIR	Huddersfield Royal Infirmary	HUD
Barnet Hospital	BNT	Hull Royal Infirmary	HRI
Barnsley Hospital	BAR	Ipswich Hospital	IPS
Basildon and Thurrock University Hospital	BAS	James Cook University Hospital,	
Bassetlaw Hospital	BSL	Middlesbrough	SCM
Bedford Hospital	BED	James Paget University Hospital,	
Birmingham Heartlands Hospital	EBH	Great Yarmouth	JPH
Bradford Royal Infirmary	BRD	John Radcliffe Hospital, Oxford	RAD
Bristol Royal Infirmary	BRI	Kettering General Hospital	KGH
Bronglais Hospital, Aberystwyth	BRG	King's College Hospital, London	KCH
Broomfield Hospital	BFH	King's Mill Hospital, Sutton in Ashfield	KMH
Central Middlesex Hospital		Kingston Hospital	KTH
Charing Cross Hospital	CCH	Leeds General Infirmary	LGI
Chase Farm Hospital	CHS	Leicester Royal Infirmary	LER
Chelsea and Westminster Hospital	WES	Leighton Hospital, Crewe	LGH
Cheltenham General Hospital	CHG	Lincoln County Hospital	LIN
Chesterfield Royal Hospital	CHE	Luton and Dunstable Hospital	LDH
Colchester General Hospital	COL	Macclesfield General Hospital	MAC
Conquest Hospital, Hastings	CGH	Maelor Hospital, Wrexham	WRX
Countess of Chester Hospital	COC	Manchester Royal Infirmary	MRI
County Hospital, Hereford	HCH	Manor Hospital, Walsall	WMH
Craigavon Hospital, Portadown	CRG	Medway Maritime Hospital	MDW
Croydon University Hospital	MAY	Milton Keynes General Hospital	MKH
Cumberland Infirmary, Carlisle	CMI	Morriston Hospital, Swansea	MOR
Darent Valley Hospital, Dartford	DVH	Musgrove Park Hospital, Taunton	MPH
Darlington Memorial Hospital	DAR	Nevill Hall Hospital, Abergavenny	NEV
Derriford Hospital, Plymouth	PLY	New Cross Hospital, Wolverhampton	NCR
Diana Princess of Wales Hospital, Grimsby	GGH	Newham General Hospital, London	NWG
Doncaster Royal Infirmary,	DID	Nobles Hospital, Isle of Man	NOB
Dorset County Hospital, Dorchester	WDH	Norfolk and Norwich University Hospital	NOR
Ealing Hospital		North Devon District Hospital, Barnstaple	NDD
East and North Herts Hospital	ENH	North Hampshire Hospital, Basingstoke	NHH
East Surrey Hospital, Redhill	ESU	North Manchester General Hospital	NMG
Eastbourne Hospital	DGE	North Middlesex University Hospital	NMH
Fairfield Hospital, Bury	BRY	North Tyneside General Hospital,	
Frenchay Hospital, Bristol	FRY	North Shields	NTY
Frimley Park, Camberley	FRM	Northampton General Hospital	NTH
Furness General Hospital, Barrow-in-Furness	FGH	Northern General Hospital, Sheffield	NGS
George Eliot Hospital, Nuneaton	NUN	Northwick Park Hospital. London	NPH
Glan Clwyd Hospital, Rhyl	CLW	Peterborough District Hospital	PET
Gloucestershire Royal Hospital, Gloucester	GLO	Pilgrim Hospital, Boston	PIL
Good Hope Hospital, Birmingham	GHS	Pinderfields General Hospital, Wakefield	PIN
Grantham and District Hospital	GRA	Poole General Hospital	PGH
Gwynnedd Ysbyty, Bangor	GWY	Prince Charles Hospital, Merthyr Tydfil	
Harrogate District Hospital	HAR	Princess Elizabeth Hospital, Guernsey	PEH

Princess of Wales Hospital, Bridgend		Stoke Mandeville Hospital, Aylesbury	SMV
Princess Royal Hospital, Telford	TLF	Sunderland Royal Hospital	SUN
Princess Royal University Hospital, Bromley	BRO	Tameside General Hospital, Manchester	TGA
Queen Alexandra Hospital, Portsmouth	QAP	The Great Western Hospital, Swindon	PMS
Queen Elizabeth Hospital, Birmingham	QEB	The Princess Alexandra Hospital, Harlow	PAH
Queen Elizabeth Hospital, Gateshead	QEG	The Royal Cornwall Hospital, Treliske	RCH
Queen Elizabeth Hospital, King's Lynn	QKL	The Royal London Hospital	LON
·	GWH	Torbay District General Hospital	TOR
Queen Elizabeth Hospital, Woolwich		· · · · · · · · · · · · · · · · · · ·	
Queen Elizabeth the Queen Mother Hospita		Trafford General Hospital, Manchester	TRA
Margate	QEQ	Tunbridge Wells Hospital	TUN
Queen's Hospital, Burton-upon-Trent	BRT	Ulster Hospital	NUH
Queen's Hospital, Romford	OLD	University College Hospital London	UCL
Rotherham District General Hospital	ROT	University Hospital, Nottingham	UHN
Royal Albert Edward Infirmary, Wigan	AEI	University Hospital Aintree	FAZ
Royal Berkshire Hospital, Reading	RBE	University Hospital Coventry	UHC
Royal Blackburn Hospital	BLA	University Hospital Of North Durham,	
Royal Bolton Hospital	BOL	Darlington	DRY
Royal Derby Hospital	DER	University Hospital of North Staffordshire,	
Royal Devon & Exeter Hospital, Exeter	RDE	Stoke-on-Trent	STO
Royal Free Hospital, London	RFH	University Hospital of North Tees,	
Royal Glamorgan Hospital, Llantrisant	RGH	Stockton-on-Tees	NTG
Royal Gwent Hospital, Newport		University Hospital of Wales, Cardiff	UHW
Royal Hampshire County Hospital,		University Hospital, Lewisham	LEW
Winchester	RHC	Victoria Hospital, Blackpool	VIC
Royal Lancaster Infirmary	RLI	Wansbeck Hospital	ASH
Royal Liverpool University Hospital	RLU	Warrington Hospital	WDG
Royal Oldham Hospital	OHM	Warwick Hospital	WAR
	RPH	•	
Royal Preston Hospital		Watford General Hospital	WAT
Royal Shrewsbury Hospital	RSS	West Cumberland Hospital, Whitehaven	
Royal Surrey County Hospital, Guildford	RSU	West Middlesex University Hospital,	\ A / B A I I
Royal Sussex County Hospital, Brighton	RSC	Isleworth	WMU
Royal United Hospital, Bath	BAT	West Suffolk Hospital, Bury St. Edmunds	WSH
Royal Victoria Hospital, Newcastle	RVN	West Wales General Hospital, Carmarthen	WWG
Royal Victoria Hospital, Belfast	RVB	Weston General Hospital,	
Russells Hall Hospital, Dudley	RUS	Weston-Super-Mare	WGH
Salford Royal Hospital	SLF	Wexham Park Hospital, Slough	WEX
Salisbury District Hospital	SAL	Whipps Cross University Hospital	WHC
Sandwell General Hospital	SAN	Whiston Hospital, Prescot	WHI
Scarborough General Hospital	SCA	Whittington Hospital, London	WHT
Scunthorpe General Hospital	SCU	William Harvey Hospital, Ashford	WHH
South Tyneside District Hospital,		Withybush Hospital, Haverford West	WYB
South Shields	STD	Worcestershire Royal Hospital, Worcester	WRC
Southampton General Hospital	SGH	Worthing & Southlands Hospital	WRG
Southend Hospital	SEH	Wythenshawe Hospital, Manchester	WYT
Southport District General Hospital	SOU	Yeovil District Hospital	
St George's Hospital, London	GEO	York Hospital	YDH
St Helier Hospital, Carshalton	SHC	Total	1011
St Helier Hospital, Jersey	Siic		
St Mary's Hospital, Paddington	STM	In all of the following charts hospitals are	
St Mary's Hospital, Isle of Wight	IOW		
	SPH	identified by their unique three letter code.	
St Peter's Hospital, Chiefoster			
St Richard's Hospital, Chichester	STR		
St Thomas' Hospital, London	STH		
Stafford Hospital, Stafford	SDG		
Stepping Hill Hospital, Stockport	SHH		

# Mapping the NHFD Report to NICE Clinical Guidance 124

The NHFD report has been designed to audit current practice against the standards set out in the BOA/BGS 'Blue book' and, in England, the elements of the Best Practice Tariff. In 2011 the National Institute for Health and Clinical Excellence published 'The Management of Hip Fracture in Adults' along with a series of implementation tools and resources. Some of the NHFD Report charts have data that corresponds to NICE guidance to a greater or lesser degree:

#### **CHART 8 - AMT score**

'Healthcare professionals should deliver care that minimises the patient's risk of delirium and maximises their independence, by actively looking for cognitive impairment when patients first present with hip fracture.'

#### CHART 9 - A&E to orthopaedic ward in 4 hours

'From admission, offer patients a formal, acute orthogeriatric or orthopaedic ward-based Hip Fracture Programme.'

This chart is indicative of how well a hospital has organised its process for ensuring that hip fracture patients are managed on hip fracture wards.

#### CHART 10 - Type of anaesthesia

'Offer patients a choice of spinal or general anaesthesia after discussing risks and benefits. Consider intraoperative nerve blocks for all patients undergoing surgery.'

This chart demonstrates the type of anaesthetic given rather than whether or not a choice of anaesthetic was given.

#### CHART 11 - Surgery within 36 hours of admission

'Perform surgery on the day of, or the day after admission.'

For the majority of patients, this recommendation is the equivalent of 'within 36 hours'.

#### CHART 12 - Surgery in 48hours and during normal working hours

'Schedule hip fracture surgery on a planned trauma list.'

Although a scheduled trauma list can take place outside of normal working hours, the small number of hospitals that have an abnormally high rate of surgery 'within 48hours but not within working hours' may wish to analyse their data further with a view to addressing potential risks associated with out-of-hours surgery.

#### CHART 13 - Reason delay beyond 36 hours.

'Offer magnetic resonance imaging (MRI) if hip fracture is suspected despite negative anteroposterior pelvis and lateral hip x-ray. If MRI is not available within 24 hours or is contraindicated, consider computed tomography (CT).'

Hospitals with a high rate of delay due to 'medically unfit – awaiting orthopaedic diagnosis or investigation' may wish to analyse their data further in order to define and address remediable causes of such delays.

#### **CHART 14 - Patients treated without surgery**

'If a hip fracture complicates or precipitates a terminal illness, the multidisciplinary team should still consider the role of surgery as part of a palliative care approach.'

Hospitals with a high rate of non-operation may wish to review their data to ascertain whether non-operation was appropriately associated with palliative care or late diagnosis.

## **CHART 16 - Surgery type for displaced intracapsular fractures**

'Perform replacement arthroplasty (hemiarthroplasty or total hip replacement) in patients with a displaced intracapsular fracture.'

#### **CHART 17 - Cementing of arthroplasties**

'Use cemented implants in patients undergoing surgery with arthroplasty.'

#### CHART 18 - Total hip replacements in displaced intracapsular fractures

'Offer total hip replacements to patients with displaced intracapsular fractures who: were able to walk independently out of doors with no more than the use of a stick and are not cognitively impaired and are medically fit for anaesthesia and the procedure.'

This chart was designed with filters that match the NICE guidance as closely as possible. An ASA of 1-3 was chosen, as most elective hips fall into this range.<sup>6</sup> However, a patient who is considered medically fit for a hemiarthroplasty may not be considered fit for a total hip replacement and the chart can be only indicative of 'compliance'.

#### **CHART 20 - Surgery type for intertrochanteric fractures**

'Use extramedullary implants such as a sliding screw in preference to an intramedullary nail in patients with trochanteric fractures above and including the lesser trochanter (AO classification types A1 and A2).

This chart includes all intertrochanteric fractures, but since A3 fractures form the minority of fractures in this group (10 to 15%) the chart is a guide to 'compliance'.

#### CHART 21 - Surgery type for subtrochanteric fractures

'Use an intramedullary nail to treat patients with subtrochanteric fracture.'

Where the following charts provide data useful for the completion of the NICE baseline assessment tool, this is indicated as follows:

NICE CG 124

# Chart 1 - Completeness of data fields on cases included in the 2012 National Report

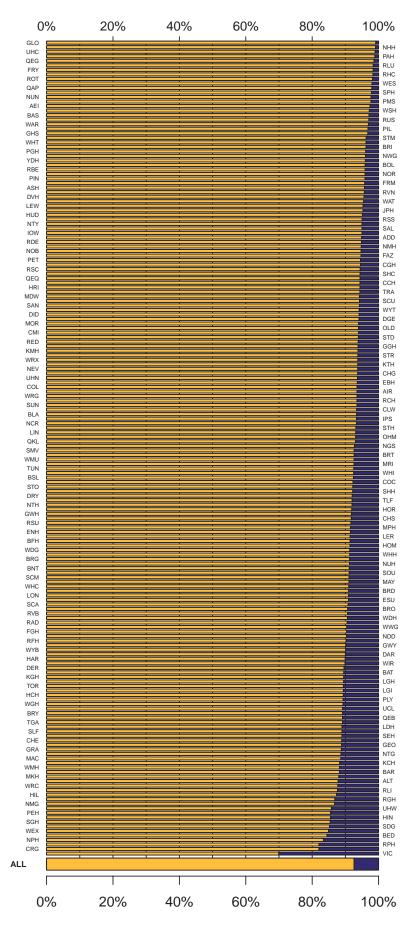
#### Data:

Total number of fields: 1,240,874 Total number of fields completed: 1,150,404 (92.6%) All 180 hospitals included in chart.

□ Complete (92.6%)

■ Incomplete (7.4%)



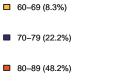




# Chart 2 - Age at admission

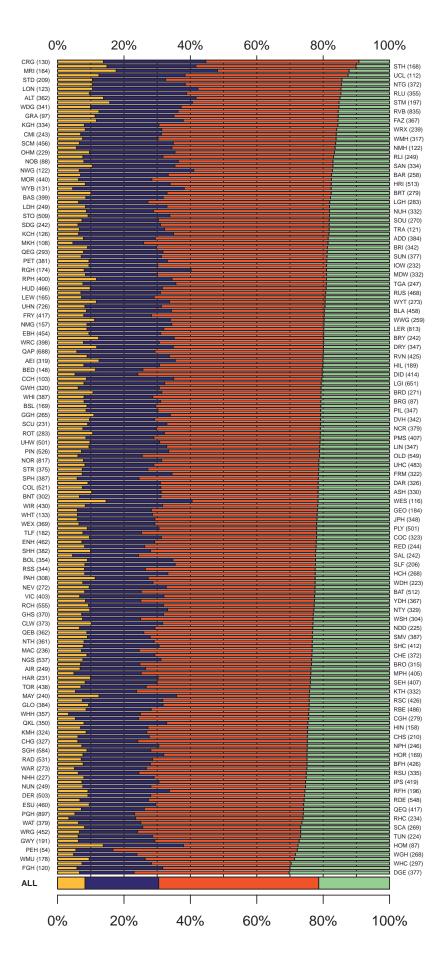
#### Data:

The age distribution is almost identical to last year and reflects local demography, e.g. retirement locations with resultant older populations.



**90+ (21.3%)** 

Hospital (N)



#### **Chart 3 - Gender**

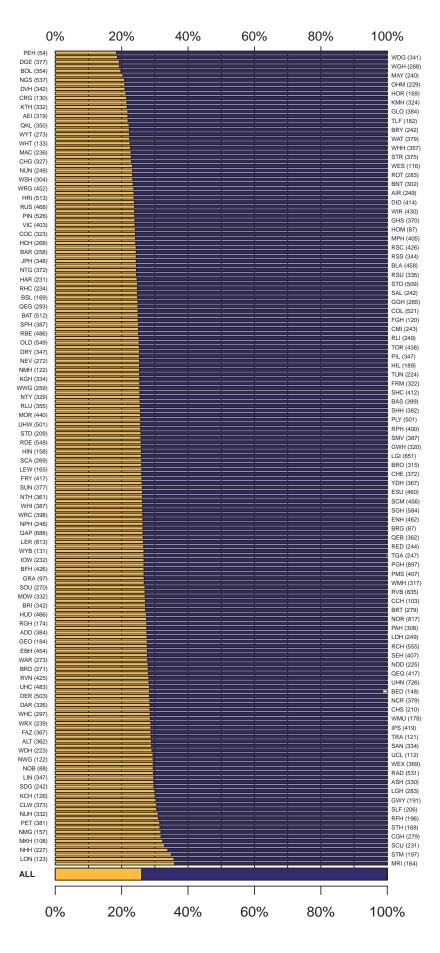
This is almost identical to last year's chart and simply reflects the preponderance of osteoporosis in women.

■ Male (26.0%)

■ Female (74.0%)

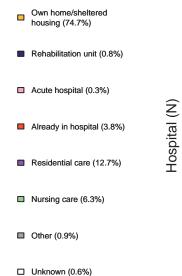
☐ Unknown (0.0%)

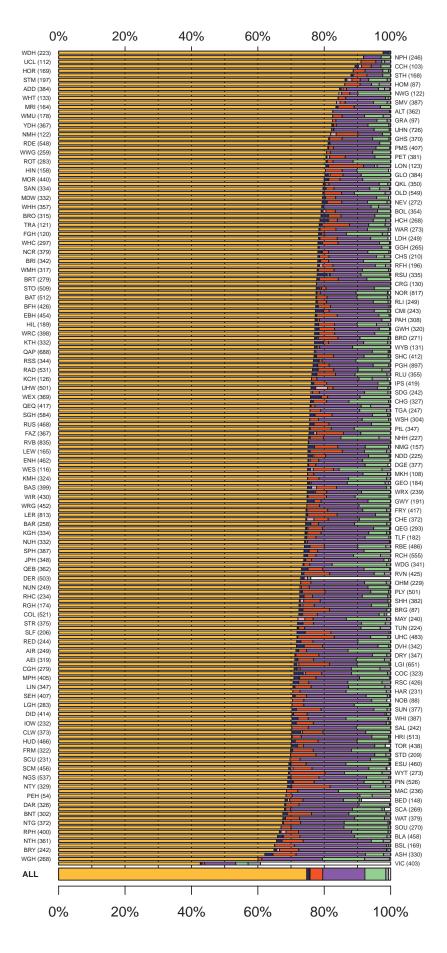
- Hospital (N)



#### **Chart 4 - Admitted from**

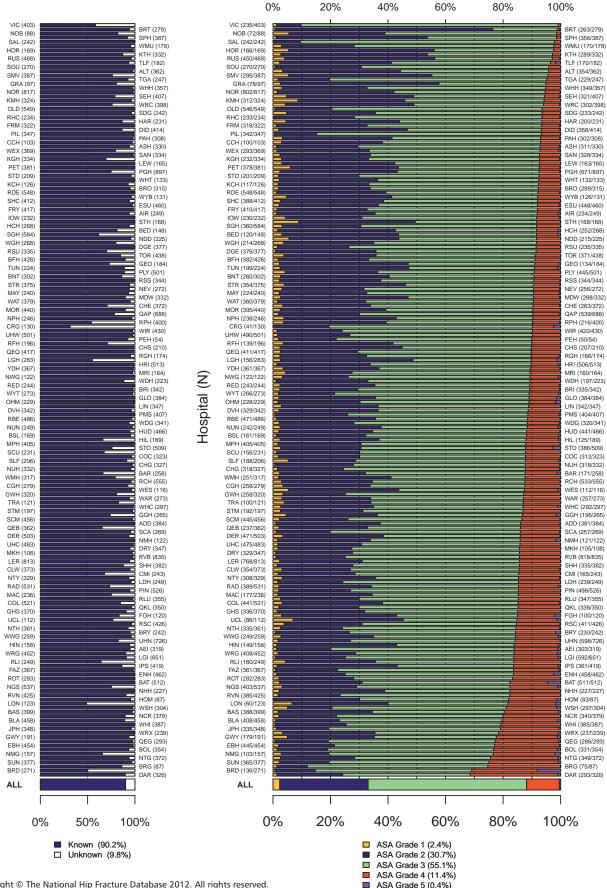
Admissions were previously reported without any distinction between those from residential and nursing care. These are now reported separately, with two thirds of patients coming from residential care. Otherwise, figures are similar to those of 2011.





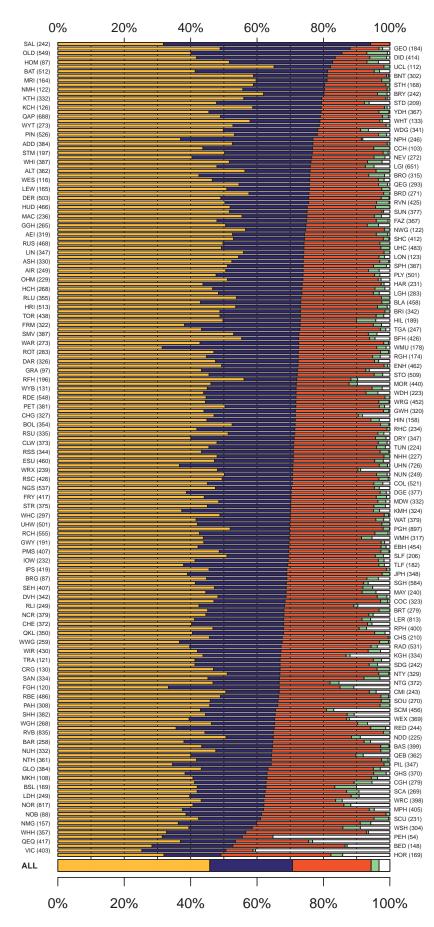
## **Chart 5 - ASA grade**

There is an increase in 'known' ASA from 87.3% to 90.2%. ASA is an important factor is casemix adjusting; and the range of 'known' (50-100%) demonstrates that some units could still greatly improve their data recording. The distribution of reported ASA grades is remarkably similar to that of 2011.



# **Chart 6 - Walking ability**

The distribution of walking abilities is remarkably similar to that in 2011.



☐ Unknown (3.2%)

60%

80%

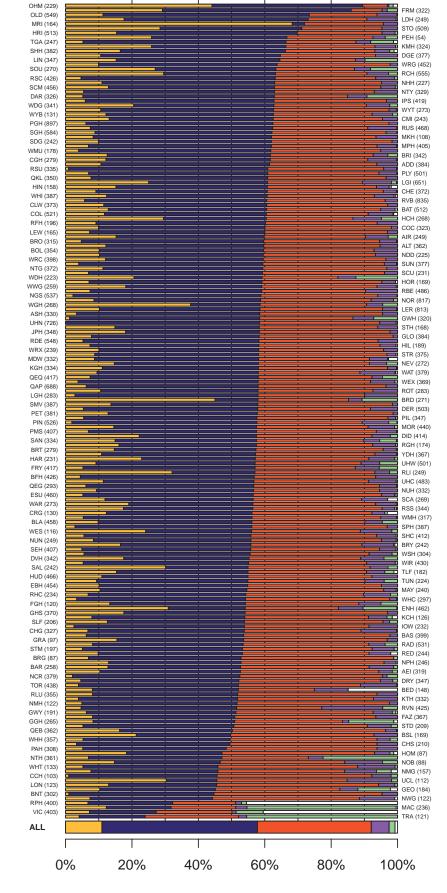
100%

## **Chart 7 - Fracture type**

0%

20%

40%



## Fracture type

Over the past three years the proportion of each fracture type has been remarkably constant:

Fracture type	2010 %	2011 %	2012 %
Undisplaced intracapsular	12	11	11
Displaced intracapsular	45	46	47
Intertrochanteric	35	34	34
Subtrochanteric	5	5	5
Other	3	3	2
Unknown	<1	<1	<1

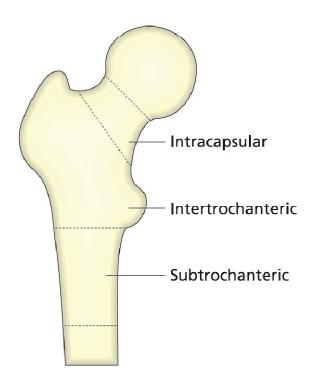


Fig 1

However, a small number of hospitals report over 10% of fracture types as 'unknown'. This, together with the reporting by some hospitals of ratios of displaced to undisplaced intracapsular fractures inversely proportional to the preponderant and hence expected ratio of 4:1, indicates that, in some hospitals, there is a lack of clarity in clinical records and/or poor transfer of data for uploading – and hence scope for significant improvement in audit practice locally.

#### **Chart 8 - AMT Score**

#### NICE CG 124

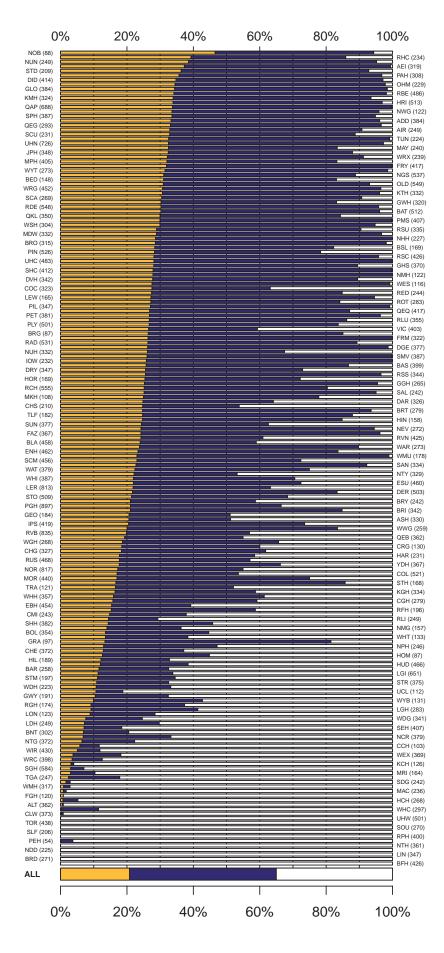
Recording the pre- and postoperative AMTS has now become part of the Best Practice Tariff. This shows that in the year prior to the change, AMTS was recorded in 65% of cases, compared with 56.9% in 2010/11, suggesting that hospitals were preparing for the implementation of the new BPT standard.

