

Fractured Neck of Femur Proforma

Orthopaedic Unit

Date:	Surname :			
ED doctor's name:	First name:			
Time seen:	Registration no:			
Orthopaedic admitting doctor's name:	Date of birth:			
Time seen:	Age:			
	Male		Female	
Presenting complaint and history of fall:				
History given by patient or other (state relationship):				
Other associated injuries:				
Other falls/collapses in past 1 year: None 1-2 3-5 >5				
Pre-fall symptoms:				
Previous fractures:				
If admitted from a NHS facility state which one:				
Past Medical History:				
Hypertension	COPD/Asthma	MI	Angina	frequency? CCF
Diabetes	Renal impairment	GORD	Cancer	
Osteoporosis	Significant memory loss or dementia			
DVT/PE	Stroke/TIA	Other :		
Operations:				
Anaesthetic problems:				
System enquiry:				
CVS	Respiratory			
GI	Urinary			
CNS	Locomotor			
Allergies:				

Medication History

MEDICINE	DOSE	ROUTE	FREQUENCY	COMMENTS

Note **exact** times required for Parkinson’s drugs. Avoid giving metoclopramide, prochlorperazine or haloperidol in PD

Social History

Accommodation:

Bungalow Flat (which floor, is there a lift?) House (lives on both floors?)
 Stair lift Rest home Nursing home Other:

Lives with:

Home carers: Meals on wheels:
 Family support:

Mobility

Able to walk to local shops Housebound
 Car driver

Mobility indoors: Mobility outdoors:

Mobility aid (which) :

Alcohol intake (units per day): Smoking history:

Abbreviated Mental Test Score

- | | |
|---------------------------|-------------------------------------|
| 1. Place | 7. Year WWII started (1939) |
| 2. Year | 8. Count backwards from 20 → 1 |
| 3. Time (to nearest hour) | 9. Recognition of 2 people |
| 4. Date of birth | 10. Recall given address |
| 5. Age | (Give '42 West Street' to remember) |
| 6. First name of Monarch | |

Total:

On examination

General appearance:

BM:

Cyanosis	Dehydration	Anaemia	Clubbing	(circle which)	
Temp	BP	Pulse	O ₂ sats	Pain score	/ 10

CVS

Chest

Abdo

Neuro

Catheter present Y N

Any visible evidence of head injury Y N

Limb

X-ray findings:

Summary

Bloods required: U&E, FBC, Grp & Save, LFTs, calcium group, INR, glucose if BM is ↑.

3-in-1 Femoral Nerve Block

Contraindicated
Applied
Local anaesthetic used
Complications

Prescriptions

Regular analgesia prescribed (avoid NSAIDs)
IVI prescribed if NBM

Signature..... Print name..... Bleep no.....

Initial management plan (to be completed by Orthopaedic admitting doctor):

Limb marked
TED stockings Y N
DVT prophylaxis
INR if pt on warfarin
Prophylactic antibiotic prescribed
Consent completed
Form 4 consent required If so have NoK been contacted?

If patient on **warfarin or clopidogrel** check reason & guidelines for reversal (warfarin) & risk/benefits re operation delays with clopidogrel (do **not stop** clopidogrel if for cardiac stent or recent ACS - seek cardiac review)

Investigations

ECG reviewed
CXR reviewed
Blood results (record on flow chart)

[Echos should not be booked pre-op for hip fracture patients unless the clinical situation (murmur or CCF history) has been discussed with a senior anaesthetist – arrange to discuss this at earliest opportunity to avoid unnecessary operative delay. Previous echo reports however should be placed in notes]

Sip feeds (Clinutren one carton BD if pt is underweight or confused)

Laxatives [senna or Mg hydrox (avoid Mg OH in renal failure – lactulose then)]
[Prescribe laxative with any opiate prescription]

NSAIDs: avoid prescribing

Osteoporosis:

Women \geq 75yrs – prescribe CaD3 & bisphosphonate if no contraindications
(Fracture Liaison Service will arrange DEXA referral if required)

Nil by mouth instruction

No diet from: No oral fluids from:

Other management:

Signature..... Print name..... Bleep no.....

Send pink slips for pts with Parkinson's, recurrent falls/collapse, recurrent on call reviews or other non urgent concerns to Orthogeriatric liaison service (Dr Hicks's secretary on Midford Wd or fax to 1287)

Urgent referrals should be made to the on call medical team. Clinical guidelines for Medicine are on the RUH Intranet→ Clinical Directory→ Clinical Guidelines→Medicine.

Time of arrival on Orthopaedic/Surgical ward:

Time:

Date:

Senior review:

Further imaging required

Anaesthetic review required

Medical review required

Signature.....

Print name.....

Bleep no.....

Orthogeriatric: Falls & Osteoporosis

Date:

Osteoporosis Risk Factors

Untreated premature menopause

BMI estimated $< 22 \text{ kg/m}^3$

Alcohol ≥ 4 units / day

Alcohol 3 units/day

Long term steroids

Previous fragility fracture

Parental hip fracture history

Medical condition assoc with low BMD

Other:

Osteoporosis review

Action

DEXA scan recommended	GP advised to request
Additional bloods required:	
Anti-resorptive Rx started	
On Anti-resorptive Rx already	

Fall	Falls Summary
Hx of fall:	Physical findings/ECG/Echo:
	Cause of current fall:
Frequency of falls:	
Hx of syncope or presyncope:	
	Action
Gait/balance hx:	Falls clinic referral required Intermediate Care Falls referral required Falls & Balance review required in Community Hospital once mobilising: No further review planned:
Visual problems:	
More than 4 medication esp. CNS or BP affecting:	Other issues
Dementia or cognitive impairment: AMT:	

Test	Range												
WBC	4 - 11												
Neuts	2 – 7.5												
Hb	11.5 – 18												
MCV	78 – 98												
Plts	145 – 450												
INR	1 – 1.2												
APTT	25 – 35												
Sodium	133 – 145												
Potassium	3.5 – 5.5												
Urea	2.5 – 6.6												
Creatinine	45 – 104												
eGFR													
Bilirubin	1 – 17												
Total Protein	60 – 80												
Globulin	15 – 35												
ALT	7 – 55												
Calcium	2.2 – 2.7												
Phosphate	0.8 – 1.5												
ALP	35 – 129												
Albumin	33 – 55												
Cor Calcium	2.2 – 2.7												
CRP	<5												
Amylase	0 – 200												
GGT	15 – 50												
Total chol													
Glucose	3.3 – 6.0												
Trop T (4hr)	< 0.01												
Trop T (12hr)	< 0.01												
CK	24 – 180												
TSH	0.3 – 5.5												
Paraprotein band													
			Date	Date	Microbiology & other results								
B12	150 – 914												
Folate	> 164												
Ferritin	11 - 336												
TTG	< 15.1												
PSA	< 3.5												
Testosterone	9.9 - 27.8												
25 Vitamin D	> 20												