

## The Portsmouth Experience

2003 – project

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- Good medical care – preferably led by a consultant ortho-geriatrician – which minimises medical complications and facilitates rehabilitation
- Early multidisciplinary rehabilitation – which promotes mobility and self-care, preparing patients for return home.
- Supported discharge schemes with community rehabilitation – which, with the above, result in early return home, thus meeting patients' wishes and at the same time reducing length of stay and service costs
- **Costs and quality of care are not in conflict: good care, promptly delivered, ensures substantial efficiency savings**

## Evidence-based secondary prevention

Secondary prevention is also now established as effective.

- Falls prevention assessment and interventions can reduce the risk of further falls

Osteoporosis assessment