0-6 (20.8%)

7-10 (44.2%)

□ Unknown (35.0%)



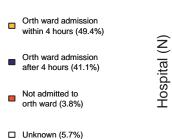


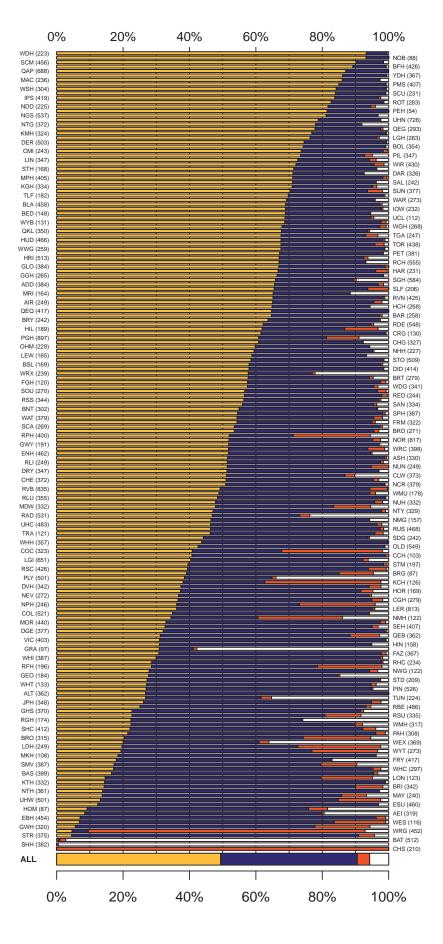
## Chart 9 - A&E to Orthopaedic Ward in 4 hours (Blue Book Standard 1)

#### NICE CG 124

There is a marked improvement in data completeness for time to ward: 94.3% compared with 86.2% in 2010/11. However, the percentage of patients reaching the orthopaedic ward within 4 hours has fallen from 56% to 52%.

This might be seen in the context of a recently reported broader trend towards A&E stays breaching the 4 hour target.





In 2009/10, with no orthogeriatrician service at Salisbury Hospital, a 'non-collaborative approach', and long pre-operative delays, Salisbury ranked 98th out of 100 NHS Trusts in BPT achievement. A change programme - including increased orthogeriatric and nurse practitioner staffing; additional theatre capacity for trauma; and active leadership by the lead orthopaedic surgeon, the lead anaesthetist and the consultant orthogeriatrician achieved dramatic improvements in compliance with the six Blue Book standards. By 2012, 80% of patients reached orthopaedic care within four hours; 92% had surgery within 48 hours (and 84% within 36 hours); incidence of pressure ulceration fell from 5.4% to 1.2%; preoperative assessment by geriatrician rose from 1.5% to 95%, and bone protection and falls assessment from 6.2% and 3.2% respectively to 100% in both. Mortality fell from 10.1% to 8.4%, and acute length of stay from 27.6 days to 19.8 days between April 2011 and March 2012.

BPT attainment rose from 1.5% to 84.4% – ranked first in South-West region, and in the top five nationally – bringing in BPT income of £187,790. Even more impressively, cost-effectiveness of care – with savings of £391,000 (costed as 1,955 bed-days at £200 per day) – was greatly increased. Importantly, feedback from patients, relatives and clinical staff has been positive.

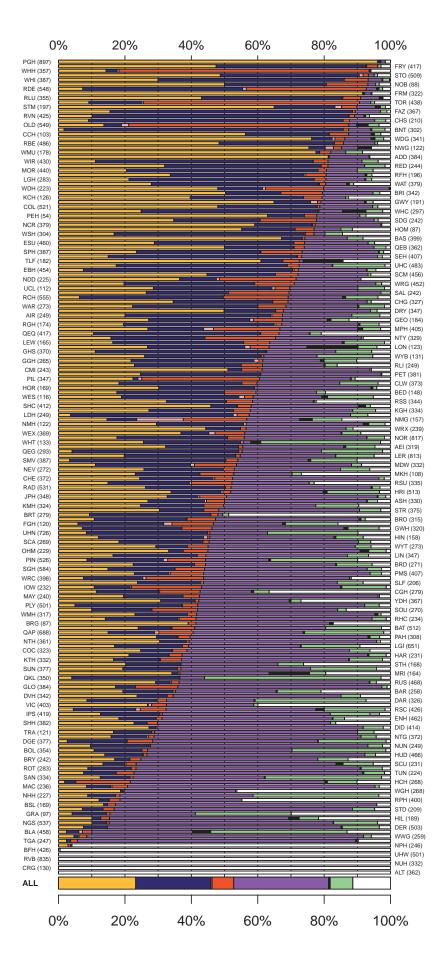
# Chart 10 - Type of anaesthesia

#### NICE CG 124

The introduction of this data field and the resultant chart shows that general anaesthesia (52.7%) is favoured over spinal anaesthesia (42.4%) and that only 29.4% of patients are given a supplementary nerve block.



- GA + nerve block (22.6%)
- GA + epidural anaesthesia (0.4%)
- GA + spinal anaesthesia (6.5%)
- SA only (28.6%)
- SA + epidural (CSE) (0.5%)
- SA + nerve block (6.8%)
- None (0.0%)
- ☐ Unknown (11.3%)



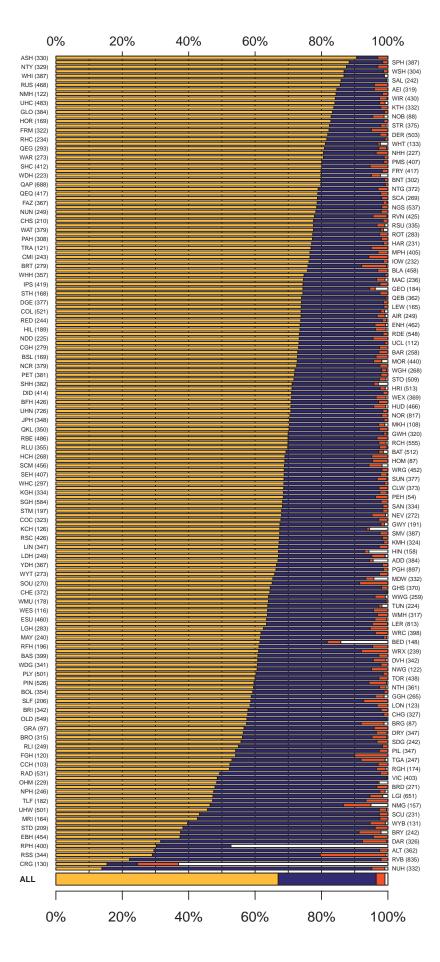
# Chart 11 - Surgery within 36 hours of admission

#### NICE CG 124

Reducing the time taken to get patients to theatre may require a substantial effort in organisational change. The improvement from 61.6% in 2010/11 to 67% in 2011/12 is likely to be as a result added stimulus of BPT.



- Surgery after more than 36hrs (29.5%)
- No operation performed (2.6%)
- ☐ Unknown (0.9%)



In March 2011 Arrowe Park Hospital appointed an NHFD administrator with the specific aims of improving data collection and submission rates to the NHFD, and improving compliance with Best Practice Tariff standards. Cases submitted rose from 108 in 2010 to 457 in 2011. A Rapid Improvement Workshop held in July 2011 resulted in new care pathway documentation that reduced duplication and was designed to capture data reflecting clinical standards and BPT compliance.

With real-time data, a theatre-based trauma board was able to highlight potential delays and address them. As a result of this, and the appointment of an additional trauma surgeon, the proportion of patients having surgery within 36 hours rose from 66% in 2010 to 86% in 2011. The appointment of a second orthogeriatrician has allowed the implementation of a joint protocol, and has improved preoperative care. Improved collaboration with A&E has resulted in the introduction of prompt fascia iliaca analgesia and greatly improved pain control. To review documentation and data, and to discuss issues and review progress, a multidisciplinary team meets monthly.

At Russells Hall Hospital NHFD participation allowed the clinical team to focus on patient experience, minimise delay, improve care and thus reduce morbidity and improve clinical outcomes. Between 2010 and 2012, the percentage of patients operated on within 36 hours rose from 80.9% to 89.3%; with figures for operation within 24 hours rising from 57.9% to 65%. The incidence of pressure ulcers has been reduced from 7.4% to 5.9%, and total Trust length of stay has fallen by 2.8 days.

The innovations behind these improvements include the introduction of dedicated nurse hip practitioners; a dedicated trauma coordinator; a 'hip suite'; patient group directives covering pain relief and IV fluids; and monthly team meetings to review and develop the service.

# Chart 12 - Surgery within 48 hours and during normal working hours (Blue Book Standard 2)

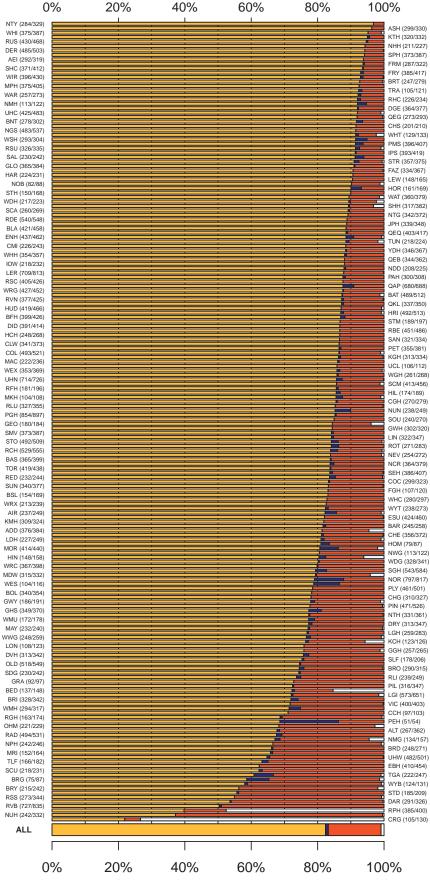
#### NICE CG 124

This rose from 80% in 2009/10 to 86% in 2010/11. The fall to 82.4% in this report may indicate that patients who have missed the 36 hour standard for BPT are now being further delayed, taking lesser priority than patients still likely to meet the 36 hour criterion. This possible unintended consequence of BPT implementation raises difficult questions of which clinicians and managers should be aware.

- Surgery in 48 hours & working hours (82.4%)
- Surgery in 48 hours but not within working hours (0.9%)

Hospital (n/N)

- Surgery not within 48 hours (15.9%)
- □ Unknown (0.9%)

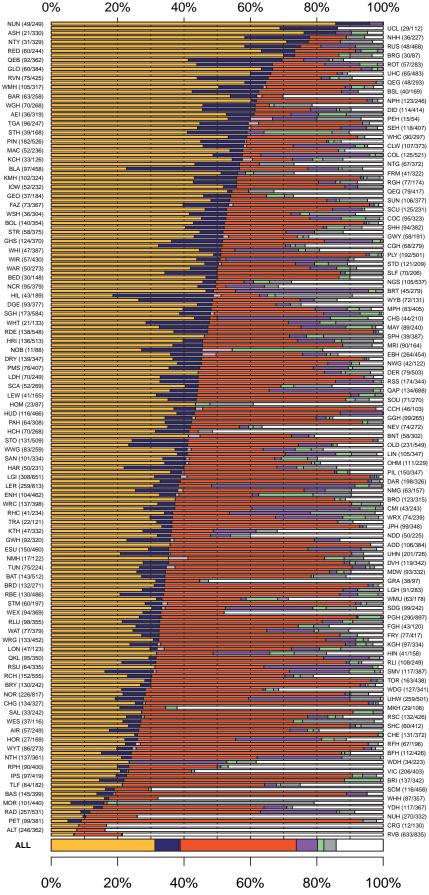


## Chart 13 - Reason for delay beyond 36 hours

#### NICE CG 124

There has been no change in the dominance of administrative factors over medical problems in causing pre-operative delay. The fact that the reason for delay is unknown in 14.2% of cases suggests that some hospitals are not as concerned about such delays as they should be.

- Medically unfit awaiting medical review investigation or stabilisation (31.2%)
- Medically unfit awaiting orthopaedic diagnosis or investigation (7.3%)
- Admin awaiting inpatient or high dependency bed (0.3%)
- Admin awaiting space on theatre list (35.0%)
- Admin cancelled due to list over–run (6.4%)
- Admin problem with theatre/equipment/staff (1.9%)
- Other (3.7%)
- ☐ Unknown (14.2%)



Includes only patients who underwent surgery after more than 36 hours. Hospitals with fewer than 10 patients delayed by 36 hours or more are not plotted

# **Chart 14 - Patients treated without surgery**

#### NICE CG 124

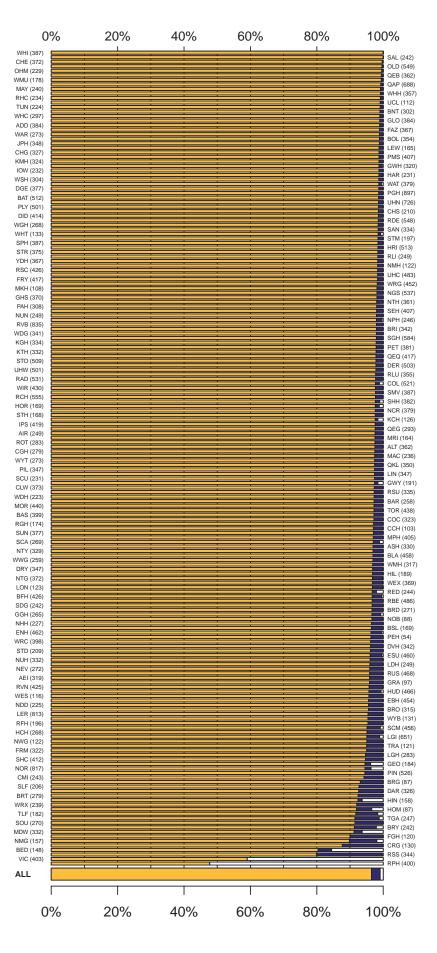
Despite the concern noted in last year's report regarding the two hospitals where more than 10% of patients are treated without surgery, these hospitals have not yet converged with standard practice. The range remains from 0-20%.

Hospital (N)

■ Surgery (96.5%)

■ No Surgery (2.6%)

□ Unknown (0.9%)



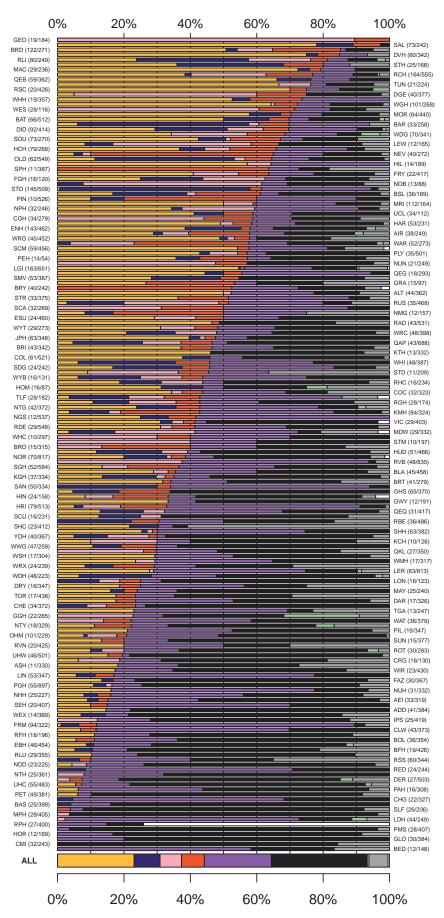
33

# Operations performed by fracture type.

# Chart 15 Undisplaced intracapsular fractures

There has been no change in the proportion of patients having arthroplasties (47%).

- Unipolar hemi (cemented) (23.1%)
- Arthroplasty
  Unipolar hemi (uncemented) (7.8%)
- Arthroplasty
  Bipolar hemi (cemented) (6.5%)
- Arthroplasty Other (6.9%)
- Internal Fixation SHS (20.2%)
- Internal Fixation Screws (28.9%)
- Other (0.5%)
- No operation performed (5.8%)
- ☐ Unknown (0.4%)



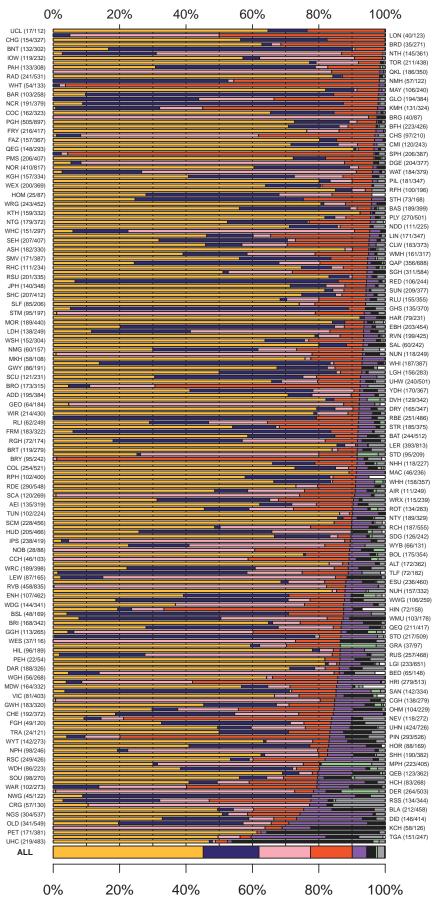
Hospitals excluded where less than 10 patients suffered an undisplaced intercapsular fracture

# **Chart 16 - Displaced intracapsular fractures**

#### NICE CG 124

There has been no change in the proportion of patients having arthroplasties (93%).

- Arthroplasty
  Unipolar hemi (cemented) (45.2%)
- Arthroplasty
  Unipolar hemi (uncemented) (16.8%)
- Arthroplasty
  Bipolar hemi (cemented) (15.5%)
- Arthroplasty
  Other (12.6%)
- Internal Fixation SHS (4.4%)
- Internal Fixation Screws (2.6%)
- Other (0.6%)
- No operation performed (2.2%)
- ☐ Unknown (0.2%)



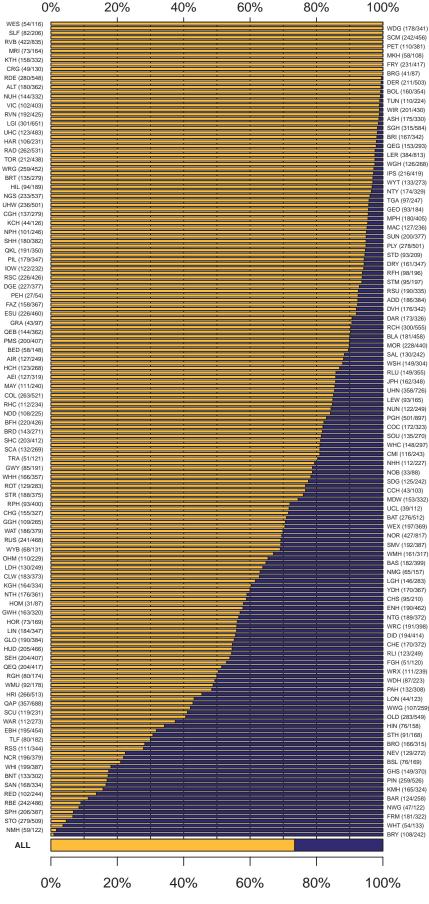
## **Chart 17 - Cementing of arthroplasties**

#### NICE CG 124

In 2010 the rate was 63%. This rose to 68.2% in 2011 and is now 73.4%. The range remains 0-99%.

Cemented (73.4%)

■ Uncemented (26.6%)



Includes all patients who underwent arthroplasty

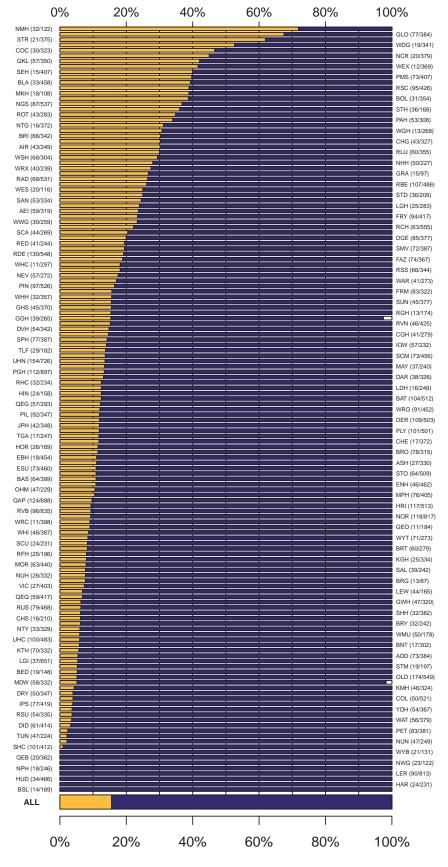
### **Chart 18 - Total hip replacement for displaced intracapsular** fractures

### NICE CG 124

NICE CG124 was published in June 2011. Analysis of the NHFD data from 2010-11 shows a 'compliance' rate of 10.7%. This year's rate of 15.6% suggests a rapid adoption of the NICE criteria for total hip replacement. However, the age distribution suggests that patients who are perceived to have lower requirements for mobility are less likely to be offered a total hip replacement.



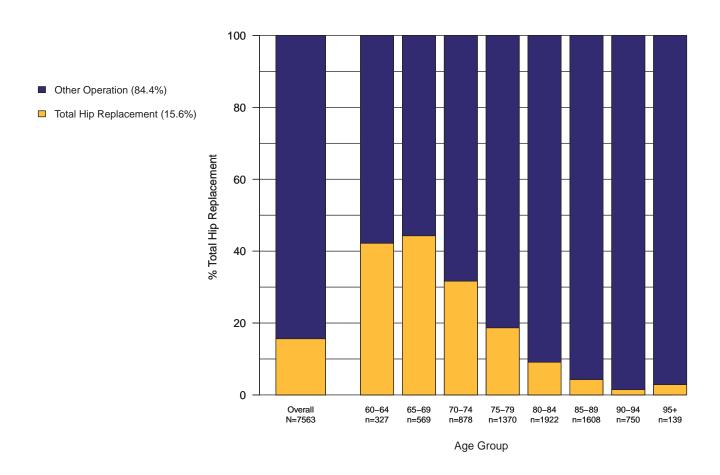
☐ Unknown Operation (0.0%)



Eligible patients: Displaced intracapsular fracture, able to walk outdoors with less than one aid, AMTS>7, ASA Grade of 3 or less and received an operation

Hospitals with less than 10 eligible patients excluded

### Chart 19 - Provision of total hip replacement by age of patient



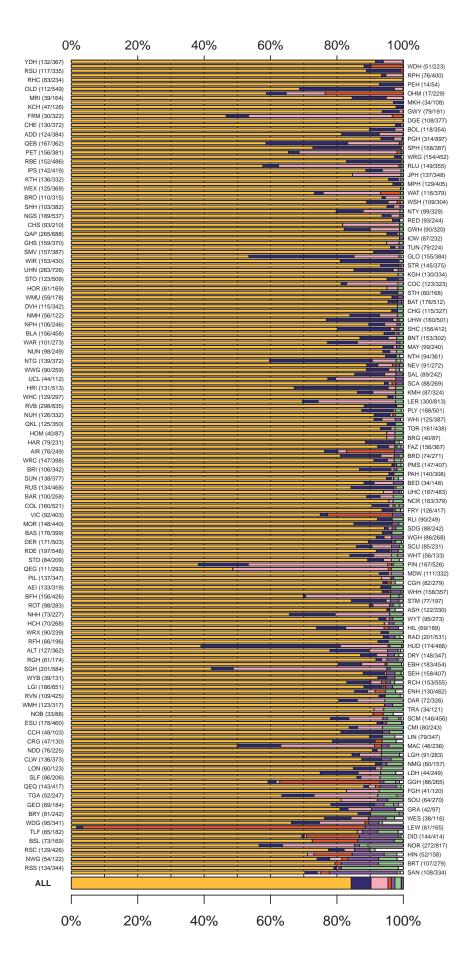
### **Chart 20 - Intertrochanteric fractures**

### NICE CG 124

The percentage of patients reported as having a clinically unlikely cannulated screw fixation has fallen from 1.9% to 1.0%. This may be an effect of improved coding. The percentage of sliding hip screws remains at 84%.



- Internal fixation IM nail (long) (5.9%)
- Internal fixation
  IM nail(short) (5.1%)
- Internal fixation Screws (1.0%)
- Arthroplasty (1.1%)
- No operation performed (1.9%)
- Unknown (0.2%)
- ☐ Other (0.4%)

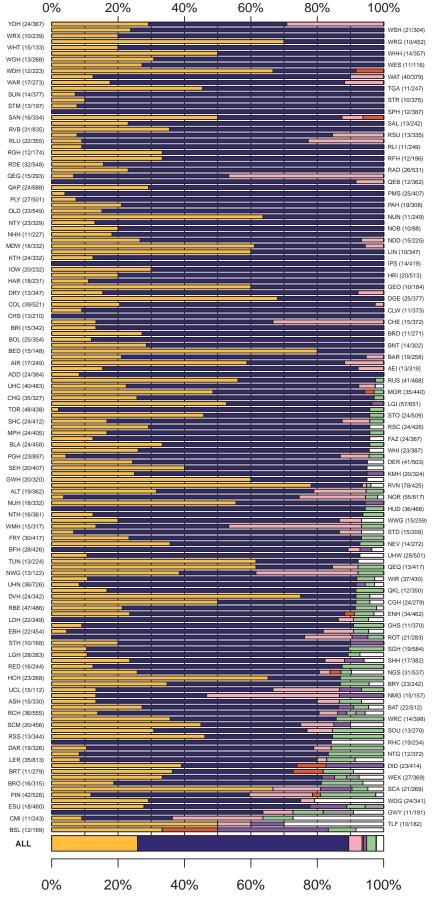


### **Chart 21 - Subtrochanteric fractures**

### NICE CG 124

The percentage of patients reported as having clinically unlikely cannulated screw fixation has fallen from 1.2% to 0.4%, again suggesting an improvement in coding. The percentage of sliding hip screws remains constant at 26%.

- Internal fixation SHS (25.9%)
- Internal fixation
  IM nail (long) (63.6%)
- Internal fixation
  IM nail(short) (4.0%)
- Internal fixation Screws (0.4%)
- Arthroplasty (1.0%)
- No operation performed (2.8%)
- Unknown (0.1%)
- ☐ Other (2.2%)



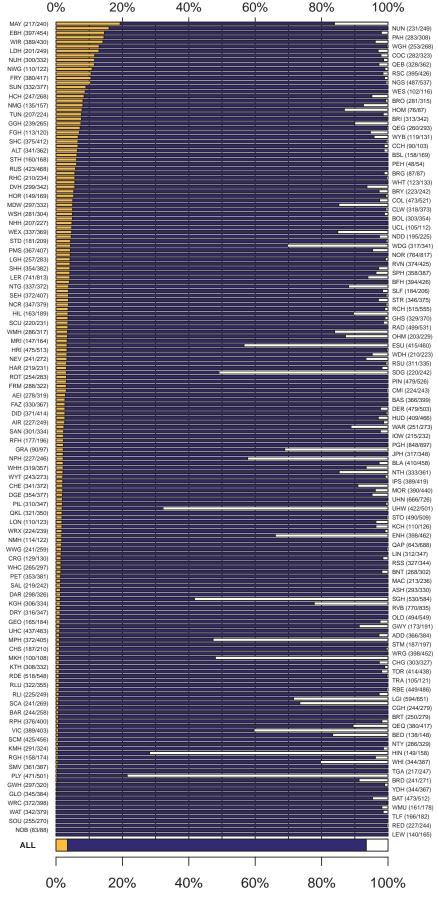
Hospitals excluded where less than 10 patients suffered a subtrochanteric fracture

### Chart 22 - Development of pressure ulcers (Blue Book Standard 3)

### NICE CG 124

The incidence of pressure ulcers (3.7%) remains unchanged from 2011; but the rate of 'unknown' has fallen from 9.3% to 6.5%, suggesting that hospitals are recognising the importance of this complication.

- Pressure Ulcers (3.5%)
- No Pressure Ulcers (90.0%)
- □ Unknown (6.5%)

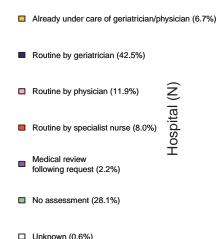


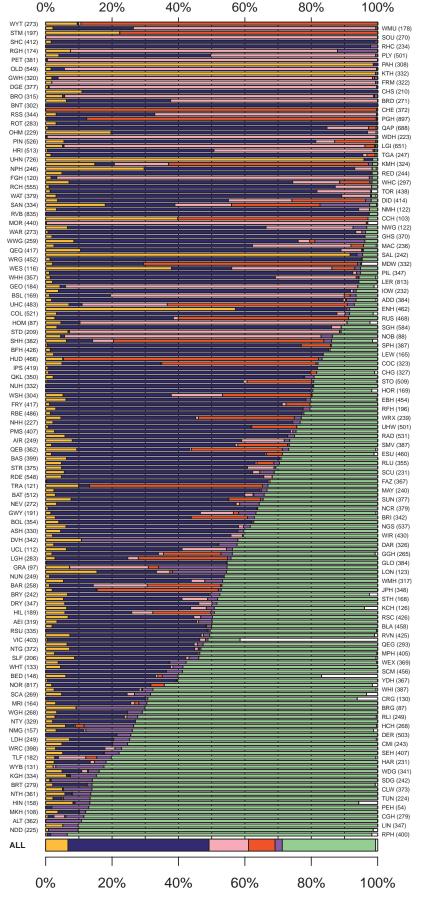
Excludes patients who died in hospital

In response to the challenge of BPT, the St Helier, Carshalton, trauma service established a 23-bed hip fracture unit with a full-time orthogeriatrician and junior medical staff. All patients come under the joint care of both orthogeriatric and orthopaedic teams throughout their acute stay. With the first two slots on the trauma list each morning reserved for hip fracture, average time to theatre has fallen to 24 hours. In the last 12 months 100% of patients have had preoperative, bone health and specialist falls assessment. Over two years pressure ulcer incidence fell from 17% to 6.2%. Mortality too has fallen: from 17% in Q1 2011/2012 to 7.4% in Q4. BPT attainment has risen from 0% over Q1-Q3 2010/2011 to 92% in Q4 2011/2012.

### Chart 23 - Preoperative medical assessments (Blue Book Standard 4)

In 2010 the reported rate of routine preoperative review by a geriatrician was 31%. This rose to 37% in 2011 and is now 42%. The range remains 0-100%. The option 'Routine by physician' is intended to capture review by a physician at ST3 level or above, rather than by a foundation grade doctor, as has been the case in a minority of units. In BPT terms, this would be misleading.



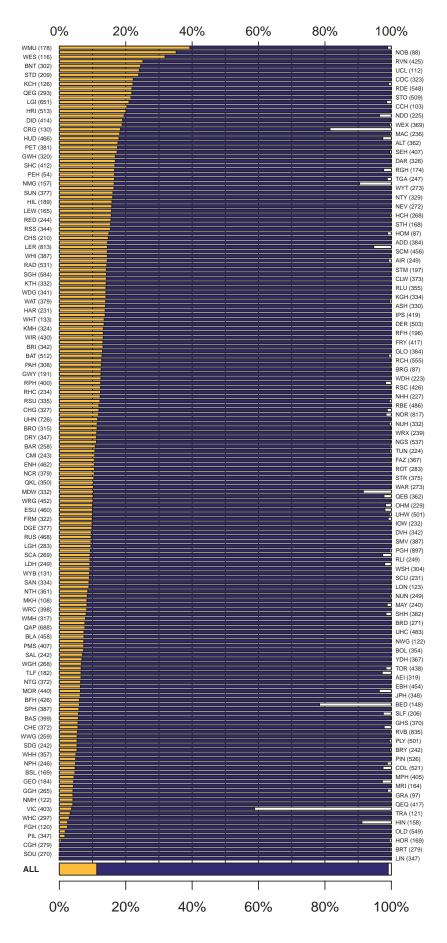


In Carmarthen a change programme initiated by orthopaedic surgeons, supported by management and led by an enthusiastic orthogeriatrician set up a 15-bed acute hip fracture unit - the first in Wales - in a former medical ward in June 2011. With a full-time orthogeriatrician supported by junior staff, a specialist trauma nurse, a fast-track A&E protocol, new procedures to ensure 7-day preoperative assessments, multidisciplinary teamwork, and routine cognitive assessment, falls assessment and osteoporosis assessment, care improved, with a 1% fall in mortality, and a reduction in average acute stay from 16 to 14 days. Improved training opportunities arose, with orthopaedic and medical juniors working well together, and effective team working resulting in improved morale.

### Chart 24 - Bone protection medication at admission

There has been no change in the proportion of patients admitted on bone protection since the 2011 Report.

- On bone protection medication at admission (11.3%)
- Not on bone protection medication at admission (87.8%)
- ☐ Unknown (0.9%)



### Chart 25 - Bone health assessment and treatment at discharge (Blue Book Standard 5)

94% of patients received assessment for bone protection, with medication where appropriate prescribed prior to discharge (up from 87%) This is likely to be a result of the stimulus of BPT.



Started on this admission (57.2%)

Awaits DXA Scan (6.6%)

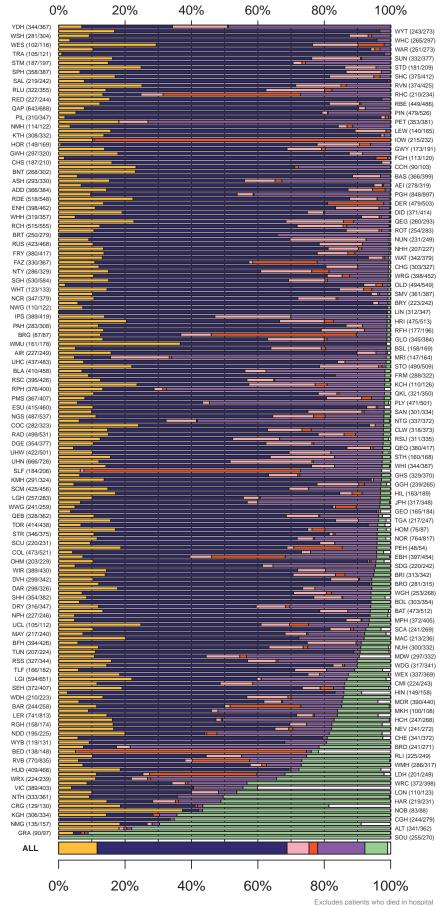
Awaits bone clinic assessment (2.6%)

Assessed – no bone

protection medication
needed/appropriate (14.2%)

■ No assessment (6.9%)

☐ Unknown (0.9%)



Excludes patients who died in hospital Patients are included under the highest level of bone health assesment which they received. Levels are plotted in the hierarchical order

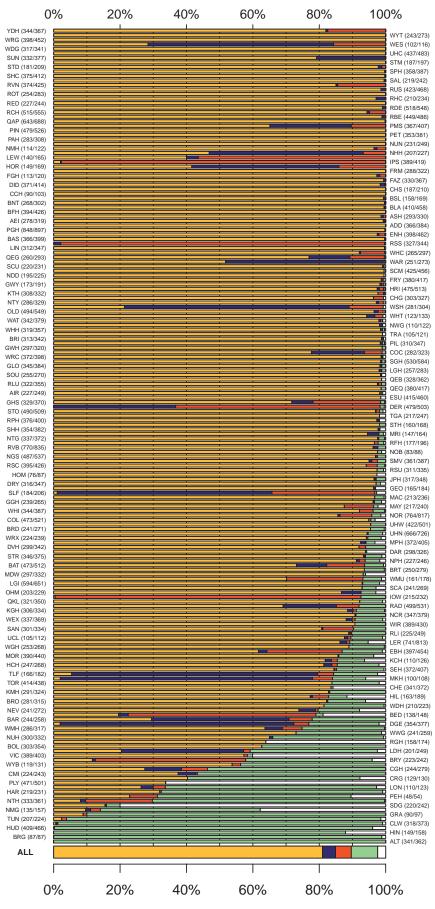
### Chart 26 - Specialist falls assessment (Blue Book Standard 6)

The proportion of patients having falls assessment by the time of discharge is 92%, up from 81% in 2011. This is likely to be a result of the stimulus of BPT.

- this admission (81.0%)
- Yes awaits falls clinic assessment (3.9%)

Yes - performed on

- Yes further intervention not appropriate (4.8%)
- No falls assessment (7.9%)
- ☐ Unknown (2.4%)



Excludes patients who died in hospital

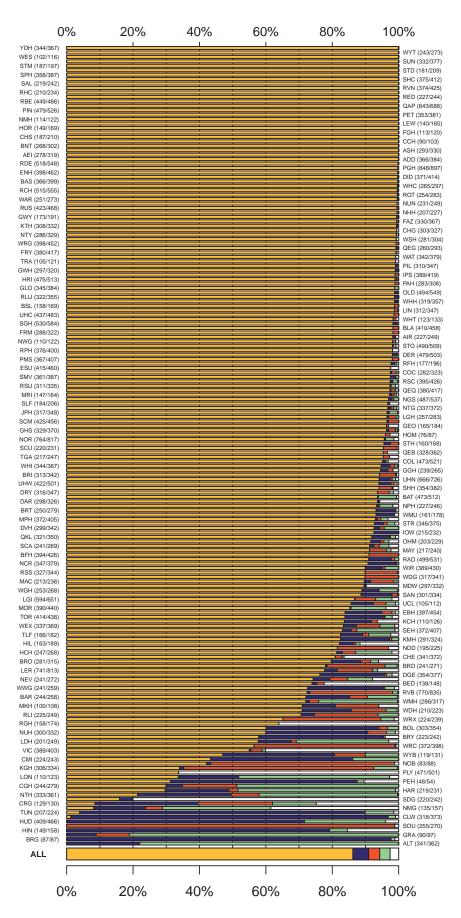
### **Chart 27 - Secondary prevention overview**

97% of patients now have secondary prevention assessments by the time of discharge: up from 94% in 2011. This is likely to be a result of the stimulus of BPT.

- Bone protection assessment only (4.8%)
- Falls assessment only (3.3%)

■ Both assessments (86.2%)

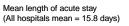
- No assessments (3.1%)
- ☐ Unknown (2.6%)



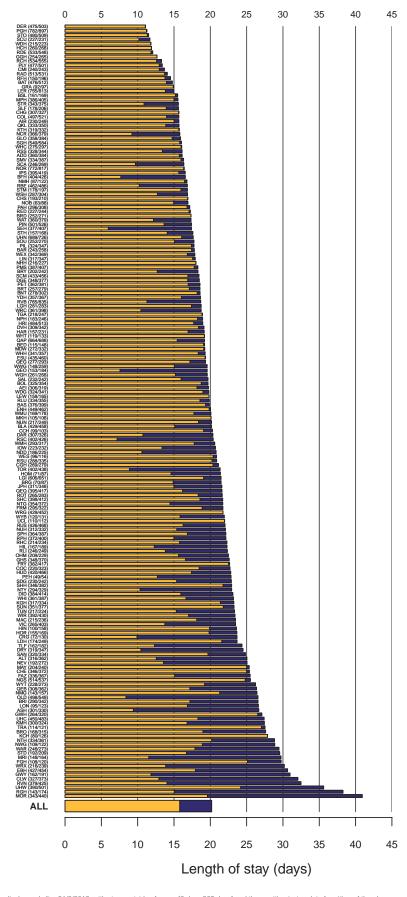
Excludes patients who died in hospital. 'Unknown' includes any patients with one or more unknown assessment

### Chart 28 - Length of acute and post-acute Trust stay

The mean combined length of acute and post-acute Trust stay is down from 21.2days in 2011 to 20.2 in this report. With such bed days costed at £242 each<sup>7</sup>, this represents a saving of c. £14.4 million.



Mean length of post acute stay (All hospitals mean = 4.4 days)



Excludes patients discharged after 31/3/2012, with stays outside of range [0 days,365 days] and those with missing data for either of the phases.

For CHS and WRG acute stay is measured by Trust stay. CHS has no dedicated orthopaedic ward.

WRG's orthopaedic ward closed part way through the year.

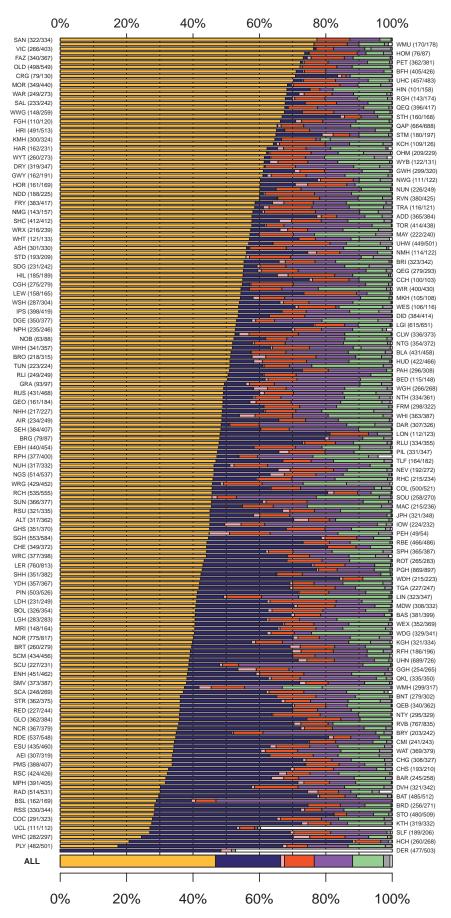
Recognising that a traditional model of hip fracture care was sub-optimal ("We were letting our patients down"), clinicians and managers at Pinderfields centralised trauma services and used NHFD data and the incentive of BPT to transform hip fracture care. With the introduction of a 36 bedded orthogeriatric ward – 24 specifically for hip fracture patients, new staff appointments, dedicated theatre time, a hip fracture pathway, preoperative optimisation by anaesthetists and the orthogeriatrician, a 'future breach analysis form' to address a target of 24-hour maximum pre-operative delay, and a hip fracture steering group to monitor progress, very substantial improvements in care and outcomes were achieved between April 2011 and March 2012.

The changes depended on many factors, including competency-based training, practice change, teambuilding sessions and additional equipment (such as sensor pads to reduce in-hospital falls.) Successive quarter-by-quarter improvements were achieved in BPT criteria compliance and in BPT achievement – with the latter rising from 37% to 73%. Mortality fell from 11% in 2010/11 to 7% in 2011/12, and acute length of stay from 19 to 10 days. Feedback on patient and visitor ward rounds is now 'excellent'.

### **Chart 29 - Discharge destination from Trust**

This is largely unchanged from last year's report, although it is encouraging that only 9.1% of patients died in hospital, compared to 9.5% reported in 2011.

- Own home/sheltered housing (46.8%)
- Rehabilitation unit (19.6%)
- Acute hospital (1.2%)
- Dead (9.0%)
- Residential care (11.5%)
- Nursing care (9.3%)
- Other (1.9%)
- ☐ Unknown (0.7%)



Excludes patients discharged after 31/03/2012

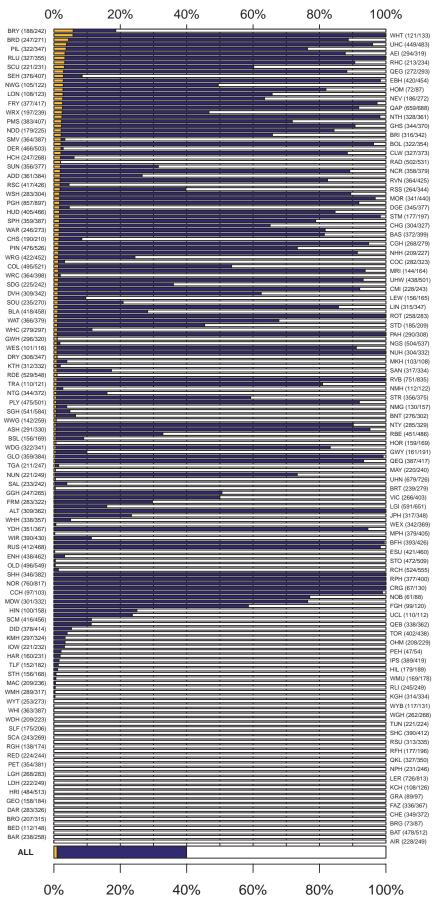
### Chart 30 - Re-operation within 30 days

Having a second operation within 30 days of major hip surgery is an extremely significant event, bringing increased morbidity and mortality. The fact that so large a proportion (60%) of the data is 'unknown' is of great concern.

Better 30-day follow up is needed.



- No re-operation within 30 days (39.0%)
- ☐ Unknown (60.0%)



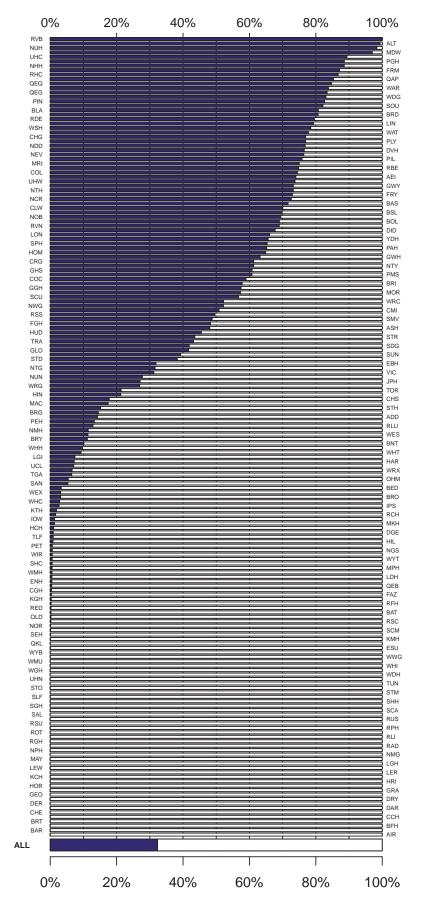
Excludes patients who were not initially treated with surgery or were discharged after 31/03/2012

### Chart 31 - Follow up data completeness at 30 days

Hospitals need to know how well their patients recover from the injuries that they are treated for. The 30-day and 120- day follow up data consists of seven fields that can be completed by means of a questionnaire or telephone conversation and yet less than a quarter of these fields are completed, with half of all hospitals making no attempt to follow up their patients.

■ Complete (32.3%)

□ Not Complete (67.7%)



Completeness of six variables collected at 30 days among patients recorded to be alive 30 days after admission

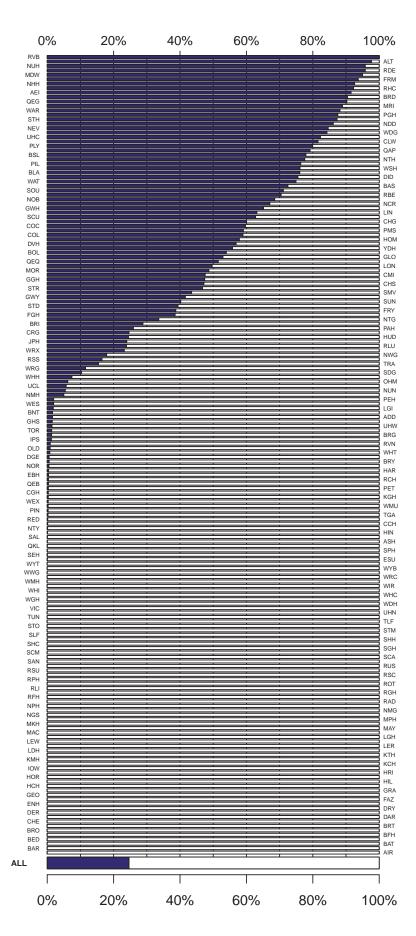
RVH Belfast admits more than 900 hip fracture patients a year, and NHFD data is collected as part of a wider Fracture Outcomes Research Database, which now achieves 99% follow-up. Data is sourced from clinical records and the theatre management system. Telephone reviews at 30 days, four months and one year are undertaken by audit nurses, who contact nursing, residential and rehabilitation units directly and cross-check the remainder with hospital PAS data, GPs, patients and next of kin.

Systems queries have been created to highlight duplicates and missing data. A monthly review of all hip fracture X-rays ensures the accuracy of diagnosis and treatment coding. Data is then uploaded monthly to the NHFD. Although the Best Practice Tariff does not apply in Northern Ireland, NHFD participation is valued by clinicians, managers and commissioners as providing reliable information to support service evaluation and change, and to influence policy.

Royal Devon and Exeter Hospital has participated in the NHFD since 2008, and since then has implemented daily trauma meetings and a fast-track protocol to reduce time from A&E to orthopaedic care; recruited two trauma nurse practitioners and two orthogeriatricians; and introduced monthly multidisciplinary review meetings involving clinicians and managers. In the last four years inpatient mortality for hip fracture has fallen from 6% to 4%, and 28 day mortality from 13% to 7%.

In order to determine longer-term outcomes, telephone follow-up at 30, 120 and 360 days – carried out by a trauma nurse practitioner and a trauma ward administrator – has achieved over 99% completeness at all three intervals. Total time spent on telephone calls averages six hours per week. Outcomes documented include place of residence, mobility, and compliance with bone protection medication. Patients' concerns are addressed, and data on longer term outcomes provide a much more comprehensive picture of outcomes following hip fracture care.

### Chart 32 - Follow up data completeness at 120 days

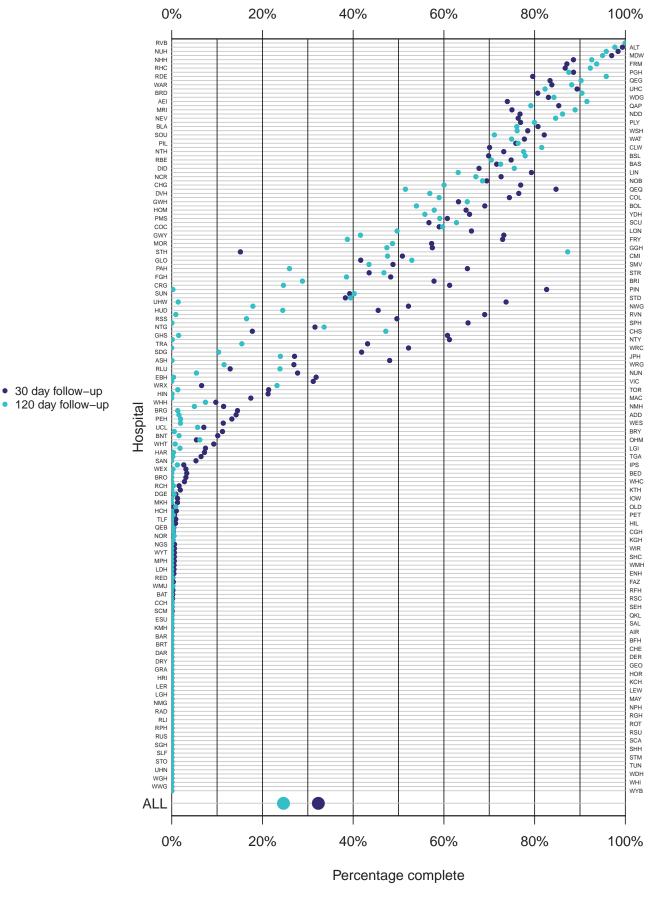


Complete (24.6%)

□ Not Complete (75.4%)

Completeness of six variables collected at 120 days among patients recorded to be alive 120 days after admission

### Chart 33 - Follow-up completeness at 30 and 120 days

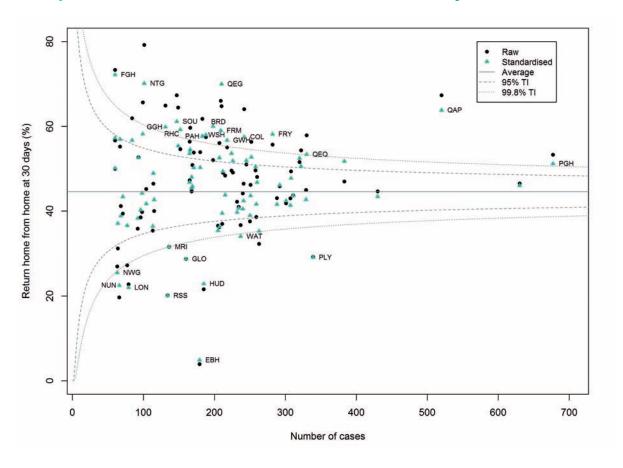


Completeness of six variables collected at 30 and 120 days after admission among patients recorded to be alive on each day.

At Basingstoke Hospital the approach to the collection of NHFD follow-up data developed over the first few years of NHFD participation. An initial plan was to collect data from patients attending a multidisciplinary follow-up clinic. Telephone follow-up - largely carried out by medical staff – was also explored, and some benefits noted (direct contact with patient and/or carer; ability to address wider concerns) but proved difficult because of the limited availability of time, and problems of scheduling the calls to the follow up intervals. Positive experience locally of postal follow-up after elective arthroplasty suggested a switch to postal questionnaires with pre-paid reply envelopes. Daily checks on the NHFD website for patients reaching follow-up points, and checks with hospital PMS to ensure patients are no longer in-patients and remain alive, precede the dispatch of the postal questionnaire. Where patients raise issues, either through additional comments on the form or on an accompanying letter, a telephone call and/or a multidisciplinary clinic review may follow. Only nine of the initial 115 patients were lost to follow-up at 120 days, and data – particularly that relating to mobility - has been encouraging: with a substantial decrease in patients requiring two walking aids between the 30- and 120-day follow-ups.

### Casemix adjusted outcomes:

### Funnel plot for return home from home at 30 days



Results: Return home from home at 30 days

For patients, a safe and early return home following hip fracture is a major priority. This analysis shows from the available data the rate of return home by 30 days of patients admitted from home or sheltered housing. However, since only 74.8% of patients are admitted from home or sheltered housing, since the overall completeness of follow-up-up data at 30 days is only 56.2%, and since hospitals submitting fewer than 60 eligible cases were excluded, only 17,374 cases are included in this plot.

Please see Appendix B for a list of excluded hospitals.

The overall rate of return home by 30 days is 44.6%. The three most important predictors of return home are walking ability, age, and ASA grade – which provide the basis for the casemix standardisation shown here.

Other determinants of rate of return home are clearly complex, and include: the effectiveness of early rehabilitation; the availability of community rehabilitation, and the provision of specialist early supported discharge schemes – all of which clearly vary greatly across the country. There is also evidence that ready access to downstream beds may result in longer overall acute hospital stay, and hence lower rate of return home by 30 days. Together, these factors may account for the high degree of variance displayed here. That variance, together with the poor completeness of 30 day follow-up data, suggests a cautious approach to the interpretation of this plot.

NHS superspell data, which is likely to appear in the 2012 Supplementary Report, should further clarify matters.

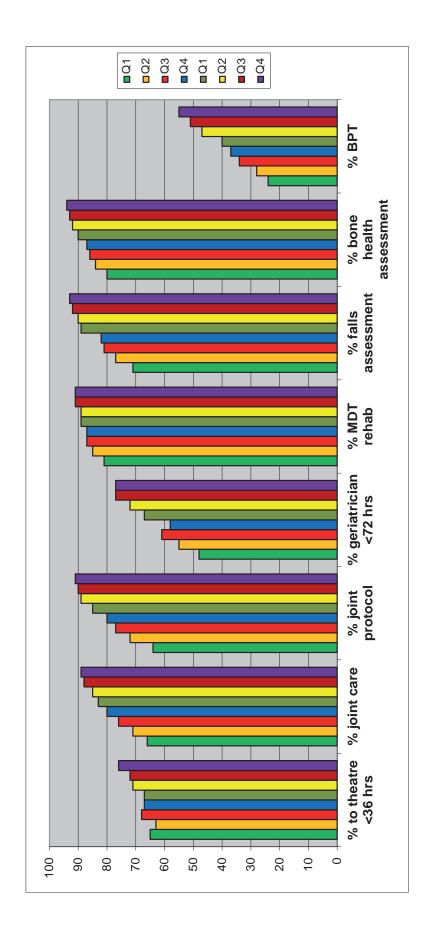
St Peter's Hospital began NHFD participation in 2009. In order to meet NHFD clinical standards, the trust appointed two orthogeriatricians in early 2010. Although some aspects of care improved, preoperative delay beyond 36 hours remained common; and in the first quarter of BPT implementation only 49% of patients achieved BPT standards. The Trust invested in a 4-day EQIP (Efficiency, Quality, Improvement and Productivity) initiative on the hip fracture pathway in September 2010. Analysis of NHFD data showed longest delays occurring during or just after the weekend. To address this, and all-day Saturday list was split into two half-day weekend lists. Since November 2010, 60% of patients have surgery within 24 hours, and 80% within 36 hours. Time to orthopaedic ward admission was also reduced: by the introduction of a priority hip fracture bleep; and by eliminating delays in obtaining air mattresses from central stores by the provision of a ready-use on-ward mattress. Weekend physiotherapy and a hip fracture exercise class improved mobilisation within 24 hours of surgery. Length of stay dropped from 25 to 22 days – with considerable efficiency savings. Importantly, discharge to original residence has improved: to 60% within 25 days now, compared with 44% within 30 days two years ago.

### Best Practice Tariff (BPT)

The NHFD – with its extensive coverage and detailed documentation of casemix, care and outcomes – prompted the selection of hip fracture as a topic for the Department of Health's Best Practice Tariff (BPT) initiative, which applies only in England. BPT offers additional payment for cases the care of which meets agreed standards (surgery within 36 hours; care by surgeon and geriatrician; care protocol agreed by geriatrician, surgeon and anaesthetist; pre/perioperative assessment by geriatrician; geriatrician-led multi-disciplinary rehabilitation; secondary prevention including falls and bone health assessment) that are monitored by the NHFD.

As the table and bar-chart below show, between April 2010 and April 2012 participation has increased steadily quarter by quarter: with ever-rising numbers of hospitals taking part; of cases submitted; and of cases meeting the tariff standards.

2010/11	Eligible hospitals	Hospitals achieving BPT	Number of pts submitted	Number of pts achieving BPT	Range
Qtr 1	162	92(57%)	9,455	2,303(24%)	2 – 81%
Qtr 2	165	105(64%)	11,839	3,328(28%)	2 – 74%
Qtr 3	163	111(68%)	13,136	4,502(34%)	1 – 83%
Qtr 4	167	118(71%)	12,680	4,671(37%)	1 – 86%
2011/12					
Qtr 1	170	131(77%)	13,070	5,210(40%)	1 – 88%
Qtr 2	166	133(80%)	13,221	6,170(47%)	1 - 89%
Qtr 3	166	138(82%)	14,116	7,193(51%)	2 – 88%
Qtr 4	168	147(87%)	14,046	7,654(55%)	2 – 95%



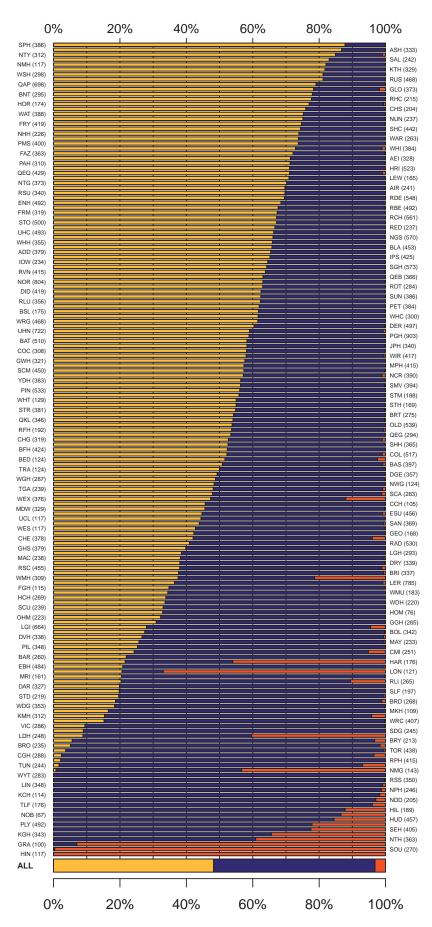
At a 'grand round-table' meeting in May 2011, hip fracture care at Chelsea and Westminster was recognised as sub-optimal. This marked the beginning of a sustained and successful effort to improve patient care and also to respond to the incentives offered by the Best Practice Tariff. Resultant changes included dedicated theatre sessions for trauma, regular thrice-weekly orthogeriatrician rounds, weekly discharge planning meetings, and a weekly osteoporosis ward round. An agreed assessment pro forma was introduced, and is now completed for 100% of patients; and the Electronic Patient Record now documents collaborative care. BPT achievement has risen from <10% to >60%, attracting additional income of over £127,000; and average acute length of stay has fallen from 24 to 19.5 days, with estimated savings of £91,000. In-patient mortality has fallen from 11% to 9%, and feedback from staff, patients and carers is now favourable.

Queen Alexandra Hospital, Portsmouth, has participated in the NHFD since its launch in 2007, and has used data to highlight service issues and improve care over the years. The 2011 NHFD National Report showed how QAP performed better than national and/or SHA averages in terms of: time to admission to orthopaedic care; preoperative geriatrician assessment; operation within 36 and 48 hours; and falls and bone health assessment. It also performed well in terms of discharge to previous residence (70%, compared with a national average of 46%). Notably, in the 2011 NHFD Report, at 78% it ranked first in BPT achievement.

This year, 99.5% of patients were assessed by an orthogeriatrician within 72 hours and 79.7% of patients had surgery within 36 hours. BPT achievement too has risen, to 79.7%.

Resulting BPT monies to the Trust amounted to £227,000 for 2010/11, and £488,000 for 2011/12.

### Chart 34 – BPT uplift eligibility (England only)



Eligible – meets all 9 criteria (48.2%)

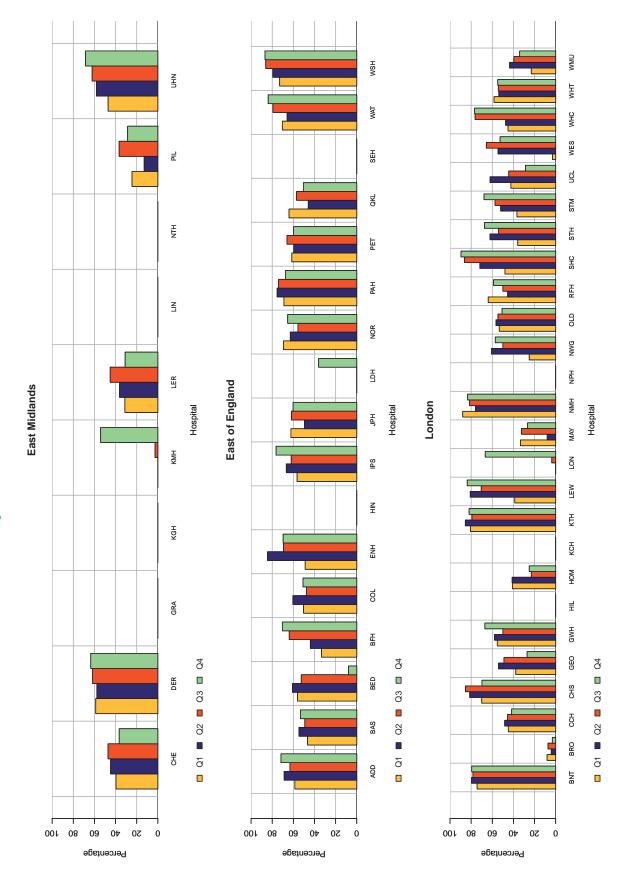
Ineligible – meets 4–8 criteria (48.6%)

Ineligible – meets 0–3 criteria (3.2%)

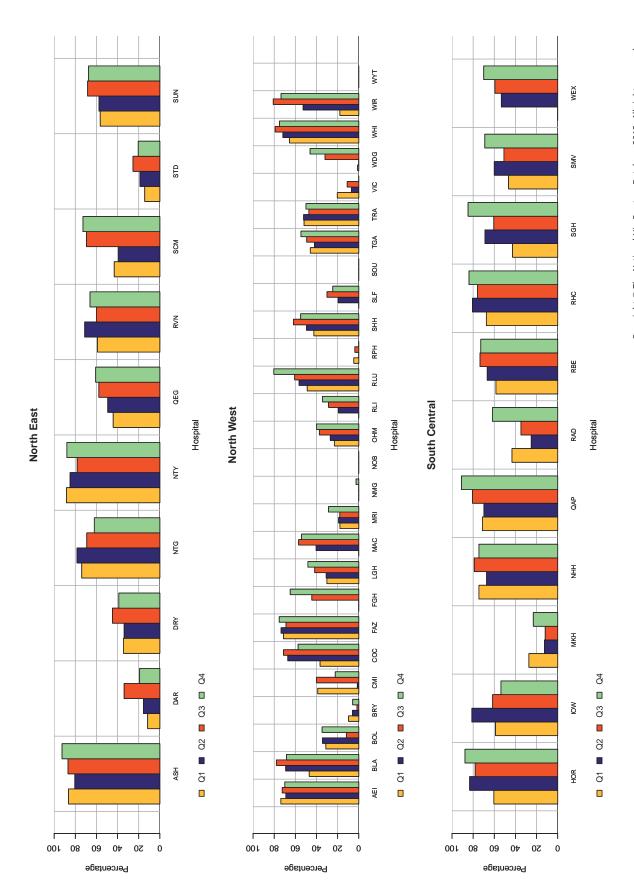
Only includes hospitals in England

East Lancashire Hospitals NHS Trust first participated in the NHFD in February 2010. Since then clinicians and managers have found NHFD data invaluable in assisting the clinical team to monitor and improve the quality of care for hip fracture patients. The introduction of an integrated care pathway, together with close scrutiny of delays exceeding 48 hours and the appointment of an orthogeriatrician, helped greatly in achieving Best Practice Tariff standards in hip fracture care – which rose from 15.6% of cases in 2010/2011 to 65.3% in 2011/2012. In addition, the incidence of pressure ulcers fell from 5.9% in July 2010 to 2.4% now. All this was achieved by the regular sharing of NHFD data with the team, focused efforts on problem areas the data highlighted, and thus improving compliance with the six Blue Book standards of care. A bid for funding for an East Lancashire Fracture Liaison Service has recently succeeded in securing re-enablement monies, with plans now to commence this service within the next six months.

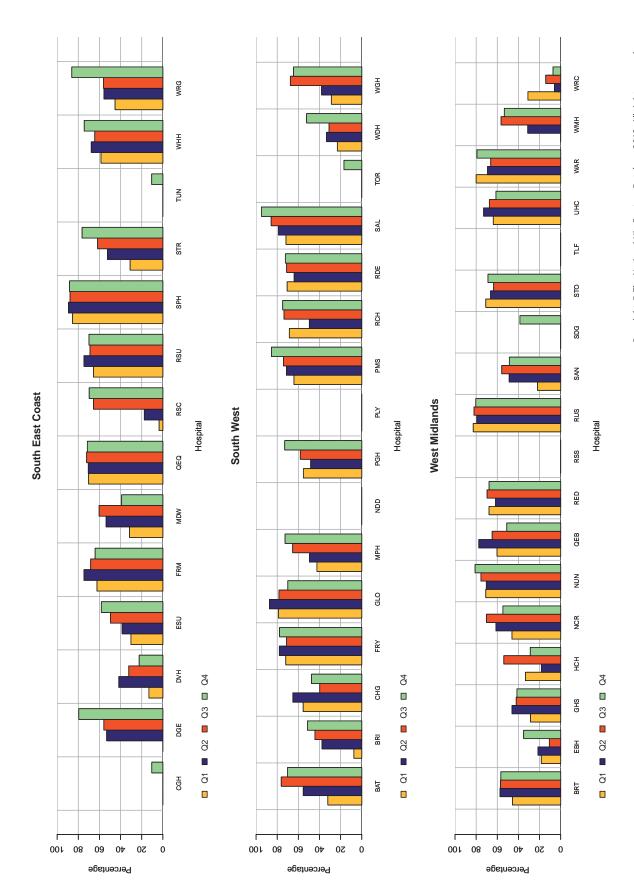
## **Best Practice Tariff - achievement by SHA**



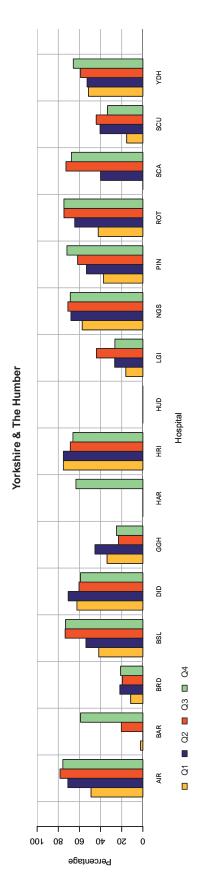
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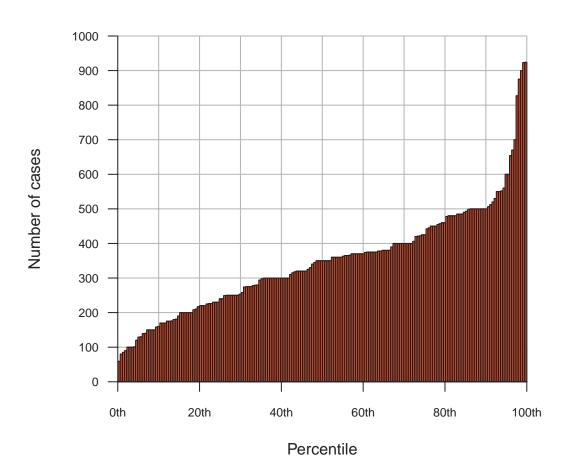
### **Facilities Audit**

To understand care of patients with hip fractures in individual hospitals, it is helpful to have data on the facilities that are available locally. Each year the NHFD requests details of the population the hospital serves and number of hip fracture patients treated; and also on staffing levels, details concerning the number of orthogeriatric ward rounds, and arrangements for secondary prevention of fractures. Details of how the NHFD data is collected are also requested.

This data helps to make comparisons between hospitals fairer. Case ascertainment should be based on the number of cases reported to NHFD in relation to the number of cases admitted (the latter often reported in terms of numbers the previous year). However, some hospitals show wild fluctuations in their estimated case load. This, together with its impact on estimated national figures – has created difficulties currently being addressed by work commissioned to link NHFD and HES data, with a view to providing more robust denominators at both hospital and national level.

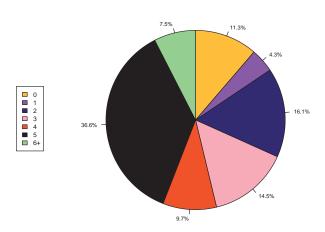
Despite current limitations, the overall catchment areas and hip fracture numbers are virtually unchanged from last year, although four fifths of hospitals now consider themselves to be District General Hospitals, compared with three quarters in 2011. The remainder have some tertiary role.

### Number of hip fractures treated each year by unit



### **Facilities Audit Chart 1**

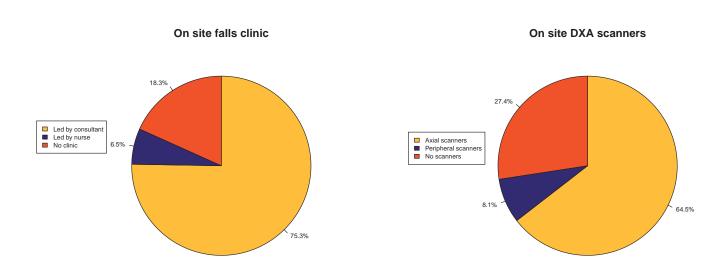




There has been an impressive improvement in orthogeriatric provision, with the percentage of hospitals having no orthogeriatric ward rounds falling from 14.2% in 2011 to 11.3%, while 44.1% have five or more ward rounds a week (compared with 31.8% in 2011).

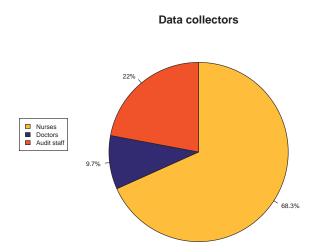
### **Facilities Audit Chart 2**

### **Facilities Audit Chart 3**



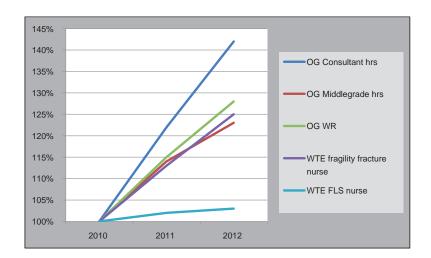
There has been a marginal increase in the provision of on-site Falls Clinics and DXA scanning compared with 2011.

### **Facilities Audit Chart 4**



### Trends in the staffing of units

One hundred and fourteen hospitals have contributed a Facilities Audit to the Report for each of the last three years. Taking the average figure for 2010 as the baseline there has been an improvement in the provision of both consultant and middle-grade orthogeriatricians, with an associated substantial increase in the number of ward rounds undertaken. While fragility fracture nurse hours have increased there has been no change in the provision of fracture liaison nurses.



The marked rise over three years in orthogeriatrician staffing is particularly striking. Promoting collaborative care through the involvement of orthogeriatricians was identified from the earliest stages of the development of the NHFD as vital to improving hip fracture care: pre-operatively, in order to minimise unnecessary delay to surgery, post-operatively in identifying medical complications early and treating them effectively; and in leading early multi-disciplinary rehabilitation directed at promoting patients' mobility and self-care. It is therefore a matter of concern that many units have not yet achieved collaborative care through adequate orthogeriatrician staff.

# Strategic Health Authority summary tables

### **Channel Islands**

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Mean (SD) total length of stay - acute + post-acute (days)	.1)	(1)	0.
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	6.5	5.9	0.7
		22	20
Mean (SD) length of post-acute stay (days)	4	(4:	<u> </u>
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Mean (SD) length of acute stay (days)	79.2 12.7 (11.6)	(9	
	11.	12.7 (11.6)	13.1)
	7	7 (	7 (
	12	12	83.8 15.7 (
% Bone health medication assessment (BB Std 6)	.2	87.8	∞.
	79	87	83
(2 722 77)		-	6
% Falls assessment (BB Std 5)	34.9	34.9	91.9
	က	က	0
% Patients developing pressure ulcers (BB Std 4)	7	7	7
() P40 dd) ereelii eriiseera raiaeleiieh efaciied //	6.2	6.2	3.7
% Pre-operative assessment by geriatrician (BB Std 3)	6	6	2
(S bt2 gg) aciointeines ud tagassesse avitanage and 30	1.9	1.9	49.5
(7 DIO GG) CHIO+ HILDIM (106 DO 0)	ပ	9	1
% Surgery within 48hrs (BB Std 2)	68.6	68.6	83.
	Ш		
% Admitted to orthopaedic care within 4hrs (BB Std. 1)	81.5	1.5	52.4
	∞	81	2
% Data completeness of reporting fields	9.	9.	9.
	85	85.	92
% case ascertainment	2	2	-2
tramaistranse asen %	91.5	91.5	93.5
	,	0,	
Number of cases submitted	54	54	55
	l <sub>1</sub>	2	59365
			20
Estimated number of hip fractures (Facilities Audit)	59	59	0
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## East of England

Mean (SD) total length of stay - acute + post-acute (days)		<u>.</u>	<u>.</u>	· ·	<u></u>	<u></u>	<u> </u>	÷	·-	<u></u>	<u>.</u>	<u></u>	<u>(</u> ;	<u></u>	(E	·:	·-	()	<u> </u>	ê
	16.2 (12.1)	19.9 (19.3)	19.2 (16.4)	16.5 (12.5)	15.7 (12.3)	20.0 (15.2)	23.6 (16.1	16.5 (11.4)	21.6 (22.4)	7 (21.0)	16.4 (11.9)	.2 (13.0)	18.6 (16.2)	7 (12.4)	.5 (11.6)	17.4 (16.4)	17.0 (13.4	17.8 (14.8)	19.7 (17.1	20.2 (18.0)
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Mean (SD) length of post-acute stay (days)	0.4 (5.9)	0.5 (4.9)	0.1 (1.2)	8.8 (11.1)	1.6 (7.2)	(3.0)	(8.9)	(4.9)	6.6 (17.0)	(2.7)	(1.2)	( 2.6)	(8.9)	(7.4)	11.4 (11.3)	(14.7)	(8.6)	( 9.1)	9 (11.9)	4.5 (13.2)
	0.4	0.5	0.1	8.8	1.6	0.2 (	3.7 (	0.9	9.9	2.1 (	0.1	0.3 (	1.6	1.8	11.4	5.2 (	4.2 (	2.8 (	3.9	4.5 (
Mean (SD) length of acute stay (days)	15.8 (11.0)	91.5 19.4 (18.8)	3 19.1 (16.3)	7.5)	14.0 (10.4)	19.9 (15.1)	(14.6)	(10.6)	15.0 (13.2)	(20.2)	(11.8)	(12.4)	(12.8)	(10.2)	(9.9	(7.4)	( 9.1)	15.0 (12.8)	15.8 (13.1)	15.7 (13.1)
	15.8	19.4	19.1	7.7 (7.5)	14.0	19.9	19.9	15.7	15.0	21.6	16.3	16.8	17.0	13.9	9.0 (	12.2	12.8	15.0	15.8	15.7
% Bone health medication assessment (BB Std 6)	88.8	91.5	8.3	76.4	95.0	86.7	94.1	76.1	94.0	34.5	92.0	94.0	91.2		77.0		93.2	94.9	93.1	83.8
% Falls assessment (BB Std 5)	100.0	99.7	97.3	100.0	98.7	99.7	0.0	100.0	97.2	60.7	97.2	100.0	100.0	93.1	85.7	100.0	100.0	94.0	97.8	91.9
% Patients developing pressure ulcers (BB Std 4)	1.1	2.7	6.0	4.1	5.2	2.7	2.4	2.1	2.2	13.3	4.3	14.5	1.4	1.9	3.8	0.0	5.0	4.0	4	3.7
% Pre-operative assessment by geriatrician (BB Std 3)	90.1	70.2	39.8	85.2	88.9	90.3	9.4	81.9	15.2	20.6	32.1	100.0	0.5	77.7	17.4	89.7	37.8	58.4	49.8	49.5
% Surgery within 48hrs (BB Std 2)	85.2	83.8	85.3	87.0	87.3	89.2	85.6	91.3	88.8	81.8	79.0	87.7	86.5	87.2	83.9	90.7	91.5	86.2	84.2	83.1
% Admitted to orthopsedic care within 4hrs (BB Std. 1)	66.7	17.1	72.9	89.8	37.1	54.4	32.7	82.8	26.8	20.2	53.2	21.6	68.3	71.8	33.8	55.4	84.8	51.7	49.9	52.4
% Data completeness of reporting fields	94.9	97.1	84.5	91.4	93.5	91.5	85.5	93.4	95.3	0.68	95.9	6.86	94.6	93.1	0.68	95.5	97.2	93.7	92.8	97.6
% case ascertainment	80.0	106.7	67.3	96.4	104.2	92.4	70.2	99.3	87.0	98.4	93.4	88.0	95.2	109.4	83.9	84.2	98.1	92.2	93.8	93.5
Number of cases submitted	384	399	148	426	521	462	158	419	348	249	817	308	381	320	407	379	304	6460	54985	59365
Estimated number of hip fractures (Facilities Audit)	480	374	220	442	200	200	225	422	400	253	875	350	400	320	485	450	310	2006	58640	63510
Hospital code					-  -	_				_	R	_	_	H		L	SH			
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	lge	Hospital									lospital	Harlow		Lynn			lmunds			
Hospital	Addenbrooke's Hospital, Cambridge	Basildon and Thurrock University Hospital	Bedford Hospital	Broomfield Hospital	Colchester General Hospital	East & North Herts Hospital	Hinchingbrooke Hospital	pswich Hospital	James Paget University Hospital	uton and Dunstable Hospital	Norfolk and Norwich University Hospital	The Princess Alexandra Hospital, Harlow	Peterborough District Hospital	Queen Elizabeth Hospital, King's Lynn	Southend Hospital	Watford General Hospital	West Suffolk Hospital, Bury St. Edmunds	SHA	ENGLAND	OVERALL

### London

(days)  O.4 (3.2)  O.5 (5.5)  O.0 (0.0)  O.1 (1.0)  O.3 (2.8)  O.7 (2.8)  O.7 (3.3)  O.7 (3.4)		19.7 (17.1)
Wean (SD) length of post-acute stay (days)		19.7 (17
Wean (SD) length of post-acute stay (days)		19.
	.7.	
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2 0 1 2 1 0 1 0 2 1 2 1 2 1 2 1 0 1 0 1	(12	3.9 (11.9)
	4.3 (12.7)	3.9
Wean (SD) length of acute stay (days)		
18.2 (14.2) 18.2 (14.6) 19.0 (14.6) 19.0 (14.6) 19.1 (15.2) 10.4 (10.4) 11.4 (10.4) 11.4 (10.4) 11.5 (12.5) 11.5 (12.3) 11.5 (12.3) 11.5 (13.1) 11.6 (16.1) 11.7 (12.3) 11.8 (10.4) 11.8 (10.4) 11.8 (10.7) 11.9 (10.7) 11.1 (10.7) 11.1 (10.7) 11.1 (10.7) 11.1 (10.7) 11.1 (10.7) 11.1 (10.7) 11.1 (10.7) 11.1 (10.7) 11.1 (10.7) 11.1 (10.7) 11.1 (10.7) 11.1 (10.7) 11.1 (10.7) 11.1 (10.7) 11.1 (10.7) 11.1 (10.7)	(14.5	15.8 (13.1)
18.2 (14. 19.7) (18.3 (11. 19.3 (12.4) (17.4) (18.3 (11.1	17.0	15.8
66 George Control of the Control of	96.8 17.0 (14.5)	93.1 15.8 (13.1)
Participant (BB Sid 5)  100 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	96.3	92.8
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2 5 7 1 8 8 4 1 1 1 2 2 1 1 1 8 8 8 1 1 2 2 2 1 1 1 1	4.1	4 4
25 2 2 3 3 4 4 1 1 1 2 4 1 1 1 2 4 1 1 1 2 3 3 3 8 3 4 4 3 9 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	52.9	49.8
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2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	83.7	84.2
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9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	92.1	92.8
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Mean (SD) total length of stay - acute + post-acute (days)	25.0 (23.9)	23.7 (21.1)	22.1 (14.0)	18.7 (18.6)	21.0 (19.3)	20.2 (18.0)
Mean (SD) length of post-acute stay (days)	12.5 (21.8)	13.8 (21.2)	6.6 (11.7)	7.4 (17.4)	8.6 (17.8)	4.5 (13.2)
Mean (SD) length of acute stay (days)	12.6 (8.7)	9.9 (4.9)	15.4 (8.7)	.9 11.3 (7.3)	12.4 (8.0)	83.8 15.7 (13.1)
% Bone health medication assessment (BB Std 6)	19.6	52.4	79.9	53.9	63.0	83.8
% Falls assessment (BB Std 5)	0.0	43.7	66.4	97.7	66.4	91.9
% Patients developing pressure ulcers (BB Std 4)	6.5	1.6	11.8	1.3	4.8	3.7
% Pre-operative assessment by genatrician (BB Std 3)	0.0	32.0	80.4	97.4	67.8	49.5
% Surgery within 48hrs (BB Std 2)	67.8	82.1	37.3	50.3	52.3	83.1
% Admitted to orthopsedic care within 4hrs (BB Std. 1)	26.8	62.0	48.8	49.4	45.0	52.4
% Data completeness of reporting fields	87.8	82.0	91.2	90.7	89.5	97.6
% case ascertainment	89.2	74.3	88.5	90.4	88.2	93.5
Number of cases submitted	362	130	332	835	1659	29362
Estimated number of hip fractures (Facilities Audit)	406	175	375	924	1880	63510
Hospital code	ALT	CRG	HON	RVB		
Hospital	Altnagelvin Area Hospital	Craigavon Hospital, Portadown	Ulster Hospital	Royal Victoria Hospital.Belfast	NORTHERN IRELAND	OVERALL

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	ospital code	stimated number of hip fractures (Facilities Audit)	umber of cases submitted	case ascertainment	Data completeness of reporting fields	Admitted to orthopsedic care within 4hrs (BB Std. 1)	Surgery within 48hrs (BB Std 2)	Pre-operative assessment by geriatrician (BB Std 3)	Patients developing pressure ulcers (BB Std 4)	Falls assessment (BB Std 5)	Bone health medication assessment (BB Std 6)	esn (SD) length of acute stay (days)	esu (SD) length of post-acute stay (days)	ean (SD) total length of stay - acute + post-acute (days)
	ASH	350	330	% 64.3	%26	21.8	% 86.3	% 27.9	$\bot$	100.0	-	9.4 (6.2)	17.3 (21.3)	26.8 (22.1)
ď	DAR	320	326	101.9	90.0	76.8	53.8	51.8	1.3	9.66	90.6	10.7 (6.9)	9.6 (12.3)	20.3 (14.2)
University Hospital Of North Durham	DRY	370	347	93.8	92.1	52.8	77.3	46.1	1.3	98.7	83.9 10	10.4 (8.3)	14.1 (17.0)	24.5 (19.1)
University Hospital of North Tees	NTG	315	372	118.1	88.7	84.8	89.2	44.9	4.4	98.2	88.7 14	14.6 (8.8)	7.3 (14.6)	21.9 (16.8)
N	NTY	340	329	8.96	95.0	47.5	8.96	27.1	0.7	99.3	78.7 10	10.5 (7.5)	12.5 (23.5)	23.0 (24.6)
Queen Elizabeth Hospital, Gateshead	QEG	300	293	97.7	98.6	79.2	92.3	44.7	7.3	9.66	79.2	17.3 (10.9)	2.1 (10.6)	19.4 (14.6)
Royal Victoria Hospital, Newcastle	RVN	450	425	94.4	95.7	0.99	87.5	47.3	4.3	100.0	84.8 14	14.1 (11.9)	18.5 (26.9)	32.6 (27.4)
James Cook University Hospital, Middlesborough	SCM	512	456	89.1	91.1	91.5	8.98	36.4	0.7	99.5	91.1	16.9 (11.8)	1.5 (9.4)	18.4 (14.8)
S	STD	208	209	100.5	93.9	27.9	55.7	7.2	4.4	100.0	90.6	90.6 16.8 (13.2)	12.9 (21.6)	29.7 (22.8)
18	NOS	420	377	83.8	93.5	71.6	83.5	54.9	9.0	100.0	84.9 2.	21.8 (16.6)	1.5 (8.5)	23.3 (19.1)
		3585	3464	9.96	93.3	65.3	83.2	43.2	3.8	8.86	97.0 14	14.4 (11.4)	9.4 (18.5)	23.8 (20.3)
		58640	54985	93.8	92.8	49.9	84.2	49.8	4	97.8	93.1 1!	15.8 (13.1)	3.9 (11.9)	19.7 (17.1)
		63510	59365	93.5	97.6	52.4	83.1	49 5	3.7	91.9	83.8 1	15.7 (13.1)	45(132)	20.2 (18.0)

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## **North West**

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## **South Central**

Mean (SD) total length of stay - acute + post-acute (days)														
(2) other tage is other veta to divide letat (A2) neal	(20.8)	18.5)	14.2)	13.5)	13.3)	(8.6)	(14.2)	18.1)	10.4)	14.5)	(14.7)	14.1)	17.1)	18.0)
	23.6 (2	20.8 (18.	20.5 (14	18.1 (13.5)	19.2 (13	14.1 (	16.8 (2	22.3 (18.1	16.0 (10.4)	16.4 (14.5)	17.9 (	17.8 (14.	19.7 (17.1)	20.2 (18.0)
Mean (SD) length of post-acute stay (days)	(0	(8)	0) 2		8)								.9)	.2) 2
	.8 (12.	7.4 (15.	0.0 ( 0.0	0.0 (0.0	3.7 (9.8	0.4 (2.2)	6.6 (11.0	6.5 (14.0)	0.2 (2.4	0.3 (2.0)	1.0 (4.5	2.6 (8.6)	3.9 (11.	4.5 (13.2
Mean (SD) length of acute stay (days)	3.8	7.4	$\vdash$	0.0	3.	7:0		$\vdash$	Н		$\vdash$		3.5	
(0.02) 1.010 04.00 30 44.00 (0.03) 0.004	(18.3)	(8.6)	(14.2)	.1 (13.5)	5 (10.2)	(8.5)	(11.7)	10.4)	(10.1)	(14.3)	(13.9)	.2 (11.9)	(13.1)	(13.1)
	19.8	13.4	20.5	18.1	15.5	13.7 (	10.2	15.8 (10.4)	15.8	16.0 (14.3)	16.9	15.2 (	15.8 (	15.7 (
% Bone health medication assessment (BB Std 6)	83.9	10.2	82.0	89.4	98.0	9.98	90.4	51.9	87.7	96.7	84.2	97.1	93.1	83.8
% Falls assessment (BB Std 5)	100.0	97.6	89.4	100.0	100.0	92.0	100.0	100.0	99.1	97.5	91.6	96.0	92.8	91.9
% Patients developing pressure ulcers (BB Std 4)	5.4	2.3	2.1	4.8	1.7	3.6	6.0	5.7	3.2	9.0	5.6	3.0	4	3.7
% Pre-operative assessment by geriatrician (BB Std 3)	81.3	91.8	10.2	74.4	84.7	72.9	77.2	97.9	86.1	57.1	37.2	73.9	49.8	49.5
% Surgery within 48hrs (BB Std 2)	90.1	88.1	86.4	94.3	87.6	9.79	86.7	92.0	79.4	84.2	86.3	84.0	84.2	83.1
% Admitted to orthopsedic care within 4hrs (BB Std. 1)	39.1	70.2	19.2	62.2	87.2	61.5	26.5	29.1	73.1	19.1	31.4	48.3	49.9	52.4
% Data completeness of reporting fields	91.9	95.0	88.0	99.1	98.0	90.5	0.96	98.3	85.5	92.7	84.9	97.6	92.8	97.6
% case ascertainment	105.6	92.8	43.2	103.2	105.2	110.6	97.2	85.1	97.3	101.8	2.66	97.0	93.8	93.5
Number of cases submitted	169	232	108	227	889	531	486	234	584	387	369	4015	54985	59365
Estimated number of hip fractures (Facilities Audit)	160	250	250	220	654	480	200	275	009	380	370	4139	58640	63510
						Ĺ						4	58	63
Hospital code	HOR	MOI	MKH	HHN	QAP	RAD	RBE	RHC	SGH	SMV	WEX			
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Hospital	hbury	sle of	ralH	nts H	sp.,	tal, C	pital,	unty	al Hc	spita	tal, S			
	ıl, Bar	ital, I	Gene	N.Hai	lra Hc	Hospi	Hos	re Co	3ener	lle Hc	Hospi			
	ospita	Hosp	ynes	ke &	exanc	liffe l	kshire	npshi	oton (	ndevi	Park			
	Horton Hospital, Banbury	St.Mary's Hospital, Isle of Wight	Milton Keynes General Hospital	Basingstoke & N.Hants Hospital	Queen Alexandra Hosp., Portsmouth	John Radcliffe Hospital, Oxford	Royal Berkshire Hospital, Reading	Royal Hampshire County Hospital	Southampton General Hospital	Stoke Mandeville Hospital, Aylesbury	Wexham Park Hospital, Slough		ENGLAND	OVERALL
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## South West

Mean (SD) total length of stay - acute + post-acute (days)																			
	14.7 (10.6)	26.6 (20.5)	15.7 (10.3)	22.7 (17.1)	15.9 (11.3)	15.6 (11.3)	20.8 (21.7)	11.3 (8.6)	13.5 (8.3)	18.3 (15.3)	13.3 (9.9)	12.1 (7.3)	19.6 (17.5)	21.3 (16.2)	11.8 (9.2)	19.6 (14.5)	16.2 (13.4)	19.7 (17.1)	20.2 (18.0)
Mean (SD) length of post-acute stay (days)	_	9.4 (15.2)	0.0 (0.0)	0.1 (2.4)	1.1 (5.4)	0.5 (5.3)	10.2 (18.1)	0.0 (0.8)	0.4 (2.8)	0.5 (4.2)	0.6 (4.4)	0.2 (1.6)	3.5 (11.4)	12.5 (15.7)	0.0 (0.0)	4.4 (10.1)	2.2 (8.3)	3.9 (11.9)	4.5 (13.2)
Mean (SD) length of acute stay (days)	14.0 (9.8)	17.2 (14.1)	15.7 (10.3)	22.6 (17.0)	14.8 (10.3)	15.1 (10.3)	10.6 (8.5)	11.2 (8.6)	13.1 (8.0)	17.8 (14.9)	12.7 (8.7)	11.8 (7.1)	16.1 (13.9)	8.9 (4.8)	11.8 (9.2)	15.3 (11.6)	14.0 (11.0)	15.8 (13.1)	15.7 (13.1)
% Bone health medication assessment (BB Std 6)	86.0	79.2	90.4	88.2	80.9	88.7	80.0	94.8	9.96	84.5	84.8	91.5	99.5	97.8	72.4	82.6	96.7	93.1	83.8
% Falls assessment (BB Std 5)	94.3	2.66	100.0	100.0	8.86	97.2	100.0	100.0	100.0	100.0	100.0	100.0	100.0	85.5	81.8	89.3	2'96	92.8	91.9
% Patients developing pressure ulcers (BB Std 4)	$^{\circ}$	5 7.7	5 1.0	2 10.6	4 0.3	0 2.3	9 4.7	4 2.2	7 2.0	7 4.6	2 3.7	7 1.0	8 1.4	.3 1.0	4 3.5	5 13.1	4 3.5	8	5 3.7
% Surgery within 48hrs (BB Std 2)  Pre-operative assessment by geriatrician (BB Std 3)	4 60	.0 43.6	.1 80.6	.0 71.2	.0 54.4	.5 46.0	0.9	.2 12.4	.5 49.7	.4 73.7	.4 87.2	.9 65.7	.3 93.8	83	.5 0.4	.8 24.6	.3 53.4	.2 49.8	.1 49.5
% Admitted to orthopsedic care within 4hrs (BB Std. 1)	.3	14.6 72.	1.87 6.6	7 93.0	5.9 91.0	5 92.	.2 88.0	3.8 85.2	3.3 78.5	85.6 91.4	72.0 84.4	2 88	8 91	3.5 83.8	3.7 91.	3.4 85.8	55.4 86.3	9 84	.4 83
% Data completeness of reporting fields	89.5 14	96.2 14	93.7 65.	98.4 21.	99.2 66.	91.6 71.	90.4 85.	96.1 66.	89.3 58.	97.7 85	93.5   72	94.8 65.	95.0 73.	89.4 68.	90.6	89.3 68.	93.7 55	92.8 49.	92.6 52.
% case ascertainment	102.4	114.0	99.1	86.9	0.96	101.2	90.0	97.2	91.1	110.0	122.0	99.3	107.1	95.2	74.3	91.2	98.5	93.8	93.5
Number of cases submitted	<b>!</b>	342	327	417	384	405	225	897	501	407	255	548	242	438	223	268	6691	54985	59365
Estimated number of hip fractures (Facilities Audit)	200	300	330	480	400	400	250	923	250	370	455	552	226	460	300	294	0629	58640	63510
Hospital code	BAT	BRI	CHG	FRY	OT9	MPH	DDD	PGH	PLY	PMS	RCH	RDE	SAL	TOR	WDH	WGH			
Hospital	Royal United Hospital, Bath	Bristol Royal Infirmary	Cheltenham General Hospital	Frenchay Hospital, Bristol	Gloucestershire Royal Hospital	Musgrove Park Hospital, Taunton	North Devon District Hospital	Poole General Hospital	Derriford Hospital, Plymouth	The Great Western Hospital, Swindon	The Royal Cornwall Hospital, Treliske	Royal Devon & Exeter Hospital	Salisbury District Hospital	Torbay District General Hospital	Dorset County Hospital, Dorchester	Weston General Hospital	SHA	ENGLAND	OVERALL

Mean (SD) total length of stay - acute + post-acute (days)																					
(crop) chies teen , chies , rate to discollate (GS) needle	ı —	(1.7	(1)	(4:	(6:3	(8.	(1)	(2.1	5.3)	(6.1	(6:	(6.	(4)	2)	(8:-	(9.	.7	9.1)	(4.	(1)	9.0
	6 (17.6)	(22	(22	6)	(13	(17	(20.1)	. (14.	. (15	. (24	(23	(17	.5 (10.	(22	(21	(30.6)	, (18	(15	(20	(17	(18.
	18.6	30.6 (22.1)	22.6 (22.1)	11.9 (9.4)	15.8 (13.9)	20.2 (17	26.4	17.2	16.1	22.1	24.8	22.9	11.5	24.5	27.4	29.4	20.7 (18.7)	18.7 (19.1)	21.2 (20.4)	19.7 (17.1)	20.2
Mean (SD) length of post-acute stay (days)	-			<u> </u>	· ·		, <u>, ,</u>			-					П		.,				
	(8.4)	12.7 (18.5)	9.1)	(0.	3.5)	(8:	(6.9	(1.6)	(2.	(18.1)	(14.6)	3.8)	2)	20.5	(18.0)	25.1)	(2:	6.9)	5.3)	1.9)	3.2)
	2 (8	7 (1	6.0 (19.1)	0.0 (0.0)	6.6 (13.5)	1.8 (9.8)	2 (16.		7 ( 9	7 (1	1 (1	.5 (13.	2 ( 2.	12.0 (20	1 (1	.5 (25.	.8 ( 9.	3 (16.9)	5.8 (15.3)	3.9 (11	4.5 (13.
	1.5	12	9.9	0.0	9.	1.8	9.2	0.1	2.	2.	5.1	7.	0.2	12.	9.1	11	2.8	8	5.5	3.0	4.5
Mean (SD) length of acute stay (days)	(9:	۲.	.1)	4)	_	0.	6.	3	.3)	.3)	.2)	.5)	.1)	8)	(9:	8:	(2:	(9	0.	.1)	.1)
	17.2 (15.6)	17.9 (16.7)	87.8 16.6 (12.1)	81.3 11.9 ( 9.4)	9.2 (5.9)	77.0 18.4 (15.0)	.2 (14.9)	(14.	(11	(16.	(19.	.4 (11.	.4 (10.	( 9.	(13.6)	18.0 (16.8)	17.9 (16.2)	10.5 (8.6)	92.0 15.4 (14.0)	15.8 (13.1)	(13.1)
	7.2	7.9	9.9	1.9	9.2 (	8.4	17.2	17.1	13.4	16.3	19.7	15.4	11.4	12.5	18.3	8.0	7.9	0.5	5.4	5.8	15.7
% Bone health medication assessment (BB Std 6)	6.1	2	.8	.3 1	0.	0.	4.	0.		2		33	∞,	5.	3	.2 1	.2	.9	0.	1.	8.
(01)0 dd, 1	9.66	67	87	81	87.0	77	88.4	100.0	80.7	86.	81.1	92	79	81	96	97	68.2	51.9	92	93.1	83.8
% Falls assessment (BB Std 5)	0.	∞.	∞.	.2	ᅼ	0.	0.		0.	0.	4.	5.	0.	4.	0.	9	ᆫ	7	ᅼ	∞.	<u>و</u>
(21.0 49.1	94.0	87	98.8	87	91.1	100.0	100.0	100.0	100.0	100.0	90	79.5	99.0	86.4	100.0	9.66	75.1	99.7	94.1	92	91
% Patients developing pressure ulcers (BB Std 4)	∞.	6	7	6:	3.8		6.	0.0	1.5	6	2.4	6.5	1.8	0.	1.1		7	0.0	5.4	4	7
(7 ) 10 (10)	0.8	14.9	3.7	8.	w.	16.0	11.	0	j.	5.	2.	9.	1.	0.0	j.	2.7	4.2	o.	5.		Э.
% Pre-operative assessment by geriatrician (BB Std 3)	2.3	78.6	5.2	8.6	3.6	3.8	43.6	98.0	32.9	38.5	39.0	1.7	59.6	3.9	11.0	3.4	3.8	7.8	5.5	9.8	49.5
	12.	7	96.		63	53.	4	6		36	3		5	,	H	93.	43	17.	45.	49.	4
% Surgery within 48hrs (BB Std 2)	93.1	62.4	77.4	86.7	83.8	85.3	88.1	84.0	55.4	94.7	86.6	74.3	84.7	63.3	92.9	92.2	71.4	79.8	81.6	84.2	83.1
		9			∞	∞	∞		2	6	8			9	6	6	7	7	∞	∞	
% Admitted to orthopsedic care within 4hrs (BB Std. 1)	60.5	7.1	24.6	68.8	51.5	51.4	32.1	56.8	57.7	47.1	58.1	46.9	59.4	70.6	47.4	72.1	24.3	52.4	46.2	49.9	52.4
	9		7	9	2	2	<u>۳</u>	2	2	4	2	4	2	7	4	_	7	2	4	4	2
% Data completeness of reporting fields	92.7	93.6	8.96	9.4	3.3	7.7	9.2	3.9	95.0	7.1	94.2	85.2	2.2	92.1	99.0	96.9	88.2	7.7	3.3	2.8	97.6
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% case ascertainment	∞.	94.6	55	89.3	1.1	3.3	5.5	9.	3.3	6.	95.4	8.9	5.5	65.0	5.5	8.4	8.	9.6	3.2	∞.	3.5
	101.8	96	92	86	101	108	96	97	98.	97	96	96.	92	9	95.	74.	86.	93.	93	93.	93.
Number of cases submitted	279	454	370	268	379	249	362	244	344	468	334	42	509	182	483	273	317	398	55	85	65
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Estimated number of hip fractures (Facilities Audit)	4	0	0	0	2	0	2	0	0	8	0	0	0	0	9	2	2	2	3		
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Copyright  $\ensuremath{\text{@}}$  The National Hip Fracture Database 2011. All rights reserved.

## **Yorkshire and the Humber**

Mean (SD) total length of stay - acute + post-acute (days)						П													
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	15.	17.8	17.3	15.	23.	12.(	19.	19.	22.8	21.	25.0	17.	21.	16.	11.	18.	19.	19.	20.2
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	9.0	0.4	0.0	0.3	7.1	0.0	2.2	1.2	5.4	2.3	0.7	3.7	3.3	6.7	1.5	2.6	2.6	3.9	4.5 (13
Mean (SD) length of acute stay (days)	<u>(6</u>	(t	5)	(	<u></u>		<u>.</u>	<u>(6</u>	(2)	((	3)		(6			(5	<u></u>	(1	.1)
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% Bone health medication assessment (BB Std 6)		.6 17	.3 17	.3 15.	.6	9	1	.9 17.	.1 17	.7 19.	.1 2	1 13	0.13		.4 10	1 1	.3	1	8.
	93.8	62.	74	82	94	83	41	82	74.1	86.7	82.1	98	89	88.0	91	83	91.3	93.1	83.8
% Falls assessment (BB Std 5)	9.66	6.7	92.8	0.0	0.0	97.9	7:3	9.6	0.3	6.1	97.5	0.0	0.0	95.7	0.0	0.0	0.	8:3	6.1
	6	77	96	100.0	100.0	6	32.	99.		94.	6	100.0	100.0	96	100.0	100.0	87	92.	91
% Patients developing pressure ulcers (BB Std 4)	2.7	0.8	0.5	6.3	2.7	8.4	3.3	3.4	2.8	1.2	10.5	3.1	3.1	1.1	3.7	0.3	3.7	4	3.7
% Pre-operative assessment by genatrician (BB Std 3)	59.0	14.3	37.6	19.5	55.1	34.2	13.4	50.8	5.4	5.5	58.1	81.5	9.66	25.4	62.3	39.2	41.6	49.8	49.5
% Surgery within 48hrs (BB Std 2)	0.	9.	Ţ.	1.	7.	∞.	9.	7.	.7	.2	.5	0:	Ţ.	.2	4.	4.	4.	.2	딘
	83	81	66.1	83.1	86.7	76.8	90.6	87.7	87.7	73.	91.5	78.0	84.	.68	62	88	82.4	84.2	83
% Admitted to orthopsedic care within 4hrs (BB Std. 1)	66.4	66.0	55.1	59.0	58.8	67.4	67.0	71.5	68.3	43.0	83.8	28.3	83.9	54.5	84.7	86.6	61.9	49.9	52.4
% Data completeness of reporting fields	93.5	88.2	91.0	92.4	94.2	93.9	90.0	94.4	95.1	89.4	92.7	95.9	98.2	8.06	94.2	0.96	93.2	97.8	97.6
% case ascettainment	124.5	97.8	75.3	130.0	118.3	9.5	135.9	102.6	110.7	93.0	80.1	93.9	94.3	84.1	106.5	9.96	99.2	93.8	93.5
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Number of cases submitted	249	258	271	169	414	265	231	513	466	651	537	526	283	269	231	367	5700	54985	59365
Estimated number of hip fractures (Facilities Audit)	200	278	360	130	350	190	170	200	421	200	029	260	300	320	217	380	46		10
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	Airdale General Hospital	Barnsley Hospital	Bradford Royal Infirmary	Bassetlaw Hospital	Doncaster Royal Infirmary	Diana Princess of Wales Hosp., Grimbsy	Harrogate District Hospital	Hull Royal Infirmary	Huddersfield Royal Infirmary	Leeds General Infirmary	Northern General Hospital, Sheffield	Pinderfields General Hosp., Wakefield	Rotherham District General Hospita	Scarborough General Hospital	Scunthorpe General Hospital	York Hospita		ENGLAND	ALL
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### Glossary

Term	Definitions
AMT scores	Abbreviated mental test score. A rapid assessment of elderly patients to assess cognitive dysfunction.
Arthroplasty	Any replacement of the upper femur including unipolar hemi-arthroplasties, bipolar hemi-arthroplasties and total hip replacements
ASA grades	American Society of Anesthesiologists <sup>8</sup> (ASA) physical status classification:-  1. A normal healthy patient  2. A patient with a mild systemic disease  3. A patient with a severe systemic disease that limits activity, but is not incapacitating  4. A patient with an incapacitating systemic disease that is a constant threat to life  5. A moribund patient not expected to survive 24 hours with or without operation  This grading does not take into account acute illness, hence a patient can be ASA 1 and 'unfit'.
Bone protection medication	1. Bisphosphonates Etidronate Alendronate Risedronate Ibandronate Zoledronate Pamidronate  2. Denosumab  3. HRT and SERMS HRT (various) Tibolone Raloxifene  4. Parathyroid hormone PTH 1-34 PTH 1-84  5. Strontium Strontium ranelate  6. Calcium and vitamin D Calcitriol Calcium and vitamin D – various Alpha-calcidol (or one alpha)  7. Calcitonin

Term	Definitions
Case ascertainment	The number of cases submitted by the participating hospital divided by the number of cases predicted, expressed as a percentage.
Casemix factors	Demographic and functional information about patient. e.g. Age, sex, mobility, deprivation status , ASA and previous living circumstances (for mortality data only)
Cemented arthroplasties	Polymethyl methacrylate is a plastic that may be used to hold arthroplasties in place. It is introduced into the reamed bone before prostheses are inserted. The 'cement' sets in a few minutes.
Falls Assessment	A systematic assessment by a suitably trained person e.g. Geriatrician or a specialist trained nurse which must cover the following domains:- Falls history (noting previous falls), cause of index fall (including medication review), risk factors for falling and injury (including fracture) and from this information formulate and document a plan of action to prevent further falls.
Foundation Grade Doctor	A newly qualified junior doctor undertaking two years of supervised clinical practice prior to embarking on specialist training
Fracture Liaison Nurse/service	A nurse whose primary purpose is to ensure that both inpatients and outpatients with low impact fractures are screened for falls and osteoporosis
Hemiarthroplasty / Bipolar Hemiarthroplasty	A half hip replacement that is either: Unipolar – replacement of the femoral head and neck Bipolar – replacement of the femoral head and neck, with the addition of an acetabular cup that is not attached to the pelvis.
HES	Hospital Episode Statistics <sup>9</sup> Centrally held data used to determine a hospital's case load.
Multidisciplinary rehabilitation team	A group of people of different professions (and including as a minimum a physiotherapist, occupational therapist, nurse and doctor) with job plan responsibilities for the assessment and treatment of hip fracture patients, and who convene (including face to face or virtual ward round) regularly (and at least weekly) to discuss patient treatment and care, and plan shared clinical care goals.
Pressure ulcer <sup>10</sup>	A pressure ulcer is an area of localised damage to the skin and underlying tissue caused by pressure, shear or friction forces, or a combination of these.
ST3 level doctor	A junior doctor in the third and final year of specialist training
Superspell	Overall NHS length of stay: i.e. including acute care and any post-acute care/rehabilitation care prior to return home; or to admission to care home care; to other non-NHS placement; or death

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### Appendix A

### Structure and governance

### **NHFD Steering Group**

### **Co-Chairs**

### **David Marsh**

Professor of Clinical Orthopaedics, UCL, Royal National Orthopaedic Hospital

### **Finbarr Martin**

Professor of Gerontology, King's College London

### **Guy Broome**

Consultant Orthopaedic Surgeon, Cumberland Infirmary, Carlisle

### James Cooper

Political Relations Officer, National Osteoporosis Society

### **Colin Currie**

Clinical Lead for Geriatric Medicine, NHFD

### James Elliott

Consultant Orthopaedic Surgeon, Belfast

### Colin Esler

Consultant Orthopaedic Surgeon, Leicester

### **Karen Hertz**

Advanced Nurse Practitioner, University Hospital of North Staffordshire NHS Trust

### **Antony Johansen**

Consultant Orthogeriatrician and Senior Lecturer in Public Health, Cardiff & Vale NHS Trust

### **Helen Laing**

Contracts & Commissioning Manager, Healthcare Quality and Improvement Partnership

### **Paul Mitchell**

Synthesis Medical

### **Chris Moran**

Professor of Orthopaedic Trauma Surgery, Nottingham University Hospital

### **Maggie Partridge**

NHFD Project Manager

### Mike Pearson

Professor of Clinical Evaluation, University of Liverpool

### Margit Physant, Age UK

Policy Adviser for Health and Wellbeing

### **Fay Plant**

NHFD Coordinator (North)

### **Jonathan Roberts**

Health & Social Care Information Centre

### **Opinder Sahota**

Professor in Orthogeriatric Medicine & Consultant Physician, Queen's Medical Centre, Nottingham

### **Bob Smith**

Patient Representative

### **Roz Stanley**

Project Manager, Health & Social Care Information Centre

### **Jonathan Treml**

Consultant Geriatrician, Selly Oak Hospital. RCP Falls & Bone Health Audit Lead

### **Rob Wakeman**

Consultant Orthopaedic Surgeon, Basildon University Hospital, and Clinical Lead for Orthopaedic Surgery, NHFD

### **Richard Griffiths**

Consultant Anaesthetist, Peterborough Hospital

### **Keith Willett**

Professor of Orthopaedic Trauma Surgery, John Radcliffe Infirmary, Oxford, and National Clinical Director for Trauma Care, Department of Health

### **Andy Williams**

NHFD Project Coordinator (South)

### **NHFD Implementation Group**

### Chair

### **Colin Currie**

NHFD Clinical Lead for Geriatric Medicine

### **Tim Bunning**

Lead Web Developer, Health & Social Care Information Centre

### **Maggie Partridge**

NHFD Project Manager

### **Fay Plant**

NHFD Coordinator (North)

### **Jonathan Roberts**

Health & Social Care Information Centre

### **Rob Wakeman**

Consultant Orthopaedic Surgeon

Basildon University Hospital and Clinical Lead for Orthopaedic Surgery, NHFD

### **Andy Williams**

NHFD Project Coordinator (South)

### **NHFD Dataset Sub Group**

### Chair

### **Colin Currie**

NHFD Clinical Lead for Geriatric Medicine

### Gary Cook,

Consultant in Public Health Medicine, Stockport

### James Elliott

Consultant Orthopaedic Surgeon, Royal Victoria Hospital, Belfast

### **Antony Johansen**

Consultant Orthogeriatrician and Senior Lecturer in Public Health, Cardiff & Vale NHS Trust

### **Fay Plant**

NHFD Project Coordinator (North)

### **Jonathan Roberts**

Health & Social Care Information Centre

### **Rob Wakeman**

Consultant Orthopaedic Surgeon

Basildon University Hospital and Clinical Lead for Orthopaedic Surgery, NHFD

### **NHFD Scientific & Publications Committee**

### Chair

### **Colin Currie**

NHFD Clinical Lead for Geriatric Medicine

### Matt Costa,

Associate Clinical Professor in Orthopaedics, Warwick Medical School & University Hospitals Coventry and Warwick

### James Elliott

Consultant Orthopaedic Surgeon, Royal Victoria Hospital, Belfast

### **Karen Harding**

Consultant Orthogeriatrician, Frenchay Hospital

### Janet Lippett

Consultant in Elderly Care, Royal Berkshire NHS Foundation Trust

### **Michael Pearson**

Professor of Clinical Evaluation, University of Liverpool

### **Neil Pendleton**

Senior Lecturer in Geriatric Medicine, the University of Manchester

### **Rob Wakeman**

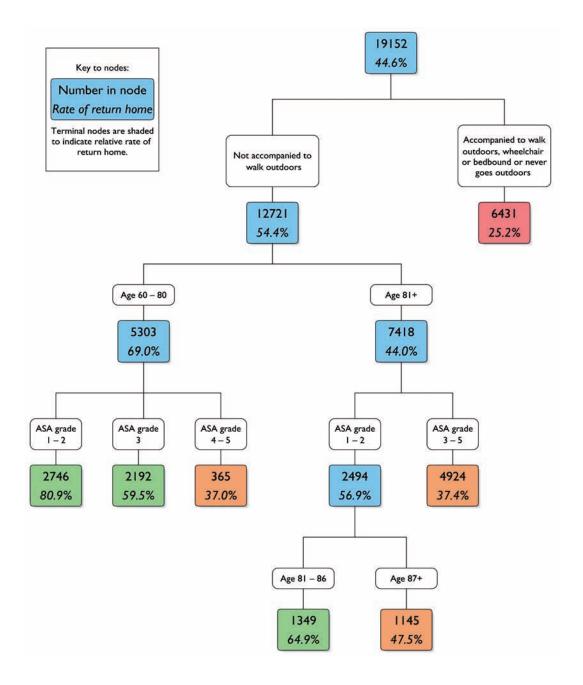
Consultant Orthopaedic Surgeon, Basildon University Hospital and NHFD Clinical Lead for Orthopaedic Surgery

### **Andy Williams**

NHFD Project Coordinator (South)

### Appendix B

### Classification tree - Rate of return home from home at 30 days



This classification tree<sup>11</sup> shows how casemix factors can be used to predict return home of hip fracture patients admitted from home. At each level of the tree the casemix factors are used to split cases into groups with maximally different return home rates.

The most important predictors of return home from home at 30 days are: whether accompanied to walk outdoors; age; and ASA grade. The tree is similar to the previous year's tree (2011 National Report).

The important casemix factors are used to produce casemix-adjusted (standardised) estimates of each outcome by hospital. The raw and standardised rates are displayed in funnel plot (see p.58).

### Excluded hospitals

	No. of cases eligible		ge of eligible at
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# Appendix C Facilities Audit tables

Facilities audit table 2011–12

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350         DGH         64         8         6         20         0           200         DGH         20         7         6         12         0           406         DGH         48         8         2         0         0           406         DGH         48         8         2         0         0           350         DGH         44         9         9         8         24           278         DGH         44         9         9         8         24           278         DGH         41         11         11         15         24           278         DGH         41         11         11         15         24           270         DGH         41         11         11         15         25           270         DGH         10         10         40		350000	480	Both	09	14.5	10	32	40	5	1	1	Con	Axial	Nurses	Ward
200         DGH         20         7         6         12         0           406         DGH         48         8         2         0         0           350         DGH         44         9         9         8         24           278         DGH         41         11         11         15         24           278         DGH         41         11         15         25         0           374         DGH         41         11         11         15         25           500         DGH         20         17         13         24         12           220         DGH         40         17         13         24         12           425         DGH         19         16         40         40         40           300         DGH         19         16         40         40         40           300         DGH         20         15         6         6         6         6           300         DGH         40         9         15         0         0         6         6           300         DGH         40	117	360000	350	НÐО	64	8	9	20	0	5	0	0	Con	Axial	Nurses	Ward
406         DGH         48         8         2         0         0           350         DGH         44         9         9         8         24           278         DGH         44         9         9         8         24           278         DGH         41         11         11         15         25           500         DGH         41         11         11         15         25           500         DGH         41         11         11         15         25           200         DGH         20         17         13         24         12           442         DGH         105         16         8         0         0         4           442         DGH         19         16         10         40 <td>ļ.,</td> <td>220000</td> <td>200</td> <td>HĐQ</td> <td>20</td> <td>7</td> <td>9</td> <td>12</td> <td>0</td> <td>4</td> <td>0</td> <td>0</td> <td>Con</td> <td>Axial</td> <td>Audit</td> <td>Ward</td>	ļ.,	220000	200	HĐQ	20	7	9	12	0	4	0	0	Con	Axial	Audit	Ward
350         DGH         44         9         9         8         24           278         DGH         28         7         8         20         0           374         DGH         41         11         11         15         25           500         DGH         41         11         11         15         25           500         DGH         20         17         13         24         12           220         DGH         17.5         5.5         6         8         0         0           442         DGH         46.5         12         10         6         0         0           442         DGH         19         16         10         40         40         40           300         DGH         20         7         8         16         40         40           360         DGH         40         4         5         0         0         6         6         6         6           380         DGH         40         4         5         0         0         6         6         6         6         6         6         6	Ť	102303	406	HĐQ	48	8	2	0	0	0	0	0	None	Axial	Nurses	GORU
278         DGH         28         7         8         20         0           374         DGH         41         11         15         25           500         DGH         41         11         15         25           500         DGH         20         17         13         24         12           220         DGH         17.5         5.5         6         8         0         0           442         DGH         46.5         12         10         6         0         0           442         DGH         46.5         12         10         6         0         0           300         DGH         46.5         16         8         0         0         0           360         DGH         40         9         8         0         0         0           385         DGH         40         9         8         9         9         9           274         DGH         24         5         6         5         0         0           318         DGH         24         5         6         5         0         0 <td< td=""><td><u> </u></td><td>250000</td><td>350</td><td>DGH</td><td>44</td><td>6</td><td>6</td><td>8</td><td>24</td><td>2</td><td>1</td><td>0</td><td>Con</td><td>None</td><td>Nurses</td><td>GORU</td></td<>	<u> </u>	250000	350	DGH	44	6	6	8	24	2	1	0	Con	None	Nurses	GORU
374         DGH         41         11         11         15         25           500         DGH         20         17         13         24         12           220         DGH         17.5         5.5         6         8         0         12           442         DGH         46.5         12         10         6         0         0           425         DGH         46.5         12         10         6         0         0           425         DGH         46.5         12         10         40         4         4           360         DGH         33         16         8         0         0         0           360         DGH         33         16         8         0         0         0           385         DGH         40         9         8         9         9         9           274         DGH         40         9         15         6         0         0           130         DGH         24         5         6         5         0         0           130         DGH         24         5         6	Ë	224600	278	DGH	28	7	8	20	0	5	2	0	Con	Axial	Audit	GORU
500         DGH         20         17         13         24         12           220         DGH         17.5         5.5         6         8         0           442         DGH         46.5         12         10         6         0         0           425         DGH         46.5         12         10         6         0         0           425         DGH         19         16         40         40         40         40         40           360         DGH         33         16         8         0         0         6	Ľ,	320000	374	НЭQ	41	11	11	15	25	5	1.4	2	Con	Axial	Nurses	Ward
220         DGH         17.5         5.5         6         8         0           442         DGH         46.5         12         10         6         0           425         DGH         46.5         12         10         6         0           300         DGH         19         16         8         16         40           360         DGH         52         10         7         6         6           360         DGH         33         16         8         0         0         0           360         DGH         33         16         8         0         0         0           360         DGH         40         9         8         9         9         0           274         DGH         40         9         8         9         9         0           270         DGH         40         9         8         9         9         0           150         Both         16         9         1         40         0         0           270         DGH         24         5         6         5         0         0 <tr< td=""><td>۲,</td><td>200000</td><td>200</td><td>HDGH</td><td>20</td><td>17</td><td>13</td><td>24</td><td>12</td><td>4</td><td>1</td><td>0</td><td>Con</td><td>None</td><td>Nurses</td><td>Ward</td></tr<>	۲,	200000	200	HDGH	20	17	13	24	12	4	1	0	Con	None	Nurses	Ward
442         DGH         46.5         12         10         6         0           425         DGH         19         16         10         40         4           300         DGH         20         7         8         16         40           360         DGH         52         10         7         6         6           360         DGH         33         16         8         0         0         0           85         DGH         0         4         5         0         0         0         0           360         Both         40         9         15         8         8         8         8         8         8         8         8         8         8         8         9	Ľ,	270000	220	НЭQ	17.5	5.5	9	8	0	4	0	0	Nurse	Axial	Nurses	Ward
425         DGH         19         16         10         40         4           300         DGH         20         7         8         16         40           360         DGH         52         10         7         6         6         6           360         DGH         52         10         7         6         6         6         6           360         DGH         33         16         8         0	Ť	100000	442	НЭQ	46.5	12	10	9	0	5	1	2	None	Axial	Nurses	Ward
300         DGH         20         7         8         16         40           360         DGH         52         10         7         6         6         6           360         DGH         33         16         8         0         0         6	۲,	525000	425	DGH	19	16	10	40	4	5	4	0	Con	Axial	Nurses	Ward
360         DGH         52         10         7         6         6           360         DGH         33         16         8         0         0           85         DGH         33         16         8         0         0           300         Both         29         15         8         8         0           360         DGH         40         9         15         8         8         8           200         DGH         40         9         15         8         8         8         8           130         DGH         24         5         6         0         2.5         0         0           150         Both         16         9         7         40         40         0	Ľ,	250000	300	DGH	20	7	8	16	40	5	0	0	Con	Axial	Nurses	GORU
360         DGH         33         16         8         0         0           85         DGH         0         4         5         0         0         0           300         Both         29         15         10         0         0         0           360         Both         40         9         15         8         8         0         0         0           274         DGH         40         9         8         9         9         0 <td< td=""><td>_</td><td>360000</td><td>360</td><td>DGH</td><td>52</td><td>10</td><td>7</td><td>9</td><td>9</td><td>3</td><td>0</td><td>0</td><td>None</td><td>None</td><td>Nurses</td><td>Ward</td></td<>	_	360000	360	DGH	52	10	7	9	9	3	0	0	None	None	Nurses	Ward
85         DGH         0         4         5         0         0           300         Both         29         15         10         0           360         DGH         40         9         15         8         8           274         DGH         40         9         8         9         9         8           200         DGH         24         5         6         0         2.5         0           130         DGH         28         6         5         0         2.5         0           150         Both         16         9         7         40         40         40           226         DGH         24         10         8         0         0         0           330         DGH         28         10.5         14         0         0           200         DGH         28         9         0         0         0           375         DGH         40         8         9         0         0           275         DGH         40         8         9         0         0           275         DGH         40 <td><u> </u></td> <td>180000</td> <td>360</td> <td>DGH</td> <td>33</td> <td>16</td> <td>8</td> <td>0</td> <td>0</td> <td>4</td> <td>0</td> <td>0</td> <td>None</td> <td>Axial</td> <td>Nurses</td> <td>Ward</td>	<u> </u>	180000	360	DGH	33	16	8	0	0	4	0	0	None	Axial	Nurses	Ward
300         Both         29         15         12         10         0           360         DGH         40         9         15         8         8         8           274         DGH         40         9         8         9         9         8           200         DGH         24         5         6         5         0         2.5           150         Both         16         9         7         40         40         40           226         DGH         24         10         8         0         0         0           226         DGH         31.5         9.5         10.5         14         0         0           230         DGH         28         10.5         14         0         0           200         DGH         15         5         8         8         32           275         DGH         40         8         9         0         0           275         DGH         40         8         9         0         0           275         DGH         40         8         9         0         0	$\vdash$	95000	85	DGH	0	4	5	0	0	0	1	1	Con	Axial	Nurses	Ward
360         DGH         40         9         15         8         8         8         8         8         8         8         8         8         8         8         8         9         8         9         8         9         7         40         9         7         9         9         7         40         9         7         40         40         8         9         7         40         40         8         9         7         40         40         8         9		300000	300	Both	29	15	12	10	0	2	1	0	Con	Axial	Nurses	GORU
274         DGH         40         9         8         9         9         9           200         DGH         24         5         6         0         2.5         7           130         DGH         28         6         6         5         0         2.5           150         Both         16         9         7         40         40         40           318         DGH         24         10         8         0         0         0           226         DGH         31.5         9.5         10.5         14         0         0           200         DGH         28         10.5         11         8         30         0           200         DGH         15         5         8         8         32         0           275         DGH         40         8         9         0         0         0           320         DGH         40         8         9         0         0         0           275         DGH         48         10         9         0         0         0           500         DGH         48         9	,	310000	360	DGH	40	6	15	8	8	3	1	0	Con	Axial	Nurses	Ward
200         DGH         24         5         6         0         2.5           130         DGH         28         6         6         5         0         2           150         Both         16         9         7         40         40         6           318         DGH         24         10         8         0         0         0         0           226         DGH         31.5         9.5         10.5         14         0	,	300000	274	DGH	40	6	8	6	6	3	0	0	Con	Peri	Audit	Ward
130         DGH         28         6         6         5         0           150         Both         16         9         7         40         40           318         DGH         24         10         8         0         0         0           226         DGH         31.5         9.5         10.5         14         0         0           330         DGH         28         10.5         11         8         30         0           200         DGH         49         8         9         0         0         0           275         DGH         40         8         9         0         0         0           320         DGH         40         8         9         0         0         0           320         DGH         40         8         9         0         0         0           500         DGH         40         8         9         0         0         0	<u> </u>	000081	200	DGH	24	5	9	0	2.5	2	0	0	None	None	Nurses	Ward
150         Both         16         9         7         40         40           318         DGH         24         10         8         0         0         0           226         DGH         31.5         9.5         10.5         14         0         0           330         DGH         28         11         8         30         0           200         DGH         15         5         8         8         32         0           375         DGH         49         8         9         0         0         0           320         DGH         40         8         9         0         0         0           320         DGH         40         8         9         0         0         0           500         DGH         40         8         9         9         0         0           500         DGH         48         10         9         0         0         0		150000	130	DGH	28	9	9	5	0	5	1	0	Con	Axial	Nurses	Ward
318         DGH         24         10         8         0         0           226         DGH         31.5         9.5         10.5         14         0         1           330         DGH         28         10.5         11         8         30         1           200         DGH         15         5         8         8         32         1           375         DGH         49         8         9         0         0         0           320         DGH         40         8         9         0         0         1           500         DGH         48         10         9         9         0         0           500         DGH         48         10         9         8         2         1	ш,	350000	150	Both	16	6	7	40	40	5	0	0	Con	Axial	Audit	Ward
226         DGH         31.5         9.5         10.5         14         0           330         DGH         28         10.5         11         8         30           200         DGH         15         5         8         8         32           375         DGH         49         8         9         0         0           320         DGH         40         8         9         0         0           500         DGH         48         10         9         8         0	Ë	200000	318	DGH	24	10	8	0	0	0	0	0	Con	None	Audit	Ward
330         DGH         28         10.5         11         8         30           200         DGH         15         5         8         8         32           375         DGH         49         8         9         0         0           370         DGH         40         8         9         9         0           500         DGH         48         10         9         8         2	ш.	370000	226	DGH	31.5	9.5	10.5	14	0	5	1	0	None	Axial	Audit	Ward
200         DGH         15         5         8         8         32           375         DGH         49         8         9         0         0           275         DGH         24.5         8         8         6         4         8           320         DGH         40         8         9         9         0         9           500         DGH         48         10         9         8         2         2	Ĥ	225000	330	DGH	28	10.5	11	8	30	4	2	1.1	Con	Axial	Nurses	Ward
375         DGH         49         8         9         0         0           275         DGH         24.5         8         8         6         4           320         DGH         40         8         9         9         0           500         DGH         48         10         9         8         2		250000	200	DGH	15	5	8	8	32	3	0	0	Con	None	Nurses	Ward
275         DGH         24.5         8         8         6         4           320         DGH         40         8         9         9         0           500         DGH         48         10         9         8         2	Ĥ	225000	375	DGH	49	8	6	0	0	0	0.5	0	None	Peri	Nurses	GORU
320         DGH         40         8         9         9         0           500         DGH         48         10         9         8         2		200000	275	DGH	24.5	8	8	9	4	4	1	0	Nurse	None	Nurses	Ward
500 DGH 48 10 9 8 2		250000	320	DGH	40	8	6	6	0	5	2	1	Con	None	Nurses	Ward
		370000	200	DGH	48	10	6	8	2	5	0	0	Con	Axial	Nurses	Ward
DGH   50   6   7   20   0	••	220000	175	DGH	20	9	7	20	0	3	1	1	Con	Peri	Nurses	GORU

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Facilities audit table 2011–12

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Where	rehabilitation	is done	Ward	Ward	Ward	Ward	GORU	GORU	GORU	Ward	Ward	GORU	Ward	Ward	Ward	GORU	Ward	Ward	Ward	Ward	Ward	Ward	Ward	GORU	Ward	Ward	Ward	Ward	Ward	Ward	GORU	Ward
Data	collected	by	Nurses	Nurses	Nurses	Nurses	Nurses	Nurses	Doctors	Audit	Nurses	Doctors	Audit	Nurses	Nurses	Nurses	Audit	Doctors	Nurses	Doctors	Nurses	Doctors	Nurses	Nurses	Nurses	Nurses	Nurses	Audit	Audit	Nurses	Nurses	Nurses
DXA	on-site	facility	Axial	Axial	None	Axial	Axial	Axial	None	Axial	Axial	Axial	None	Axial	Axial	Axial	Axial	Axial	Axial	None	Axial	Axial	Axial	Axial	None	None	None	None	Axial	None	Axial	Axial
Falls	clinic		Con	Con	Con	Con	Con	None	Con	Con	Con	Con	Con	Con	Con	Con	Con	Con	Con	None	Con	Con	Con	Con	None	None	Con	Con	Con	Nurse	Con	Con
No. of WTE	fracture	liaison nurses	1	1	0	0	0	1	0	0	1	0	0	1	0	0	1	0	1	0	2	3	0	0	0	0	0	1	3	0	1	П
No. of WTE	fragility fracture	nurses	2	0	1	4	1	0	0	1	0.5	0	0	0	1.4	2	1	0	1	0	0	3.25	0	1	0	0	0	1	1	0	1	П
Orthogeriatric	ward rounds	per week	5	5	5	2	2	2	9	2	2	2	3	9	9	3	3	5	2	0	2	4	4	5	2	0	2	5	10	2	5	2
Orthogeriatric Orthogeriatric	middle grades	hours/week	0	0	0	8	0	0	12	40	40	20	0	11	0	0	6	0	12	0	9	0	0	10	9	0	0	40	40	4	10	0
Orthogeriatric	consultant	hours/week	17.5	12	20	16	12	20	28	12	25	8	9	9	32	4.5	6	8	17	0	12	16	29	4	44	0	4	21	20	4	0	20
No. of WTE	Orthopaedic	middle grades	8	20	7	15	10	8	12	14	6	5	5	19	12	0	7	11	10	5	12	12	6	7	6	3	2	9	15	14	2	6
No. of WTE	Orthopaedic	Consultants	9	20	8	12	6	4.5	11	10	8	6	5	22	14	16	9	6	16	5	12	8	9	8	9	5	5	5	19	16	5	14
Hours of	Designated	trauma/week	34	84	38.5	99	54	20	65	28	89	43.5	17.5	64	99	89	24	22	52.5	4	80	35	20	30	30.5	20	0	0	75	52.5	17.5	35
Trauma	Service	Description	DGH	DGH	DGH	DGH	DGH	DGH	H9G	DGH	DGH	H9G	DGH	DGH	Both	Tertiary	DGH	DGH	DGH	H9G	DGH	DGH	DGH	DGH	DGH	DGH	DGH	DGH	DGH	DGН	Tertiary	DGH
No. of hip	fractures	treated/annum	320	520	378	350	370	363	480	200	485	380	150	360	480	176	190	400	400	120	258	158	170	300	200	225	90	160	200	421	250	422
Trauma	catchment	population	250000	200000	336000	300000	250000	300000	750000	200000	200000	200000	100000	450000	200000	260000	158000	400000	320000	130000	380000	220000	200000	225000	320000	250000	115000	200000	650000	495000	140000	320000
Hospital	Code		DAR	DER	DGE	DID	DRY	DVH	ЕВН	ENH	ESU	FAZ	FGH	FRM	FRY	GEO	НЭЭ	GHS	GLO	GRA	ВМН	GWY	HAR	нсн	HIL	NIH	МОН	HOR	HRI	HUD	MOI	IPS

Facilities audit table 2011-12

Where	rehabilitation	is done	Ward	Ward	Ward	Ward	Ward	Ward	Ward	Ward	Ward	Ward	Ward	Ward	GORU	Ward	Ward	Ward	Ward	GORU	Ward	Ward	GORU	GORU	Ward	Ward	Ward	Ward	Ward	Ward	Ward	Ward
Data	collected reh	by	Nurses	Nurses	Nurses	Nurses	Nurses	Nurses	Audit	Audit	Nurses	Nurses	Nurses	Nurses	Nurses (	Doctors	Nurses	Doctors	Audit	Nurses (	Nurses	Nurses	Nurses (	Nurses (	Nurses	Nurses	Nurses	Doctors	Nurses	Audit	Audit	Nurses
DXA	on-site co	facility	None N	Axial N	Axial   N	Axial   N	Peri N	Axial N	Axial	None	Axial N	Axial N	Peri N	Axial N	None N	Axial Do	Axial N	None Do	Axial A	Axial N	Axial   N	Axial N	Axial N	Axial N	Axial   N	Peri N	None N	None Do	Axial N	Axial   A	Axial   A	Axial N
Falls [	clinic or	fa	None N	Con   A	Con   A	Con   A	Con P	Con A	Con A	Con	None   A	Con   A	Con P	Con   A	Nurse N	Con A	Con A	None N	None A	Con A	Con   A	Con   A	None   A	Con   A	Con   A	Con   P	Nurse N	Con N	Nurse   A	Con   A	Con   A	Con A
		ses	Nc	ŭ	Ŭ	Ŭ	ŭ	ŭ	ŭ	ŭ	No	ŭ	ŭ	ŭ	Nu	ŭ	ŭ	ž	Ñ	ŭ	ŭ	ŭ	No	ŭ	Ŭ	Ŭ	Nu	ŭ	Nu	ŭ	Ŭ	Ŭ
No. of WTE	fracture	liaison nurses	0	1	0	0	0	0	0	0.5	0	1	0	0	4	0	5	0	0	0	0	1.3	0	3	0	0	0	0	0	0	0	9.0
No. of WTE	fragility fracture	nurses	0	1	7	1.5	0	0	0	0	0	0	0	0	0	0	4	0	0	0	3.5	1.3	0	0	0	0	0	0	1	9.0	0	0
Orthogeriatric Orthogeriatric Orthogeriatric	ward rounds	per week	8	1	0	0	5	0	5	7	8	8	0	7	4	4	2	7	3	7	7	0	T	T	10	4	0	5	0	7	2	3
Orthogeriatric	middle grades	hours/week	0	20	0	0	0	0	8	4	0	0	0	0	8	10	0	2	12	0	4	9	16	37.5	40	24	0	9	0	35	5	28
Orthogeriatric	consultant	hours/week	6	7.1	0	0	34	0	56	8	7	32	0	19	20	20	20	2	12	14	13.5	0	0	3	72	8	0	10	0	10	20	12
No. of WTE	Orthopaedic	middle grades	7	18	6	10	8	14	10	7	8	27	11	20	4	6	10	10	10	8	9	10	7	8	12	10	7	5	4	6	16	18
No. of WTE	Orthopaedic	Consultants	9	12	8	13	8.52	6	20	7	8.5	16	13	16	7	8	11	7	12	10	9.5	15.2	7	8	23	10	7	9	4	20	10.9	14
Hours of	Designated	trauma/week	22.5	31	32	38.5	53	46	76.5	38.5	32	136	75	99	24.5	28	99	31.5	70	52	31.5	28	20	29	66.5	32	24.5	12	20	84	54	49
Trauma	Service	Description	DGH	Tertiary	DGH	DGH	DGH	H9G	Both	H9G	H9G	Both	НЭQ	Both	НЭO	DВН	DВН	DВН	Both	НЭG	DGH	H9G	H9G	H9G	Both	DGH	НЭQ	DВН	Both	Both	DGH	DGH
No. of hip	fractures	treated/annum Description	400	101	345	450	360	253	006	170	250	700	390	129	240	300	375	250	530	400	175	375	250	298	670	220	249	140	80	875	490	315
Trauma	catchment	population	250000	200000	340000	400000	350000	320000	1000000	450000	280000	802842	277613	250000	220000	380000	377250	260000	400000	350000	251665	252791	160000	200000	200000	280000	444144	250000	83876	825000	485000	400000
Hospital	Code		JPH	КСН	KGH	КМН	КТН	НОЛ	LER	LEW	НЭП	IBT	LIN	NOT	MAC	MAY	MDW	MKH	MOR	MPH	MRI	NCR	DDN	NEV	NGS	NHH	NMG	NMH	NOB	NOR	NPH	NTG

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Facilities audit table 2011–12

	uc																															
Where	rehabilitation	is done	Ward	GORU	GORU	Ward	Ward	GORU	Ward	Ward	0805	Ward	Ward	Ward	GORU	Ward	Ward	Ward	GORU	Ward	Ward	Ward	GORU	GORU	Ward	Ward	Ward	GORU	GORU	Ward	Ward	Ward
Data	collected	by	Nurses	Nurses	Nurses	Audit	Doctors	Nurses	Audit	Audit	Audit	Nurses	Nurses	Nurses	Nurses	Nurses	Doctors	Nurses	Audit	Nurses	Audit	Nurses	Audit	Doctors	Nurses	Nurses	Nurses	Doctors	Nurses	Nurses	Audit	Nurses
DXA	on-site	facility	Axial	Axial	Axial	Axial	None	Axial	Axial	None	Axial	Axial	None	Axial	Axial	Axial	Axial	Axial	Axial	Axial	None	None	None	None	Axial	Axial	None	Axial	Axial	None	Axial	Axial
Falls	clinic		Con	Con	None	Con	Con	Con	Nurse	None	Con	Con	None	Con	Son	Nurse	Con	Con	Con	Con	Con	Con	Con	Con	Con	None	Con	Con	None	Con	Con	Con
No. of WTE	fracture	liaison nurses	0	0	1	0	0	0	1	0	0	1	0	0	0	0	0	0	0	9.0	1.5	0	2	0	1	0	0	0	0	1	0	0
No. of WTE	fragility fracture	nurses	0	1	9.0	0	0	0	1	0	1	0	0	0	1	0	0	1.8	3	2	0	0	0	0.5	0	0	1	1	0	0	0	1
Orthogeriatric	ward rounds	per week	0	1	5	2.5	2	5	3	5	0	0	8	2	5	5	5	8	4	4	5	2	5	5	5	3	5	5	2	5	3	9
Orthogeniatric Orthogeniatric Orthogeniatric	middle grades	hours/week	0	40	99	0	0	40	40	28	0	0	50	0	75	40	64	39.5	9	0	40	0	40	40	20	11	0	10	0	0	12	2
Orthogeriatric	consultant	hours/week	0	4	4	12	9	25	12	30	0	0	20	4	75	0	12	25.2	12	24	10	4	40	32	20	14	10	20	5	15	12	24
No. of WTE	Orthopaedic	middle grades	11	10	4	2	9	10	24	11	0	5	13	10	8	10	17.64	2.83	13	14	11	2	10	18	14	8	8	7	2	10	8	11
No. of WTE	Orthopaedic	Consultants	11.6	6	4	5	9	11	14	11	3	16	10	7	14	19	12.83	24.49	12	10	8	7	7.5	18	19	12	10	6.2	7.5	8.5	6	14.5
Hours of	Designated	trauma/week	46	40	45	78	25	42	21	67	0	40	114.5	27.5	40	73	70	84	19	45.5	32	77	70	09	100	99	70	70	17.5	17.5	38	92
Trauma	Service	Description	DGH	DGH	Tertiary	DGH	DGH	DGH	Both	H9G	H9G	H9G	DGН	DGН	НЭO	НЭO	НЭO	DGH	НЭO	НЭO	DGH	H9G	Tertiary	DGН	H9G	H9О	DGH	DGН	DВН	DGН	DGH	DGH
No. of hip	fractures	treated/annum Description trauma/week Consultants	366	340	375	230	100	279	009	350	29	400	923	325	260	550	370	654	375	300	445	320	480	200	455	552	250	210	275	275	300	370
Trauma	catchment	population	370000	250000	360000	300000	225000	429700	750000	299900	65000	300000	484000	230000	200000	470000	400000	610000	383000	190000	175000	250000	200000	550000	400000	396183	320000	250000	280000	190000	300000	350000
Hospital	Code		NTH	YTN	HUN	NUN	NWG	ОНМ	OLD	РАН	НЭЫ	PET	PGH	PIL	PIN	PLY	PMS	QAP	QEB	QEG	QEQ	OKL	RAD	RBE	RCH	RDE	RED	RFH	RGH	RHC	RLI	RLU

Facilities audit table 2011-12

Where	rehabilitation	is done	Ward	Ward	Ward	GORU	Ward	Ward	GORU	GORU	Ward	Ward	Ward	GORU	Ward	Ward	GORU	Ward	Ward	Ward	GORU	GORU	Ward	Ward	GORU	Ward	Ward	GORU	Ward	Ward	Ward	GORU
W		is d			>				99		M			9	_	8										M	M	99		_	Щ	
Data	collected	by	Nurses	Nurses	Audit	Nurses	Nurses	Nurses	Audit	Nurses	Audit	Nurses	Nurses	Audit	Nurses	Audit	Nurses	Nurses	Doctors	Nurses	Doctors	Nurses	Nurses	Nurses	Nurses	Audit	Audit	Audit	Nurses	Nurses	Nurses	Doctors
DXA	on-site	facility	None	None	Axial	None	Axial	Axial	None	Axial	Peri	Axial	Axial	Axial	Axial	Peri	Axial	Axial	None	Axial	Axial	None	Axial	Peri	Axial	Peri						
Falls	clinic		Con	Con	Con	Con	Con	None	Con	Con	Con	Con	None	Con	Con	Con	None	Con	Con	Con	Con	Nurse	Con	Con	Con	Con						
No. of WTE	fracture	liaison nurses	0	0	0	0	0	0	1	1.14	0	0	0	2	0	1	0	0	0	0	0.5	1	0	0	0	1	0	1	0	0	0	0
No. of WTE	fragility fracture	nurses	0	0	0	0	0	4	0	1.16	1	0	0	1	0	1	0	0	1	0	0.5	0	1	1	1	1	0.5	2	0	1.85	0	1
Orthogeriatric	ward rounds	per week	1	3	2	2	5	3	8	2	2	4	2	5	2	2	0	2	2	9	2	3	1	4	2	2	2	3	5	2	5	0
Orthogeniatric Orthogeniatric	middle grades	hours/week	0	0	0	0	40	40	15.5	12	90	8	0	0	0	0	0	24	56	0	0	9	8	4	0	8	40	0	0	4	3	0
Orthogeriatric	consultant	hours/week	8	12	46.8	10	20	16	32	10	70	10	15	37.5	3.5	7	9	24	56	24	20	70	0	18	5	16	40	15	9	8	2	0
No. of WTE	Orthopaedic	middle grades	8	13	17.25	9	12	8	16	8	8	16	9	19	8	4	12	20	12	10	8	12	8	13	9	0	2	16	8	6	9	7
No. of WTE	Orthopaedic	Consultants	12.2	12	20.51	7	13	11	10.93	7.5	6	12.5	9	56	9	6	13	14	16	17	7	15.5	8	12.61	5	8	6	19	7	14	7	8
Hours of	Designated	trauma/week	36	99	118	20	32	99	152	48	30.5	74	21	9	32	17.5	28	107	62.5	57	47.25	49	144	45	17.5	44	99	09	46	52.5	26	17.5
Trauma	Service	Description	DВН	Both	Both	НЭO	DGH	НЭQ	Both	Both	H9G	H9G	НÐО	DВН	НÐО	НÐО	НÐО	Both	НЭQ	НЭO	Both	DВН	НЭQ	DGH	H9G	Both	Both	Both	DGH	НÐО	DGH	DGH
No. of hip	fractures	treated/annum	300	457	200	350	378	478	924	450	226	350	320	512	217	250	485	009	400	370	240	380	300	400	208	220	200	220	400	420	350	280
Trauma	catchment	population	254000	400000	460000	330000	320000	200000	1020000	300000	225000	220000	230000	392000	195130	300000	361000	000009	350000	350000	275500	200000	224000	450000	156000	400000	325000	275000	220000	375000	250000	240000
Hospital	Code		ROT	RPH	RSC	RSS	RSU	RUS	RVB	RVN	SAL	NAS	SCA	SCM	scn	SDG	SEH.	SGH	SHC	ВНН	SLF	AWS	nos	HdS	GTS	HLS	MTS	STO	STR	NUS	TGA	TLF

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Facilities audit table 2011-12

																																$\neg$
Where	rehabilitation	is done	Ward	Ward	GORU	GORU	Ward	GORU	Both	GORU	Ward	GORU	Ward	Ward	Ward	Ward	Ward	GORU	GORU	Ward	Ward	GORU	Ward	Ward	GORU	Ward	GORU	Ward	GORU	GORU	Ward	Ward
Data	collected	by	Audit	Nurses	Nurses	Nurses	Nurses	Audit	Nurses	Nurses	Nurses	Audit	Nurses	Audit	Nurses	Nurses	Audit	Nurses	Audit	Audit	Doctors	Audit	Nurses	Nurses	Nurses	Nurses	Nurses	Audit	Nurses	Nurses	Nurses	Audit
DXA	on-site	facility	Axial	None	Axial	Axial	Peri	Axial	Axial	Axial	Axial	None	Peri	Axial	Axial	None	Axial	None	None	Axial	Axial	Axial	None	Peri	Axial	None	None	None	None	None	Peri	Axial
Falls	clinic		Con	Con	Con	Con	None	Con	None	None	Con	Con	Con	None	Con	Son	Con	Con	Con	Nurse	Con	Con	Nurse	Con	Con	Con	None	Con	None	None	Con	Con
No. of WTE	fracture	liaison nurses	2	0	0	0	0	1	1	0	0	0	0	0	1	0	0.5	1	9.0	0	0	0	0	0	1	0	1	2	0	0.8	0	1
No. of WTE	fragility fracture	nurses	2	1	0	1	0	1	3	0.2	7	0	0	0	3	0	0.5	1	0.5	0	0	0	0	1	0	1	0	2	0	0	0	1
Orthogeriatric	ward rounds	per week	3	2	3	2	5	2	8	3	4	2	2	3	3	2	2	2	2	2	2	2	3	1	3	7	7	5	5	0	2	4
Orthogeriatric Orthogeriatric	middle grades	hours/week	40	0	3	2	2	0	27	7	40	40	7	0		37.5	0	0	40	0	0	10	0	8	3	8	12	2	2	0	0	0
Orthogeriatric	consultant	hours/week	0	8	9	4	9	52	08	8	16	70	8	9	7	4	9	40	70	20	8	97	12	7	3	76	10	70	8	0	2	20
No. of WTE	Orthopaedic	middle grades	7.5	5	13	10	22	16	15	6	8	14	8	4	7	12	8	8	10	11	8	12	6	6	8	10	9	7	8	5	8	8
No. of WTE	Orthopaedic	Consultants	12	9	14	11	25	14	15.5	8	2	10	11	8.25	8	10	7.8	8	12	11.4	8	14	6	4	6	7	8	10	10	5	8	11
Hours of	Designated	trauma/week	53.5	20	70	28	120	120	91	22	30	52	12	28	56	33	25	40	43.5	61	20	79	24	30	10	49	27	17.5	33	6	37	36
Trauma	Service	Description	DGH	DGH	Both	Both	Both	Tertiary	Both	H9G	HDG	H9G	H9G	Both	H9G	HDG	H9G	DGН	НЭQ	HDG	DGH	H9G	DВН	DВН	DGH	DВН	H9G	DGH	DGH	DGH	Both	DGH
No. of hip	fractures	treated/annum	460	100	460	139	909	827	200	200	365	450	088	300	170	370	294	320	485	400	150	667	365	230	425	493	230	310	300	180	300	380
Trauma	catchment	population	270000	200000	200000	395000	425000	750000	200000	370000	270000	200000	450000	200000	180000	250000	220000	315000	175000	320000	240000	400000	760000	250000	340000	300000	250000	280000	180700	135000	300000	350000
Hospital	Code		TOR	TRA	TUN	NCL	OHC	NHO	WHU	VIC	WAR	WAT	WDG	WDH	WES	WEX	WGH	WHC	МНН	MHI	WHT	WIR	WMH	WMU	WRC	WRG	WRX	WSH	WWG	WYB	WYT	YDH

### Appendix D

### NHFD Chart Outlines

### All charts

### **Data slices**

**Admission data slice:** Patients admitted between 1st April 2011 and 31st March 2012 inclusive and aged greater than or equal to 60 years (those aged over 110 years are excluded).

**Discharge data slice:** Patients admitted between 1st April 2011 and 31st March 2012 inclusive, discharged from Trust during the same period and aged greater than or equal to 60 years (those aged over 110 years are excluded).

All charts use the admission data set unless otherwise specified.

### **Hospital inclusion**

Hospitals to be included if 100 or more records were included in the admission data slice or if the hospital had 100% case ascertainment.

### **Numbers of cases**

Hospital (N) – Indicates that all cases are included and the number in brackets is the number of cases per hospital.

Hospital (n/N) – Indicates that a subset has been taken. 'n' is the number of cases in the subset and 'N' is the total number of cases in the hospital.

### Chart 1 – Completeness of data fields

**Description:** Hospitals ranked by the percentage of complete data fields.

Fields Used:

**For all patients:** Gender, ASA Grade, Admitted From, Walking Ability Indoors, Walking Ability Outdoors, Fracture Type, Operation Performed, Preoperative Medical Assessment, Bone Therapy Medication, Admission Time to A&E, AMTS, Ward Type, Discharge Date from Trust, Discharge from Trust Destination, Anaesthesia Type

**For admitted to Orthopaedic Ward:** Admission Time to Orthopaedic Ward, Discharge Date from Ward, Discharge from Ward Destination

For patients who did not die in hospital: Pressure Ulcers, Specialist Falls Assessment

For patients who underwent surgery: Date of Surgery

For patients who underwent surgery after 36 hours: Reason for 36 Hour Delay to Surgery For patients who underwent surgery after 48 hours: Reason for 48 Hour Delay to Surgery

For patients who underwent surgery & were discharged before 1/04/12: 30 Day Reoperation Calculation: For each hospital, number of completed fields divided by the number of fields that should have been completed.

Data: All 180 hospitals included in chart.

### Chart 2 - Age at admission

**Description:** Hospitals ranked by the percentage of patients aged over 90 years.

Fields Used: Age

**Groups:** Patient age is grouped into four categories – 60-69, 70-79, 80-89 and 90+.

Total number of patients included: 59,365

All 180 hospitals included in chart.

### Chart 3 - Gender

**Description:** Hospitals ranked by the percentage of female patients.

Fields Used: Gender

Total number of patients included: 59,365

All 180 hospitals included in chart.

### Chart 4 - Admitted from

**Description:** Hospitals ranked by the percentage of patients admitted from their own home or

sheltered housing.

Fields Used: Admitted From

Groups: The responses 'Residential care/Nursing Home/LTC Hospital' (0.7% of cases) and 'Residential

care' (12.0% of cases) are combined and shown on the chart as 'Residential Care'.

**Total number of patients included:** 59,365 **Data:** All 180 hospitals included in chart.

### Chart 5 – ASA grade

**Description:** Hospitals ranked by the percentage of patients with ASA grade equal to 1, 2 or 3. The left hand side graph shows the percentage of cases with known ASA grade, the right hand side graph shows the percentage of cases with each ASA grade (cases with unknown ASA grade excluded).

Fields Used: ASA Grade

Total number of patients included in LHS chart: 59,365

**Total number of patients included in RHS chart:** 53,542 (5823 with unknown ASA grade excluded)

All 180 hospitals included in both charts.

Hospital Issues: Hospitals CRG and LON have less than 50% known data.

### Chart 6 – Walking ability

**Description:** Hospitals ranked by the percentage of patients who regularly walked indoors without aids or with one aid prior to admission.

Fields Used: Walking Ability Indoors

Total number of patients included: 59,365

All 180 hospitals included in chart.

### **Chart 7 – Fracture type**

**Description:** Hospitals ranked by the percentage of patients with displaced or undisplaced intracapsular

fracture.

Fields Used: Fracture Type

**Total number of patients included:** 59,365

All 180 hospitals included in chart.

**Hospital Issues:** Hospitals TRA and MAC have more than 40% of patients with the response 'Other' (more than twice as much as any of the other hospitals). Hospitals RPH and VIC have more than 40% of patients with unknown response (more than three times as much as any of the other hospitals).

### Chart 8 - AMT score

**Description:** Hospitals ranked by the percentage of patients with AMT score between 0 and 6.

Fields Used: AMTS

Total number of patients included: 59,365

All 180 hospitals included in chart.

**Hospital Issues:** There are 10 hospitals with 0% data completion.

### Chart 9 – A&E to orthopaedic ward in 4 hours (Blue Book Standard 1)

**Description:** Hospitals ranked by the percentage of patients admitted to orthopaedic ward (OW) within 4 hours.

Fields Used: Admission Time to A&E, Admission Time to Orthopaedic Ward, Ward Type

**Groups:** Admitted to orthopaedic ward within 4 hours, admitted to orthopaedic ward after 4 hours, not admitted to orthopaedic ward and unknown. Patients admitted to an orthopaedic ward are classified as 'Unknown' if time to orthopaedic ward is missing or outside of 0-8760 hours. (1 Year)

Total number of patients included: 59,365

All 180 hospitals included in chart.

**Hospital Issues:** Hospitals BAT and SHH have less than 5% known data; hospital GRA has less than 50% known data. Over 80% of patients at WRG were not admitted to an orthopaedic ward, all 100% of patients at CHS were not admitted to an orthopaedic ward.

### Chart 10 - Type of anaesthesia

**Description:** Hospitals ranked by the percentage of patients that received general anaesthesia either alone or in combination.

Fields Used: Anaesthesia Type

**Groups:** The response 'Other' has been classified as 'Unknown' in the chart.

Total number of patients included: 59,365

All 180 hospitals included in chart.

### Chart 11 – Surgery within 36 hours of admission

**Description:** Hospitals ranked by the percentage of patients who underwent surgery within 36 hours of admission.

**Fields Used:** Admission Time to A&E, Admission Time to Orthopaedic Ward, Date of Surgery; Operation

**Calculation:** Time to surgery is calculated as the difference between admission to A&E time and surgery time. If admission to A&E time is missing (0.1% of patients) then time to surgery is estimated as the difference between admission to OW time and surgery time.

**Groups:** Surgery within 36 hours, surgery after 36 hours, no operation performed and unknown. Patients who received surgery and have missing Date of Surgery or have time to surgery outside of the range 0-8760 hours are grouped as 'unknown'.

Total number of patients included: 59,365

All 180 hospitals included in chart.

### Chart 12 – Surgery within 48 hours and during normal working hours (Blue Book Standard 2)

**Description:** Hospitals ranked by the percentage of eligible patients who were treated with surgery within 48 hours of admission and during working hours (8am-8pm). Patients were eligible if they were medically fit, admitted from outside of hospital and underwent surgery.

**Fields Used:** Admission Time to A&E, Admission Time to Orthopaedic Ward, Date of Surgery, Admitted From, Operation, Reason for 48 Hour Delay to Surgery.

**Calculation:** Time to surgery is calculated as the difference between admission to A&E time and surgery time. If admission to A&E time is missing (0.1% of patients) then time to surgery is estimated as the difference between admission to OW time and surgery time.

**Groups:** Surgery in 48 hours and working hours (8am-8pm), surgery in 48 hours but not within working hours, surgery not within 48 hours, unknown. Patients with missing surgery time and patients with time to surgery outside of the range 0-8760 hours are grouped as 'unknown'.

**Total number of patients included:** 55,345 (4,020 patients were not eligible) All 180 hospitals included in chart.

### Chart 13 – Reason for delay beyond 36 hours

**Description:** Hospitals ranked by the percentage of delayed patients who had their surgery delayed for medical reasons.

**Fields Used:** Admission Time to A&E, Admission Time to Orthopaedic Ward, Date of Surgery, Reason for 36 hour Delay to Surgery, Operation.

**Calculation:** Time to surgery is calculated as the difference between admission to A&E time and surgery time. If admission to A&E time is missing (0.1% of patients) then time to surgery is estimated as the difference between admission to OW time and surgery time.

**Groups:** Patients are included in this chart if they underwent surgery more than 36 hours (and less than 8760 hours) after admission to A&E. 'Problem with theatre/equipment' and 'Problem with theatre/surgical/anaesthetic staff' are merged into 'Problem with theatre/equipment/staff'. 'No delay surgery < 36 hours' & 'No delay surgery < 24 hours' are grouped as 'unknown'.

Total number of patients included: 17,524

All 180 hospitals included in chart.

**Hospital Issues:** Hospitals RVB, ALT, CRG, NUH, WHH, SCM, VIC, MKH, GRA and HCH have less than 50% data completion.

### Chart 14 – Patients treated without surgery

**Description:** Hospitals ranked by the percentage of patients who underwent surgery.

Fields Used: Operation

**Total number of patients included:** 59,365

All 180 hospitals included in chart.

### Chart 15 – Undisplaced intracapsular fractures

**Description:** Hospitals ranked by the percentage of eligible patients who received arthroplasty. Patients were eligible if they had an undisplaced intracapsular fracture.

Fields Used: Fracture Type, Operation

**Groups:** Operation categories accounting for less than 3% of all patients were grouped as 'Arthroplasty – Other' or 'Other' as appropriate.

Total number of patients included: 6,407

164 hospitals included in chart (16 hospitals with less than 10 eligible patients were excluded).

### **Chart 16 – Displaced intracapsular fractures**

**Description:** Hospitals ranked by the percentage of eligible patients who received arthroplasty. Patients were eligible if they had a displaced intracapsular fracture.

Fields Used: Fracture Type, Operation

**Groups:** Operation categories accounting for less than 3% of all patients are grouped as 'Arthroplasty – Other' or 'Other' as appropriate.

Total number of patients included: 27,805

179 hospitals included in chart (1 hospital with less than 10 eligible patients was excluded).

### **Chart 17 – Cementing of arthroplasties**

**Description:** Hospitals ranked by the percentage of eligible patients who had a cemented arthroplasty. Patients were eligible if they underwent an arthroplasty.

Fields Used: Operation

Total number of patients included: 28,502

All 180 hospitals included in chart.

### Chart 18 – Total hip replacements for displaced intracapsular fractures

**Description:** Hospitals ranked by the percentage of eligible patients who received total hip replacement (THR) surgery. Patients were eligible if they received surgery for an intracapsular displaced fracture, had an AMTS of 8 or more, an ASA Grade of 3 or less and were able to walk outdoors with one aid or no aids.

**Fields Used:** Operation, Fracture Type, Walking Ability Outdoors, ASA Grade, AMTS.

**Groups:** Patients who received any total hip replacement surgery are grouped as "Total Hip

Replacement'. All other operations grouped as 'Other Operation'.

Total number of patients included: 7,480

145 hospitals included in chart (35 hospitals with less than 10 eligible patients were excluded).

### Chart 19 - Provision of total hip replacement by age of patient

**Description:** Percentage of eligible patients who received total hip replacement (THR) surgery by age. Eligible patients are defined as those who had intracapsular displaced fractures and received surgery (operation type not unknown), AMTS of 8 or more, ASA Grade of 3 or less and were able to walk outdoors with one aid or less.

Fields Used: Operation, Fracture Type, Walking Ability Outdoors, ASA Grade, AMTS, Age.

**Groups:** Patients who received any total hip replacement surgery ("Arthroplasty - THR (cemented)", "Arthroplasty - THR (uncemented - HA coated)" or "Arthroplasty - THR (uncemented - uncoated)") are grouped as "Total Hip Replacement'. All other operations grouped as 'Other Operation'.

Ages are grouped as 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94 and 95+.

**Total number of patients included:** 7,563

### **Chart 20 – Intertrochanteric fractures**

**Description:** Hospitals ranked by the percentage of patients with intertrochanteric fractures who receive internal fixation.

Fields Used: Fracture Type, Operation

**Groups:** Operation categories accounting for less than 3% of all patients are grouped as 'Arthroplasty' or 'Other' as appropriate.

Total number of patients included: 20,361

All 180 hospitals included in chart.

### Chart 21 – Subtrochanteric fractures

**Description:** Hospitals ranked by the percentage of patients with subtrochanteric fractures who receive internal fixation.

**Fields Used:** Fracture Type, Operation

**Groups:** Operation categories accounting for less than 3% of all patients are grouped as 'Arthroplasty' or 'Other' as appropriate.

Total number of patients included: 2,947

139 hospitals included in chart (41 hospitals with less than 10 eligible patients were excluded).

### Chart 22 – Development of pressure ulcers (Blue Book Standard 3)

**Description:** Hospitals ranked by the percentage of eligible patients who developed pressure ulcers. Patients are eligible if they did not die in hospital.

**Fields Used:** Pressure Ulcers, Discharge Ward Destination, Discharge Trust Destination.

Total number of patients included: 54,110

All 180 hospitals included in chart.

**Hospital Issues:** Hospitals UHW, HIN, SGH and PLY have less than 50% known data.

### Chart 23 – Preoperative medical assessments (Blue Book Standard 4)

**Description:** Hospitals ranked by the percentage of patients who underwent any preoperative medical assessment.

Fields Used: Preoperative Medical Assessment

**Groups:** As multiple responses were possible for this field patients were only allocated to the highest level of assessment they received according to the following hierarchy:

'Already under care' > 'Routine by geriatrician' > 'Routine by physician' > 'Routine by specialist nurse' > 'Medical review following request' > 'None''.

Total number of patients included: 59,365

All 180 hospitals included in chart.

Hospital Issues: Hospital VIC has less than 60% known data.

### Chart 24 - Bone protection medication at admission

**Description:** Hospitals ranked by the percentage of patients on bone protection medication at

admission.

Fields Used: Bone Therapy Medication

Total number of patients included: 59,365

All 180 hospitals included in chart.

**Hospital Issues:** Hospital VIC has less than 60% known data.

### Chart 25 - Bone health assessment and treatment at discharge

(Blue Book Standard 5)

**Description**: Hospitals ranked by the percentage of eligible patients who were already receiving bone protection medication, started bone protection medication, were assessed for bone protection medication or were awaiting DXA scan or bone clinic assessment. Patients were eligible if they did not die in hospital.

**Fields Used:** Bone Therapy Medication, Discharge Ward Destination, Discharge Trust Destination **Groups:** As multiple responses were possible for this field patients were only allocated to the highest level of assessment they received according to the following hierarchy:

'Continued from pre-admission' > 'Started on this admission' > 'Awaits DXA scan' > 'Awaits bone clinic assessment' > 'Assessed – no bone protection medication needed/appropriate' > 'No assessment or action taken'.

### Total number of patients included: 54,110

All 180 hospitals included in chart.

**Hospital Issues:** VIC has less than 60% known data. None of the patients from SOU received any assessment.

### Chart 26 – Specialist falls assessment (Blue Book Standard 6)

**Description:** Hospitals ranked by the percentage of eligible patients who had received or were awaiting a falls assessment. Patients were eligible if they did not die in hospital.

Fields Used: Falls Assessment, Discharge Ward Destination, Discharge Trust Destination

Total number of patients included: 54,110

All 180 hospitals included in chart.

**Hospital Issues:** Hospital SDG has less than 20% known data; Hospital PLY has less than 40% known data; Hospital VIC has less than 60% known data. None of the patients from HIN, BRG or ALT received assessments.

### Chart 27 – Secondary prevention overview

**Description:** Hospitals ranked by the percentage of eligible patients who received both bone protection medication and a falls assessment. Patients were eligible if they did not die in hospital.

**Fields Used:** Falls Assessment, Bone Therapy Medication, Discharge Ward Destination, Discharge Trust Destination

**Groups:** Responses to Bone Therapy Medication 'Continued from pre-admission'/ 'Started on this admission'/'Awaits DXA scan'/'Awaits bone clinic assessment'/'Assessed – no bone protection medication needed/appropriate' are taken as a completed bone assessment. Responses to Falls Assessment starting with 'Yes' are taken as a completed falls assessment.

Patients with either of the assessments unknown are grouped as 'Unknown'.

Total number of patients included: 54,110

All 180 hospitals included in chart.

**Hospital Issues:** SDG has less than 20% known data; PLY has less than 40% known data; VIC has less than 60% known data.

### Chart 28 – Length of acute and post-acute Trust stay

**Description:** Hospitals ranked by total mean length of stay (mean acute stay plus mean post-acute stay). This chart uses the discharge data slice.

**Fields Used:** Admission Time to A&E; Admission Time to Orthopaedic Ward; Discharge Time from Ward; Discharge Time from Trust.

**Calculation:** Acute stay is calculated as time from admission to A&E to discharge from orthopaedic ward. If admission to A&E is missing then acute stay is estimated as the time from admission to orthopaedic ward to discharge from orthopaedic ward. Post-acute stay is calculated as the difference between Discharge Time from Ward and Discharge Time from Trust.

**Total number of patients included:** 53,651 (missing times or times outside of 0 to 365 days are excluded).

All 180 hospitals included in chart

**Hospital Issues:** CHS has no dedicated orthopaedic ward. WRG's orthopaedic ward closed part way through the year. For CHS and WRG acute stay is also measured by Trust stay. BRO, CRG and WWG have less than 60% completion.

### **Chart 29 – Discharge destination from Trust**

**Description:** Hospitals ranked by the percentage of patients who were discharged to their own home or sheltered housing. This chart uses the discharge data slice.

Fields Used: Discharge Trust Destination, Discharge Trust Date

**Groups:** The responses 'Residential care/Nursing Home/LTC Hospital' (0.1% of cases) and 'Residential care' (11.1% of cases) are combined and shown on the chart as 'Residential Care'.

**Total number of patients included:** 55,373

All 180 hospitals included in chart.

**Hospital Issues:** DER has less than 60% known data.

### Chart 30 – Re-operation within 30 days

**Description:** Hospitals ranked by the percentage of eligible patients who underwent re-operation within 30 days of admission. This chart uses the discharge data slice. Patients are eligible if they underwent any operation.

Fields Used: 30 Day Reoperation, Operation

**Groups:** Patients with any response indicating that re-operation had occurred are grouped as 'Re-operation within 30 days'. Patients with the response 'None' are grouped as 'No reoperation within 30 days'. Patients with no response or the response 'Unknown' are grouped as 'Unknown'.

Total number of patients included: 48,215

All 180 hospitals included in chart.

**Hospital Issues:** Many hospitals with poor data completion.

### Chart 31 – Follow up data completeness at 30 days (bar plot)

**Description:** Hospitals ranked by the percentage of complete follow-up fields for eligible patients. Patients were eligible if their status at 30 days was not dead. Data is taken from 1st December 2010 to 30th November 2011 in line with the follow up data completeness chart for 120 days.

**Fields Used:** Residential Status (30 days); Walking Ability Indoors (30 days); Walking Ability Outdoors (30 days); Accompaniment to Walk Indoors (30 days); Accompaniment to Walk Outdoors (30 days); Bone Therapy Medication (30 days);

**Calculation:** Number of completed fields divided by the number of fields that should have been completed.

All 180 hospitals included in chart.

### Chart 32 – Follow up data completeness at 120 days (bar plot)

**Description:** Hospitals ranked by the percentage of completed follow-up fields for eligible patients. Patients were eligible if their status at 120 days was not dead. Data is taken from 1st December 2010 to 30th November 2011 to ensure all patients had been admitted 120 days before data was extracted. Fields Used: Residential Status (120 days); Walking Ability Indoors (120 days); Walking Ability Outdoors (120 days); Accompaniment to Walk Indoors (120 days); Bone Therapy Medication (120 days);

**Calculation:** Number of completed fields divided by the number of fields that should have been completed.

All 180 hospitals included in chart.

### Chart 33 – Follow up data completeness at 30 and 120 days (scatter plot)

**Description:** This chart includes the same information at charts 31 and 32. The data is displayed as a single scatter plot rather than two bar plots. Hospitals are ranked by the average of follow up data completeness at 30 days and follow up data completeness at 120 days.

### **Chart 34 BPT uplift eligibility (England only)**

**Description:** Hospitals ranked by the percentage of patients who meet all of the eligibility requirements for BPT uplift. This chart is based on the discharge data slice. Only English hospitals are included. **Fields Used:** NHS Number, Admission Time to A&E, Admission Time to Orthopaedic Ward, Date of Surgery, Orthopaedic GMC number, Geriatrician GMC number, Admitted Using Jointly Agreed Assessment Protocol, Geriatrician Assessment Time, Geriatrician Grade, MDT Assessment, Bone Therapy Medication, Falls Assessment.

**Calculations:** Time to surgery is calculated as the difference in the Admission time to surgery time. Time to geriatrician is calculated as the difference in the Admission time to geriatrician assessment time. Admission time is taken as admission time to A&E, if this is missing then it is taken as admission time to OW.

**Criteria:** There are 9 criteria which must be met in order for a patient to be eligible for BPT uplift:

- 1) NHS number is not missing
- 2) Time to surgery is in the range 0 to 36 hours
- 3) Orthopaedic GMC number is not missing
- 4) Geriatrician GMC number is not missing
- 5) Patient is admitted using jointly agreed assessment protocol
- 6) Time to geriatrician is between 0 and 72 hours, Geriatrician Grade is equal to 'Consultant', 'ST3' or 'SAS'.
- 7) MDT Assessment is equal to 'Yes'
- 8) Bone Therapy Medication response indicates patient received any form of assessment/action
- 9) Falls Assessment response indicates patient received any form of assessment/action

**Groups:** Patients meeting all criteria are grouped as 'Eligible'; patients meeting 4-8 of the criteria are grouped as 'Ineligible – meets 4-8 criteria'; patients meeting less than 4 criteria are grouped as 'Ineligible – meets 0-3 criteria'.

### Total number of patients included: 54,684

Patients meeting criteria 1: 54,454 (99.6%)
Patients meeting criteria 2: 37,508 (68.6%)
Patients meeting criteria 3: 51,911 (94.9%)
Patients meeting criteria 4: 47,492 (86.8%)
Patients meeting criteria 5: 48,665 (89.0%)
Patients meeting criteria 6: 39,749 (72.7%)
Patients meeting criteria 7: 49,330 (90.2%)
Patients meeting criteria 8: 50,565 (92.5%)
Patients meeting criteria 9: 49,549 (90.6%)

165 hospitals included in chart.

### Appendix E

### Using audit to improve care - Good Practice Examples

### Better data collection, better care and the Best Practice Tariff: Arrowe Park Hospital

In March 2011 Arrowe Park Hospital appointed an NHFD administrator with the specific aims of improving data collection and submission rates to the NHFD, and improving compliance with Best Practice Tariff standards. Cases submitted rose from 108 in 2010 to 457 in 2011. A Rapid Improvement Workshop held in July 2011 resulted in new care pathway documentation that reduced duplication and was designed to capture data reflecting clinical standards and BPT compliance.

With real-time data, a theatre-based trauma board was able to highlight potential delays and address them. As a result of this, and the appointment of an additional trauma surgeon, the proportion of patients having surgery within 36 hours rose from 66% in 2010 to 86% in 2011. The appointment of a second orthogeriatrician has allowed the implementation of a joint protocol, and has improved preoperative care. Improved collaboration with A&E has resulted in the introduction of prompt fascia iliaca analgesia and greatly improved pain control. To review documentation and data, and to discuss issues and review progress, a multidisciplinary team meets monthly.

### Better data collection and better care: Northern General Hospital, Sheffield

In 2010 only 32% of hip fracture cases were submitted to the NHFD. By 2011 this had risen to 71%, and the figure for 2012 is expected to exceed 80%. This was achieved by close cooperation between clinicians, dedicated nurse time to support data collection, and clerical staff tasked with data input. Data collected includes additional local fields covering aspects of quality and patient experience, with key areas monitored at regular meetings. Surgeons, orthogeriatricians, anaesthetists, nursing and therapy staff work closely together to monitor outcomes, develop services and improve care.

A dedicated fragility fracture Ward opened in November 2011, and a hip fracture nurse who will work with the teams already in place to facilitate further improvements in quality was appointed in June 2012. The use of NHFD data on time to theatre, therapy input, rates of pressure sores, length of stay, discharge destination and mortality will continue to monitor the impact of such changes. Over the last year, average length of acute stay was reduced from 27 to 24 days.

### Audit and change: Chelsea and Westminster Hospital

At a 'grand round table' meeting in May 2011, hip fracture care at Chelsea and Westminster was recognised as sub-optimal. This marked the beginning of a sustained and successful effort to improve patient care and also to respond to the incentives offered by the Best Practice Tariff. Resultant changes included dedicated theatre sessions for trauma, regular thrice-weekly orthogeriatrician rounds, weekly discharge planning meetings, and a weekly osteoporosis ward round. An agreed assessment pro forma was introduced, and is now completed for 100% of patients; and the Electronic Patient Record now documents collaborative care. BPT achievement has risen from <10% to >60%, attracting additional income of over £127,000; and average acute length of stay has fallen from 24 to 19.5 days, with estimated savings of £91,000. In-patient mortality has fallen from 11% to 9%, and feedback from staff, patients and carers is now favourable.

### Audit and change: East Lancashire Hospitals NHS Trust

East Lancashire Hospitals NHS Trust first participated in the NHFD in February 2010. Since then clinicians and managers have found NHFD data invaluable in assisting the clinical team to monitor and improve the quality of care for hip fracture patients. The introduction of an integrated care pathway, together with close scrutiny of delays exceeding 48 hours and the appointment of an orthogeriatrician, helped greatly in achieving Best Practice Tariff standards in hip fracture care – which rose from 15.6% of cases in 2010/2011 to 65.3% in 2011/2012. In addition, the incidence of pressure ulcers fell from 5.9% in July 2010 to 2.4% now.

All this was achieved by the regular sharing of NHFD data with the team, focused efforts on problem areas the data highlighted, and thus improving compliance with the six Blue Book standards of care. A bid for funding for an East Lancashire Fracture Liaison Service has recently succeeded in securing reenablement monies, with plans now to commence this service within the next six months.

### Audit and change: Russells Hall Hospital, Dudley

NHFD participation allowed the clinical team to focus on patient experience, minimise delay, improve care and thus reduce morbidity and improve clinical outcomes. Between 2010 and 2012, the percentage of patients operated on within 36 hours rose from 80.9% to 89.3%; with figures for operation within 24 hours rising from 57.9% to 65%. The incidence of pressure ulcers has been reduced from 7.4% to 5.9%, and total Trust length of stay has fallen by 2.8 days.

The innovations behind these improvements include the introduction of dedicated nurse hip practitioners; a dedicated trauma coordinator; a 'hip suite'; patient group directives covering pain relief and IV fluids; and monthly team meetings to review and develop the service.

### Audit and change: St Mary's Hospital, Isle of Wight

St Mary's Hospital, Isle of Wight, commenced NHFD participation in October 2009, with feedback data demonstrating some deficiencies in the service. Clinical and management staff then used NHFD data to prompt and monitor service improvements. With part-time orthogeriatrician support; better collaboration between anaesthetists, surgeons and the orthogeriatrician; and with a jointly agreed protocol, care has improved measurably. Average time to theatre has been reduced to under 30 hours, and orthogeriatrician, bone protection and falls assessments all exceed 90%. BPT attainment rose from 22% to 75% over Q1 to Q4 2010/2011. Acute length of stay has fallen by 2.4 days. The case has now been made for a full-time consultant orthogeriatrician post, as hip fracture care continues to benefit from clinical commitment and managerial support.

### Audit, Best Practice Tariff and improved care: St Peter's Hospital, Chertsey

St Peter's Hospital began NHFD participation in 2009. In order to meet NHFD clinical standards, the trust appointed two orthogeriatricians in early 2010. Although some aspects of care improved, preoperative delay beyond 36 hours remained common; and in the first quarter of BPT implementation only 49% of patients achieved BPT standards. The Trust invested in a 4-day EQIP (Efficiency, Quality, Improvement and Productivity) initiative on the hip fracture pathway in September 2010. Analysis of NHFD data showed longest delays occurring during or just after the weekend. To address this, and all-day Saturday list was split into two half-day weekend lists. Since November 2010, 60% of patients have surgery within 24 hours, and 80% within 36 hours.

Time to orthopaedic ward admission was also reduced: by the introduction of a priority hip fracture bleep; and by eliminating delays in obtaining air mattresses from central stores by the provision of a ready-use on-ward mattress. Weekend physiotherapy and a hip fracture exercise class improved mobilisation within 24 hours of surgery. Length of stay dropped from 25 to 22 days – with considerable efficiency savings. Importantly, discharge to original residence has improved: to 60% within 25 days now, compared with 44% within 30 days two years ago.

### Improving care and achieving Best Practice Tariff: Queen Alexandra Hospital, Portsmouth

Queen Alexandra Hospital, Portsmouth, has participated in the NHFD since its launch in 2007, and has used data to highlight service issues and improve care over the years. The 2011 NHFD National Report showed how QAP performed better than national and/or SHA averages in terms of: time to admission to orthopaedic care; preoperative geriatrician assessment; operation within 36 and 48 hours; and falls and bone health assessment. It also performed well in terms of discharge to previous residence (70%, compared with a national average of 46%). Notably, in the 2011 NHFD Report, at 78% it ranked first in BPT achievement.

This year, 99.5% of patients were assessed by an orthogeriatrician within 72 hours and 79.7% of patients had surgery within 36 hours. BPT achievement too has risen, to 79.7%. Resulting BPT monies to the Trust amounted to £227,000 for 2010/11, and £488,000 for 2011/12.

### Developing and implementing an orthogeriatric model of care: Pinderfields Hospital, Yorkshire

Recognising that a traditional model of hip fracture care was sub-optimal ("We were letting our patients down"), clinicians and managers at Pinderfields centralised trauma services and used NHFD data and the incentive of BPT to transform hip fracture care. With the introduction of a 36 bedded orthogeriatric ward – 24 specifically for hip fracture patients, new staff appointments, dedicated theatre time, a hip fracture pathway, preoperative optimisation by anaesthetists and the orthogeriatrician, a 'future breach analysis form' to address a target of 24-hour maximum pre-operative delay, and a hip fracture steering group to monitor progress, very substantial improvements in care and outcomes were achieved between April 2011 and March 2012.

The changes depended on many factors, including competency-based training, practice change, teambuilding sessions and additional equipment (such as sensor pads to reduce in-hospital falls.) Successive quarter-by-quarter improvements were achieved in BPT criteria compliance and in BPT achievement – with the latter rising from 37% to 73%. Mortality fell from 11% in 2010/11 to 7% in 2011/12, and acute length of stay from 19 to 10 days. Feedback on patient and visitor ward rounds is now 'excellent'.

### An acute hip fracture ward to improve care: Carmarthen Hospital, Wales

In Carmarthen a change programme initiated by orthopaedic surgeons, supported by management and led by an enthusiastic orthogeriatrician set up a 15-bed acute hip fracture unit - the first in Wales - in a former medical ward in June 2011. With a full-time orthogeriatrician supported by junior staff, a specialist trauma nurse, a fast-track A&E protocol, new procedures to ensure 7-day preoperative assessments, multidisciplinary teamwork, and routine cognitive assessment, falls assessment and osteoporosis assessment, care improved, with a 1% fall in mortality, and a reduction in average acute stay from 16 to 14 days. Improved training opportunities arose, with orthopaedic and medical juniors working well together, and effective team working resulting in improved morale.

### Better and more cost-effective hip fracture care: Salisbury Hospital

In 2009/10, with no orthogeriatrician service, a 'non-collaborative approach', and long pre-operative delays, Salisbury ranked 98th out of 100 NHS Trusts in BPT achievement. A change programme – including increased orthogeriatric and nurse practitioner staffing; additional theatre capacity for trauma; and active leadership by the lead orthopaedic surgeon, the lead anaesthetist and the consultant orthogeriatrician – achieved dramatic improvements in compliance with the six Blue Book standards. By 2012, 80% of all patients reached orthopaedic care within four hours; 92% had surgery within 48 hours (and 84% within 36 hours); incidence of pressure ulceration fell from 5.4% to 1.2%; preoperative

assessment by geriatrician rose from 1.5% to 95%, and bone protection and falls assessment from 6.2% and 3.2% respectively to 100% in both. Mortality fell from 10.1% to 8.4%, and acute length of stay from 27.6 days to 19.8 days between April 2011 and March 2012.

BPT attainment rose from 1.5% to 84.4% – ranked first in South-West region, and in the top five nationally – bringing in BPT income of £187,790. Even more impressively, cost-effectiveness of care – with savings of £391,000 (costed as 1,955 bed-days at £200 per day) – was greatly increased. Importantly, feedback from patients, relatives and clinical staff has been positive.

### Hip fracture service redesign, improved care and BPT attainment: St Helier Hospital, Carshalton

In response to the challenge of BPT, the St Helier trauma service established a 23-bed hip fracture unit with a full-time orthogeriatrician and junior medical staff. All patients are under the joint care of both orthogeriatric and orthopaedic teams throughout their acute stay. With the first two slots on the trauma list each morning reserved for hip fracture, average time to theatre has fallen to 24 hours. In the last 12 months 100% of patients have had preoperative, bone health and specialist falls assessment. Over two years pressure ulcer incidence fell from 17% to 6.2%. Mortality too has fallen: from 17% in Q1 2011/2012 to 7.4% in Q4. BPT attainment has risen from 0% over Q1-Q3 2010/2011 to 92% in Q4 2011/2012.

### Hip fracture service redesign, improved care and BPT attainment: Northumbria Healthcare NHS Foundation Trust

In 2009, clinicians and managers from the trauma units in two hospitals (Wansbeck and North Tyneside) embarked upon HIP QIP, a quality improvement programme specifically to improve hip fracture care from the time of admission to discharge home, and including secondary prevention. Pain control has improved, with 79% of patients now having highly effective nerve block analgesia on admission. 95% of patients have surgery within 36 hours, and 95% of patients who are medically fit are mobilised on the day following surgery. With the help of specially appointed nutrition assistants, 81% of patients now receive additional feeding daily. Following requests from patients and carers, an information booklet on hip fracture is now provided. Feedback on care from patients and families is high: with monthly average scores consistently above 9.3 out of 10.

### Best practice in data collection and follow-up: Royal Victoria Hospital, Belfast

RVH Belfast admits more than 900 hip fracture patients a year, and NHFD data is collected as part of a wider Fracture Outcomes Research Database, which now achieves 99% follow-up. Data is sourced from clinical records and the theatre management system. Telephone reviews at 30 days, four months and one year are undertaken by audit nurses, who contact nursing, residential and rehabilitation units directly and cross-check the remainder with hospital PAS data, GPs, patients and next of kin.

Systems queries have been created to highlight duplicates and missing data. A monthly review of all hip fracture X-rays ensures the accuracy of diagnosis and treatment coding. Data is then uploaded monthly to the NHFD. Although the Best Practice Tariff does not apply in Northern Ireland, NHFD participation is valued by clinicians, managers and commissioners as providing reliable information to support service evaluation and change, and to influence policy.

### Basingstoke Hospital: piloting follow-up by post

At Basingstoke Hospital the approach to the collection of NHFD follow-up data developed over the first few years of NHFD participation. An initial plan was to collect data from patients attending a multidisciplinary follow-up clinic. Telephone follow-up – largely carried out by medical staff – was also explored, and some benefits noted (direct contact with patient and/or carer; ability to address wider concerns) but proved difficult because of the limited availability of time, and problems of scheduling the calls to the follow up intervals.

Positive experience locally of postal follow-up after elective arthroplasty suggested a switch to postal questionnaires with pre-paid reply envelopes. Daily checks on the NHFD website for patients reaching follow-up points, and checks with hospital PMS, to ensure patients are no longer in-patients and remain alive, precede the dispatch of the postal questionnaire. Where patients raise issues, either through additional comments on the form or on an accompanying letter, a telephone call and/or a multidisciplinary clinic review may follow. Only nine of the initial 115 patients were lost to follow-up at 120 days, and data – particularly that relating to mobility – has been encouraging: with a substantial decrease in patients requiring two walking aids between the 30- and 120-day follow-ups.

### Improving follow-up to monitor outcomes: Royal Devon and Exeter Hospital

Royal Devon and Exeter Hospital has participated in the NHFD since 2008, and since then has implemented daily trauma meetings and a fast-track protocol to reduce time from A&E to orthopaedic care; recruited two trauma nurse practitioners and two orthogeriatricians; and introduced monthly multidisciplinary review meetings involving clinicians and managers. In the last four years inpatient mortality for hip fracture has fallen from 6% to 4%, and 28 day mortality from 13% to 7%.

In order to determine longer-term outcomes, telephone follow-up at 30, 120 and 360 days – carried out by a trauma nurse practitioner and a trauma ward administrator – has achieved over 99% completeness at all three intervals. Total time spent on telephone calls averages six hours per week. Outcomes documented include place of residence, mobility, and compliance with bone protection medication. Patients' concerns are addressed, and data on longer term outcomes provide a much more comprehensive picture of outcomes following hip fracture care.

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### The National Hip **Fracture** Database **National Report 2012**

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